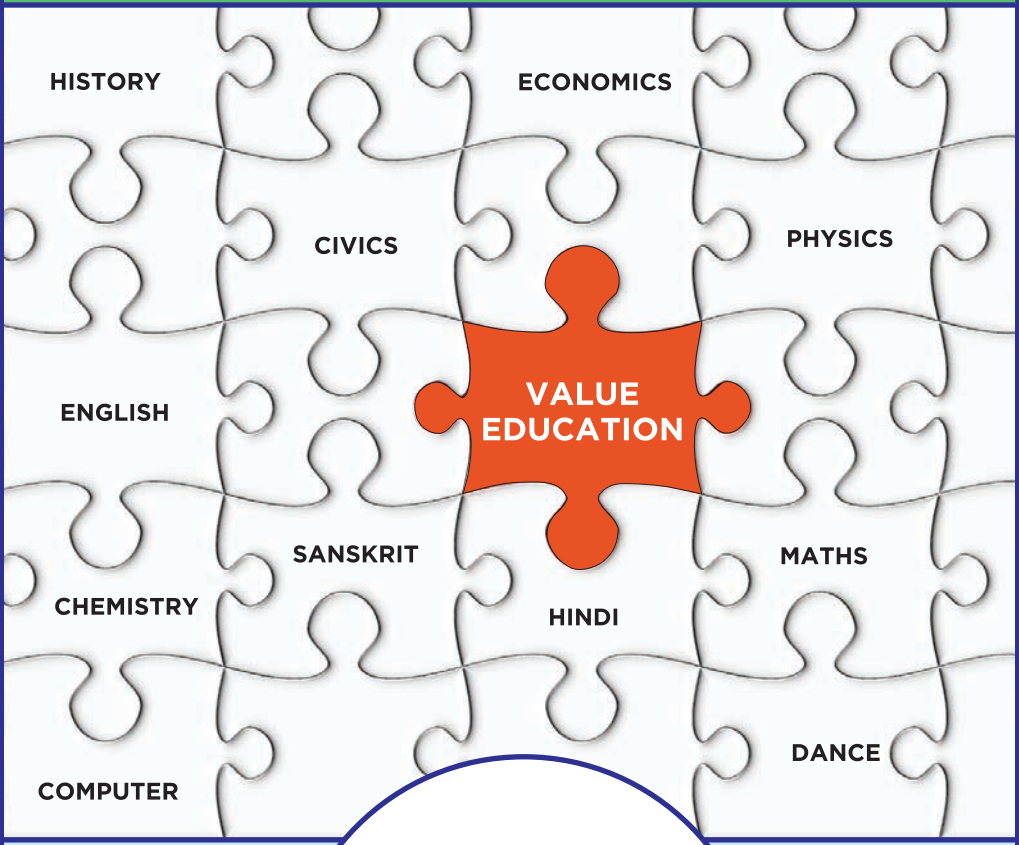
Hem Disha – STD 5

Value Education (Teacher's Guide)

giving wings to YOUR dreams



Humane Endeavour for Moral Awakening

HEMA FOUNDATION

नैतिक जागृति हेतु मानवीय प्रयास

In the loving memories of



SMT. HEMAJI KABRA

25th June 1960 - 5th April 2013

Hem Disha – STD 5



giving wings to YOUR dreams



(A Teacher's Guide Book)

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PREFACE





Children have to grow happily. They are joyful, and spread happiness around. The birth of a child brings smile to the members of the family. They need to grow without any complexes and on the strength of their character. They learn their habits by observation from home and school and hence adults have a greater responsibility in formulating an effective youth force.

India has a rich past of gurukul system of education wherein the students were trained to live Values first before they were trained with technical sessions on Archery or the Vedas. Only when the students were fully equipped with the maturity to handle themselves and handle their emotions, were they allowed to go to the next level of learning. As civilization caught on us, there had been less significance for this kind of education and we took to the westernized system of education where learning content and amassing knowledge became priority and training in Values became secondary.

There has been a corrosion of value system from our society due to the advent of science and technology, nuclear family and materialistic way of life, peer group pressure, mass media influence, the urge for modernization, lack of assertion on values in schools and shifting priorities of parents. Academic syllabus in schools merely reduced to imparting the facts and figures and student assessment reduced to gaining marks. Our youngsters are mis leaded, resulting difficulties in differentiating right from wrong. The youth has become very temperamental, restless, impatient and craving for comforts and wealth. Position and power are the watchwords for them today.

The restoration of Values in the youth would stabilize the society and spread the fragrance of love and kindness and concern for humanity. The organization believes that making monsters with knowledge of physics and chemistry and other subjects come much later, for, they have to be human beings first. Or else, the society would lose its integrity and stability. Hema Foundation, a philanthropic arm of Ram Ratna Group decided to work for imparting CULTURAL & MORAL EDUCATION to children at a very impressionable young age. It aims to cultivate better and compassionate understanding of their responsibilities towards Self,

Family, Society the Nation at large, and help them become better human beings and responsible citizens.

The importance of Value Education has been long recognized but the methods to impart have not been definitive. Seeing is Believing. There is no impact quite like a visual impact. With this understanding, the Foundation has produced 48 short films on Human Values with strong meaningful messages. An interactive session between teacher and the students after viewing the documentaries shall results in self inspired resolution for accepting and adopting the Values. The all Human Values have been classified as per their age group into std 1 to std 8. more periods conducting various activities as prescribed in **Hem-Disha** (A Teacher's Guide Book) include interesting and inspiring stories, games, skits, poems, learning from illustrious personalities etc, in order to elucidate the Values into the daily practice schedule.

Hema Foundation is expecting is a transformation of human beings into practical, sensible and lovable individuals who care for others. This describes or justifies the title of the book as **"Hem*formation*"** - 'Transformation like gold'. Gold gets purified each time when it comes in fire and like that the students who get in to tough situations of life, the Values brought out or learnt, must support them for a transformation. The **Hem*formation***, therefore deals with those Values that are slowly to be adapted by the students across all grades with relevant stories and activities. Stories and narration of them have been the medium used in elucidating the Values, because stories have a great impact on children and it is found that they last long in their minds. For any Value to be assimilated, those Values need to penetrate in. **Hem*formation*** series have taken the effort to illustrate through this medium of stories from the Puranas, Upanishads and has taken life histories of illustrious people who lived in India and the world and who made humanity proud. The CBSE and NCERT have designed those Values that are necessarily to be imbibed by the students while they are at school and the book series depends on those Values for illustration. There is a subtle thread of connectivity between all these Values so that the holistic purpose of this effort is achieved.

With best regards to our teachers, love and affection to our students.

Thank You,



Mahendra Kabra
Managing Trustee



Anita Maheshwari
Trustee & Creative Director

"वसुधैव कुटुंबकम्"

Vasudhaiva Kutumbakam (“vasudha”, the earth; “iva”, is ; and “kutumbakam”, family). This Sanskrit phrase literally translates to mean that the whole world is one single family. The Sages have said that the entire world is truly just one family connected with thoughts, emotions, humanity and humility.



सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामया ।
सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःखभाग् भवेत् ।।

May all be prosperous and happy. May all be free from illness.
May all see what is spiritually uplifting. May no one suffer in anyway.
Om peace, peace, peace.

Vision

Hema Foundation aims to cultivate better and compassionate understanding in children of their responsibilities towards Self, Family, Society, the Nation at large, and help them become better human beings.

Mission

Hema Foundation will systematically and effectively imbibe moral values in children by them, their teachers and schools in a formidable manner.

AN IMPORTANT READ

Definition of a country is always marked by its community discourse which sought values and positivity. But, ironically things around are getting increasingly inclined towards violence, social evils and lack of respect towards world around them. People who become great statesmen, sports persons or business entrepreneurs have certain things in common. They are all vigilant about their surroundings. They all know how best to use what they have. They all believe in hard work and in doing things which are good for the society. Creation of such values in our youth is the end product of value education.

The first school a child attends is his home and parents are the first teachers. With the help of their, conduct and behavior they induce an influence on their children. They play a major role, in inculcating values in their children. Values are essential for a sound character and personality. But at times, due to their sheer negligence, a child fails to accept morally and ethically accepted values. The second major role is that of as teacher. The teachers play a very important role in the society and they are considered as nation builders, personality developers, guides, etc. But in the modern era, there are number of factors which are responsible for degradation of the status of teachers, for their poor performance and for the decline in the teaching of values. This book provides information about how parents and teachers can inculcate these values in children and contribute in nation building. Finally, the book emphasizes on teachers' role in all spheres of society.

INTRODUCTION

"The value concept is able to unify the apparently diverse interests of all the concerned with human behavior."

In our culturally plural society, education should foster universal and eternal values, oriented towards the unity and integration of our people. Such value education should help eliminate obscurantism, religious fanaticism, violence, superstition and fatalism. Apart from this combative role, value education has a profound positive content, based on our heritage, national goals, and universal perceptions. It should lay primary emphasis on this aspect.

NATIONAL POLICY ON EDUCATION, 2005

Values enshrined in the Constitution of India point towards the principles of equality and social justice and appreciation of cultural values of each other, dignity of all individuals, etc. Values such as equality, fraternity and justice can promote inclusivity where all

members of the society feel included irrespective of their color, culture, economic or social background, caste, religion, gender or community. The culture of inclusivity is particularly relevant and important in the context of our society, nation and making education a right for all children. The aim of education, thus, can no longer be solely confined to learning of specific culture and its traditions but that of learning and appreciation of multi-culture.

- 'Education for Values in Schools – A Framework' by NCERT

At the beginning of the second decade in 21st century, the education of future citizens needs to be redressed so that a better balance is achieved between academic excellence, human values and oral perceptions. Since World War II, the world has been a witness to a continuous and steady deterioration of values in moral standards all over the world. Braun, developer of World War II rockets says "If the world's ethical standards fail to rise with the advance of our technological revolution, we shall perish". The whole country is experiencing massive erosion of values. political and economic corruption, scandals and scams, antisocial and anti-national Activities, etc., are on the rise all over the country.

When we look at the modern society we can visualize that violence, exploitation, political corruption, and corruption in public life, terrorism, arms race, and production of nuclear bombs are on the rise everyday and it clearly shows the degradation of value systems. The application of scientific and technological knowledge to the comforts of man has reduced him to a mechanical being, resulting in degeneration of the value system.

MEANING OF EDUCATION

Education undoubtedly is one of the most powerful agencies in molding the character and in determining the future of individuals and nations. Thus, the whole realm of education is centered on the development of the moral aspect of man. Plato emphasized that educational effort should aim at the promotion of virtue. Herbert declared that the whole work of education, which is a long and complex training, should focus on one particular thing that could be summed up in the concept "Morality".

The University Education Commission (1964-66) summarizes the Indian concept of education as follows; "Education according to Indian tradition, is not merely a means of earning a living; nor is it only a nursery of thought or a school for citizenship. It is the initiation into a life of spirit, a training of human souls in pursuit of truth and the practice of virtue."

"The first duty of the education system is to teach wisdom, not trade;

character, not technicalities" says Winston Churchill. Educated persons are those who can choose wisely and courageously under any circumstances. If they have the ability to differentiate between good and bad, wisdom and foolishness, virtues and vulgarities, regardless of the academic degrees they have, then they are educated. Life-centered ethics have to be dealt with, to develop the will, to live a moral good life, to keep away from evil, to develop a spirit of sacrifice and an attitude of consideration for others. Education plays key role in making people aware of value environment. Positive attitude needs to be inculcated from childhood through parents and other members of the family and teachers. There is sufficient psychological evidence that morality is learnt, and can be controlled and directed. Learning controls impulses, moral rules and principles and it is a valuable guide, to apply the principles to new situations. For Swami Vivekananda, the goal of education is "Man making". It is making of the whole human being.

VALUES

"Value" comes from the Latin word "Valera" which means to be of worth, to be strong. The dictionary gives the following meaning: relative worth, utility or importance, degree of excellence, something intrinsically valuable. Value literally means something that has price, something precious, dear and worthwhile; therefore something one is ready to suffer and sacrifice for; if necessary one is ready to die for it. Values are standards, rules, criteria, attitudes, guidelines, desirable ideas/beliefs and important things, which play a crucial role in shaping the life of individuals. Values give direction and firmness to life. They identify a person, giving him a name, a face and a character. Hence they bring joy, satisfaction and peace to life.

Values are those standards or codes of conduct, which are conditioned by one's cultural tenants, guided by conscience, according to which, one is supposed to conduct himself and shape his life pattern by integrating his beliefs, ideas and attitudes with a view to realize the cherished ideals and aims or life. High values lead to objective, fair and correct decision and action and ensure the welfare of all concerned, while low value does exactly the opposite. Values are essential for all persons, recognizing the fact that the individual is comprised of physical, intellectual, emotional, and spiritual dimensions.

Value is the relation between a person and an environmental situation, which evokes an appreciative response in the individual. The other complimentary function of value is, that it contributes to

the welfare of the larger social unit such as family, the community and the nation of which the individual is a member.

VALUE SYSTEM CONTAINS

- A set of beliefs about nature of man
- Rules laying down what ought and what ought not to be done
- Motives that incline us to choose the right and wrong course. The following ten basic themes may also form a part of value education

- **Think positive.**
- **Be compassionate and do no harm.**
- **Recognizing innate peace.**
- **Cooperation and Collaboration.**
- **Humility and Integrity.**
- **Rational Introspection.**
- **Rationality and Critical thinking.**
- **Promotion of peace and benevolence.**
- **Cohesion and integration.**
- **Nature's preservation.**

It is important to remember that value education is not another subject. It performs two important functions in the curriculum. Firstly, it unifies all other subjects under a holistic vision of values. In the absence of such a holistic view the learning done in subjects tends to be fragmentary and remains superficial. Secondly, value education humanizes education.

CLASSIFICATION OF VALUES

Personal Values : The principles and ideologies that a person follows in personal life.

Universal Values : Principles that all people across the planet are expected to adhere to.

Human Values : Principles and ideologies that are basic to human nature to make their life smooth and happy.

Religious Values : Person's beliefs and faiths in a particular thought which act as a guide guide for reasoning between good and bad.

Civic Values : Principles, which guide in the do's and don't's of the citizens.

Moral Values : Principles and directives, which enables us

to follow the correct and right path.

Spiritual Values : Principles, which give directives to follow a faith in some philosophical.

NEED FOR HUMAN VALUES IN THE SOCIETY

Education is general and value education in particular occupies a prestigious place in the modern context of the society. Education and values are inseparable. They are two sides of the same coin. Value oriented education has come into force to promote a sense of morality, aesthetic and intellectual knowledge among the students. value education has the capacity to transform a confused mind to a very young, fresh, innocent, healthy, natural and attentive mind. The transformed mind is capable of higher sensitivity and a high end level of perception. Sri Ramakrishna Pramahamsa also stated that education is the process that tells us how to live life well; how to find happiness; how to make others happy; how to manage all kinds of people and happenings as well; and how to grow and succeed in the right manner.

Today there is deterioration of values in the society. The values have been neglected not only at the social level but at the national level also. In the educational programmes only mental developments have been stressed. In the modern age, the aim of education is all round development of personality. In the present educational system, provision has been made for intellectual education by giving importance to intellectual development. Thus to be successful in life, important human qualities along with intellectual development should be the aim of value education. Value education is the positive effort towards bringing about a synthesis of different values in a human being. It is the teachers' role to foster human values through their teaching in the classroom and follow those values. To the youth of today, the classroom messages are love, safety, security, belongingness and warmth. Einstein remarked once: "try not to become a man of success, but try to become a man of values."

MEANING OF VALUE EDUCATION

Value Education, as it is generally used, refers to a wide range of learning and activities ranging from training in physical health, mental hygiene, etiquette and manners, appropriate social behavior, civic rights and duties to aesthetic and even religious training. Value education is simply a matter of developing appropriate behaviour and habits involving inculcation of certain virtues and habits. In opposition to such a conception, it is pointed out that value education has an

essentially cognitive component in it and that this should not be ignored. There are three basic institutions that influence value education – the home, religious institutions and the schools.

Today we are talking of value education, value based politics and value based society. All of us feel that the values are falling and nobody is respecting them. In an enthusiasm to point fingers at others, we do not realize that we too have contributed to this fall. But, what are these values? Values are a set of desirable behavior by following which it is good for the individual and also the society. That exactly is the reason as to why values are not taught, lectured about or professed. They are only demonstrated. Two categories of people who make maximum impact on the personality of an individual in the formative years of life which remains all through the life are the parents and the teachers. Incidentally, it is this class of people who become role models - good or bad, without their consent or knowledge. Parents, teachers, family, school, environment, friends, society and religion– all these wield a great influence on the child. Academics and Co-curricular activities both help in teaching values. Meditation, Value Based Education, Music, Self-analysis, Positive affirmations and Resolutions help in improving our character. The suggestions and words spoken by the parents and others affect the character rand good conduct of a child.

- **Values are beliefs. But they are beliefs tied inextricably to emotion.**
- **Values are a motivational construct. They refer to the desirable goals people strive to attain.**
- **Values transcend specific actions and situations. They are abstract goals. The abstract nature of values, distinguishes them from concepts like norms and attitudes, which usually refer to specific actions, objects, or situations.**
- **Values guide the selection or evaluation of actions, policies, people, and events. That is, values serve as standards or criteria.**
- **Values are ordered by importance relative to one another. Values form an Ordered system of value priorities that characterize them as individuals. This hierarchical feature of values also distinguishes them from norms and attitudes.**

Each of the ten basic values can be characterized by describing its central motivational goal:

1. Self motivation	**2.** Knowledge	**3.** Happiness
4. Achievement	**5.** Power	**6.** Role of Parents
7. Security	**8.** Cooperation	**9.** Culture and tradition

10. Empathy **11.** Universalism

ROLE OF PARENTS

Home is the first school for the child and parents are the first teachers. They not only guide the child in its progressive path but also demonstrate the appropriate behavior by their actions. It is the parents who with their conduct and behavior set an example for the children. Parents at times show a lot of concern for the children and instead of correcting, they start to pamper even for their improper behavior. It is actually detrimental to the growth of the child. Such Parents are very possessive.

Some of the parents are too strict with their children. They try to overpower their wards .They do not let the child enjoy the bliss of his innocence. They try to check him for whatever he does. Another class consists of those parents who are not much concerned about their children either due to lack of time or are not educated enough to guide their children. Whatever be the reason it certainly affects the child's behavior. The parents handling of the children should be such that it could take care of all aspects and could provide firm guidance without being too strict. Extremities on the part of the parents either lead to introvert or oversensitive behavior or it may turn a child into dominant or aggressive person. A child reflects the impressions gathered by him in the initial stages of his life. If children are not guided, they may turn into problematic and complexed individuals.

ROLE OF TEACHERS:

Teaching is not a job; it is an attitude. Teacher is a source of information, a guide, a mentor, a parent, a motivator, all at the same time. Teaching is the noble profession which deals with the future generation. To be an ideal teacher, one needs to be a role model. A good teacher loves his/her students. A teacher must have respect for his/her profession and remarkable quality to love his/her students unconditionally. The role of a teacher in the changing social scenario is becoming very challenging. In the earlier times teacher was the only source of information and commanded respect on this count. The society is becoming more materialistic and values appear to be pushed into the background. Consider the vedic times when a wise man or a Rishi was an icon. In the period of Mahabharata, the role models had changed. The heroes of this era were the brave warriors. Before independence of India, our role models were Gandhiji, Patel, Bhagatsingh, Rajguru and other freedom fighters. After independence, unfortunately, the icon of the society is a rich

man. The young generation desires to become rich without making efforts by stepping on an escalator. This eagerness makes them sacrifice anything, less to talk about values. The present society needs an awakening. This period of transition urgently requires the nurturing of values. It is the moral responsibility of the teacher to be the torch bearer and show the right path to coming generations.

Value system is the backbone of any society. Values may vary from one society to another and from time to time. Every society follows some values and those values are identified as global values by all. A good teacher is someone who inspires the students and promotes their talents including the creativity and independent thinking. Teachers should understand the fact that every student has certain unique qualities and talents, which should be identified and nurtured.

ROLE OF TEACHER IN SOCIETY

Teachers role is very vital in molding the future of a country and, as such, it is considered the noblest profession. Teachers are the role models for their pupils. An educational institute should not be just confined to teaching and learning but it should be considered as a place where consciousness is aroused and illumined soul is purified and strengthened. It is the place where the seeds of discipline, devotion and commitment are planted and fostered with deliberate efforts. A constructive companionship between teachers and students has to be developed. In a nutshell, a teacher in real sense is one who himself practices the human values. He should not only preach but also practice to leave an ever lasting impression in the minds of students.

CONCLUSION

To conclude, this can be safely said as a general rule that value orientation is integral to all stages of upbringing, formal education, and interaction between individuals and social groups. Values are thus inseparable from life of the individual. It permeates the whole life. Since education is an essential requirement, the aims of education, content and methodology are viewed in terms of value development. Values and development are used interchangeably. Human development cannot be conceived in the absence of values.

The teacher plays a very important role in the society and they are considered as nation builders, a torch bearers, path guides, personality developers, etc. Importance should be given to religious/spiritual education so that society as a whole may flourish with desirable value system. The social, economic, cultural and

human values play a very important role in the overall development of society and help in achieving the socialistic pattern of the society. It is recommended that there should be congenial conditioning or proper environment in the society which includes parents, teachers, educators as well as administrators for inculcating values i.e. moral, spiritual, religious, social, economic and cultural values, etc. among the students/ youth. Promotion of human values in the society depends on the promotion of good qualities among individuals. In every tradition and in every country the place of a teacher, not only in the institution but also in society, has been glorified. According to a Japanese saying, a poor teacher tells, an average teacher teaches, a good teacher explains, an excellent teacher demonstrates and a great teacher inspires. To inspire the students, a teacher should discharge twin roles - one to mould himself and other to mould others.

In a nutshell, it can be concluded that education without vision is waste, education without value is a journey of high ridge in dark , and education without mission is an unending stampede. A nation with atomic power is not a strong nation but a nation with people with strong character is indeed a strong nation. Therefore, for the sustainable human development as well as for the social growth, there is a need of value based education, spiritual education, ethical education, as well as need based education. India has always been known for sound social values and character of its people, the impact of western values has adversely affected the mindset of people which can be rectified only by imbibing our value oriented educational system, which is of-course a big challenge. The challenge has to be met by collective introspections. In brief, the values are the guiding principles of life which are conducive for all round development of children to give direction and peace to life.



THE STRUCTURE

HEM DISHA

HEM DISHA is a book to supplement the powerful message in the film. It is a collection of reading and activity materials under twelve categories. These are:

- **INTRODUCTION OF THE VALUE:**
- **LIFE SKILL QUESTIONS :**
  Questions on the moral value shown in the film establish the continuity of quest for learning.
- **QUOTES :**
  It is an idea to start the day with a positive quote or thought. this can be done in the school assemblies. Under each value, Hem Disha has a collection of quotes in Hindi and English.
- **SANSKRIT SAMVAD AND SHLOK :**
  Sanskrit language is said to be the mother of all languages. It is replete with rich literature and wisdom. Appropriate shlokas on each subject makes the learning effective and compelling.
- **POETRY :**
  Poetry is a fine expression of thoughts. It encourages children to come up with rhyming sentences.
- **MORAL STORIES :**
  Stories are the best way to reach to a child's mind. Stories with a moral, leaves a lasting impact on child.
- **INSPIRATIONAL PLAY :**
  Plays involve children into one of the roles and keep them engaged actively.
- **GAMES / CROSSWORD / SCRAMBLE / PUZZLE :**
  Puzzles are fascinating and educative at the same time. Crossword, scramble and games call for active engagement of minds.
- **CASE STUDY:**
  Case studies on famous personalities across the globes, is another way to imbibe values in children.
- **SONGS:**
  Making value assimilation through entertaining activities like songs from Indian films that have relevance to the value under study is a good way to catch the attention of children.
- **PLEDGE:**
  Ending the entire period/session with a commitment to follow the

message given in the film is by way of pledge. Children register in their minds the message given in the film. The pledge reinforces it.

- **ASPIRE TO INSPIRE:**



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

- **LET'S STEP OUT...**



After taking a pledge or a resolution, we need to begin our journey towards the value with small steps and move forward. These steps are small yet very significant.

Little activities involving children as individuals and as teams will inculcate qualities of responsible citizen, thus realizing the mission of Hema Foundation and vision for nation.

Children should get curious and engage themselves into activities which will make them assertive, confident, self-reliant and smart.



VALUE THE VALUES TO REMAIN VALUED

GUIDELINE

How to use the book HEM DISHA

If you tell me, I will listen.
If you show me, I will see.
If you let me experience, I will learn.
-Lao-Tsu (6th century BC)

HEM DISHA is a reference book for teachers. It is in 8 volumes. Each volume covers 6 Values / topics. Every Value / topic has 12 activity based learning themes. These are quotes, short stories, poetry, puzzles, games, crossword, scramble, resolution, chhote kadam... Badhte kadam... etc. Every activity is aimed to make children 'experience' so that they learn.

It is suggested that the activities are taken forward on a regular basis. This means that some of the activities will have to be done on a daily basis, while some activities will have to be scheduled on a weekly basis. It is not mandatory that all these activities be done while teaching each value. Freedom is there for the teacher to choose any and teach.

The involvement of teachers concerned in each activity will make the learning effective. For an effective learning to take place, we suggest guidelines as follow:

Daily:

In the school assembly, the following should be taken up every day:

i) Quotes in Hindi, Sanskrit or English

ii) Short stories to be narrated by the students. Teacher should encourage and involve as many students as possible in this activity.

Teachers need to ask the students what they understood from the quotes. Likewise, lesson learnt from the short stories need to be assimilated.

Weekly:

One period per week to be assigned for taking the learning forward in an effective way. The suggested week-by-week schedule is as follows:

Week 1 : Screening of the film by following the sequence given below:

i) Introducing the subject of the film. Why and what they will see and learn.

ii) Screening the film

iii) Encouraging the students to tell what they have learnt

iv) Resolution

v) Chhote Kadam... Badhte kadam... (activity one)

Assign an inspirational play for next week.

Week 2:

i) Inspirational play

ii) Moral lessons and discussions

iii) Resolution

iv) Chhote Kadam... Badhte kadam... (activity two)

Assign poetry and Sanskrit Samvad for next week

Week 3:

i) Poetry, Sanskrit Samvad and games

ii) Learning from the activities

iii) Resolution

iv) Chhote Kadam... Badhte kadam... (activity three)

Assign song for next week. Let the song be sung on karaoke.

Week 4:

i) Scramble, crossword, puzzle

ii) Song

iii) Resolution

iv) Chhote Kadam... Badhte kadam... (let students suggest activities for particular topic).

Every week, the activities should close with children taking a pledge or resolution. They will imbue the value that is being talked about in the pledge or resolution.

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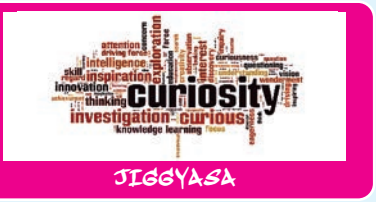

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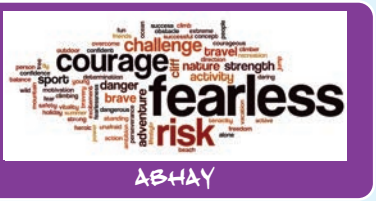


ABHAY

3 VALUE CONFIDENCE Page No. 53 to 76



DAGDU

4 VALUE CREATIVITY Page No. 77 to 100



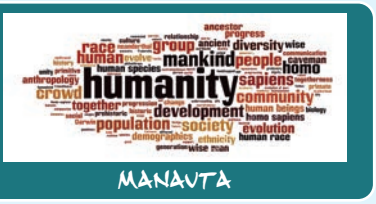
BEST OUT OF WASTE

5 VALUE OPTIMISM Page No. 101 to 127



NAZARIYA

6 VALUE HUMANITY Page No. 128 to 153



MANAVTA

JIGGYASA



INTRODUCTION

Curiosity is a hunger to explore and a delight in discovery. When we are curious, we approach the world with a child-like habit of poking and prodding and asking questions. We are attracted to new experiences. Rather than pursuing an agenda or a desired set of answers, we follow our questions where they lead.

Socially, curiosity lets us really listen to other people because we want to know who they are. We open ourselves to the morsels of knowledge and experience they can share with us. We relish having discoveries of our own to share.

Curiosity makes us interested in a broad range of information about the world around us. We learn for the joy of learning.



LIFE SKILL QUESTIONS

1. How does curiosity help in our search for knowledge?
2. Can curiosity be good or bad?
3. List down five benefits of curiosity.



QUOTES

- “Curiosity is one of the great secrets of happiness.”
  - Bryant H. McGill

- “Curiosity is the engine of achievement.”
  - Ken Robinson

- “Curiosity about life in all aspects, I think, is still the secret of great creative people.” **- Leo Burnett**

- “Curiosity is the hunger of the human mind.”
  - Rose Wilder Lane

- “Curiosity keeps leading us down new paths.”
  - Walt Disney

गोपाल : अयि भो: सखायः! खलु यूयं जानीथ यत् जिज्ञासा अस्माकं जीवने किं करोति!

Gopal : Hey friend, do you know what does curiosity do in our lives?

अजय : नैव गोपालः भ्रातः! जिज्ञासया किम् भवति ?

Ajay : No Gopal bhaiya, tell us about curiosity?

गोपाल : यदि अस्माकं मनसि हृदि आत्मनि वा कापि जिज्ञासा उत्पध्यते तर्हि एतत् अवधेयम् यत् वयं कस्मिन्नपि क्षेत्रे तारकभूता: भविष्यामः !

Gopal : Whenever curiosity arises in our mind, in the heart and in the soul, then we should think that we are going to shine like stars.

हिरेन : एतत् कथं भवितुम् अर्हति?

Hiren : How can that be?

गोपाल : कथयामि १ यदि जिज्ञासा अस्माकं दृढा अस्ति तर्हि वयं दृढम् अन्वेषणम् करिष्यामः! तस्मिन् विषये महताम् कार्यम् निरिक्षामहे! तर्हि तस्मिन विषये अस्माकं गतिः महति भवत्येव !

Gopal : Listen to me. When we are curious, we keenly observe things and actions of people. The close observation is important for growth.

सौरभ : आम्! जिज्ञासया तु महान्त: अपि आकर्षिताः भवन्ति एव अस्मभ्यम् किमपि किमपि प्रददति !

Saurabh: Yes, indeed great people are attracted to things by their curious nature. In return they give us something or the other.

विश्वास : आम् ! ज्ञातुमिच्छा जिज्ञासा ! किमपि ज्ञातु किमपि करिष्यामि इति भावः

Vishwas: Yes, curiosity is the desire to know, to know anything new. I should have that kind of attitude.

गोपाल : तस्मात ! सुहृद: ! अस्माकमपि जिज्ञासा प्रस्तरचिह्नवत् समुद्रवत् प्रचण्डा भवितव्या !

Gopal : So, the mighty ones! The magnitude of our curiosity should be like a stone trail or like a mighty sea.



SANSKRIT SHLOKAS



अनंतशास्त्रं बहुलाश्च विद्या ह्यल्पश्च कालो बहुविघ्नता च।
यत्सारभूतं तदुपासनीयं हंसैर्यथा क्षीरमिवांबुमध्यात॥

These worlds are full of many scriptures and information,
but we have very less time and too much obstacles.
Therefore, only what is important should be consumed,
such as goose, in a mixture of water and milk,
takes only milk.

यतेन्द्रियमनोबुद्धिर्मुनिर्मोक्षपरायणः।
विगतेच्छाभयक्रोधो यः सदा मुक्त एव सः॥

A man whose senses, mind and intellect are united, and
whose senses are under his control, such a man is free
from fear and anger and is always free.



POETRY

CURIOSITY

Curiosity is a silver eyebrow,
Raising itself to question the world.
It stands upon being asked something,
Curiosity is an eyebrow being curled.
Curiosity is made of silver hairs,
Of the aged people of this life.
Living longer than the vibrant colors,
That haven't yet faced struggles or strife.
For curiosity is a silver eyebrow,
A feeling making the world unfurled,
an aged question wondering why,
We do what we do in this world.



MORAL STORIES

1. EUREKA

Archimedes was a Greek scientist. He lived in Syracuse nearly 200 years ago. The King of the land wanted to wear a Golden Crown. He gave some gold to a goldsmith to make a suitable crown. After few days, the goldsmith brought the finished crown to the King. The crown was weighed. The weight of the crown was equal to the gold given to the goldsmith by the King. The King looked at the color of the crown. He had a suspicion. The goldsmith could have stolen some gold from the gold given to him. The King wanted to find out the truth. He asked his court scientist Archimedes to find out. The King said, "Find out how much gold had been stolen?"

How to find out the truth? Archimedes thought about the problem day and night. One day he was about to have his bath, but he was busy thinking. He did not notice the bathtub. The water in the bathtub was already full to the brim. He slid into the bathtub. Immediately a large quantity of water flowed over the brim of the bath tub. He noticed this suddenly. His brain wave worked suddenly. He jumped out of the bathtub, shouting, "Eureka! Eureka!" Eureka in Greek means "I have found it."

Different metals of the same weight have different volumes. Objects, put in water, will displace water. The displaced water will be equal to their volume.

For example, an iron cube weighing a kilogram will disperse some water. But an aluminum cube of the same weight will displace less water than the iron cube.

Archimedes knew all these theories. Using this as the basic knowledge, Archimedes worked out a plan to find out the purity of the crown.

Archimedes took two bowls. He filled them with water to the brim. Then he placed each bowl separately in the

middle of the large vessels. He placed the crown in one bowl. Water overflowed. It collected at the bottom of the outer vessel. Then he took a cube of pure gold. This cube of gold was equal in weight to the crown. He kept this gold cube in the middle of the second bowl. Here also water overflowed. Water got collected at the bottom of the outer bowl.

Archimedes then measured the quantity of water in the two vessels. He found out the difference in the water overflow. The crown had sent out more water. The cube of gold had sent out less water. But both the crown and the gold cube were of the same weight. So, they should have sent out the same quantity of water. Therefore, the crown had some other metals mixed in it. These metals took up more space in the water than pure gold.

Archimedes reported this finding to the King. The King demanded the truth from the goldsmith. The goldsmith then confessed. He had stolen some gold. He had added some other metals.

2. CHILD INVENTOR

This is a wonderful story about a child in a challenging situation who applies creativity to engineer a smart solution to overcome a big problem. The presentation by 13-year-old Kenyan Richard Turere was delivered at TED in Long Beach. TED discovered Richard's story during its worldwide talent search in Kenya. Richard's story was remarkable and he impressed the TED staff, but he was not yet ready to give a TED talk on his own. "At that point he lacked the confidence to give an actual talk," Chris Anderson commented on the TED website. "It was just an interview, though he still lit up the theater. His progress in the 10 months since then had been exciting to see. His teachers and friends at Brook house School, where he won a scholarship as a result of this invention, can be really

proud of him. He was an amazing example of what a kid with curiosity could achieve."

Standing alone on a stage in front of a large room of strangers and telling your story—let alone doing so at age 13 in a foreign country-is one of the most frightening things you can think of. But Richard Turere did a great job. His story was simple and clear and the visuals helped amplify the story for the audience and also served to keep him on track without notes. His narrative had a simple exposition with nothing superfluous, a clear conflict or problem to be solved, an account of things that did not work, things which were unexpected, and a clear conclusion. It was a story of how curiosity and an innovative spirit can inspire someone—even someone so young—to use his creativity to solve a big problem.

As Richard says, "one year ago, I was just a boy in the savanna grassland herding my father's cows, and I used to see planes flying over, and I told myself that one day, I'll be there inside. And here I am today. I got a chance to come by plane for my first time for TED." That's a story of transformation. And his journey is just getting started...

3. JEMIMA THE NOSEY GIRAFFE

In Chipper Jungle, everything was peaceful and happy until Jemima turned up. Jemima was an extremely tall giraffe, with a long bendy neck like some rubber plant. She got on everyone's nerves because she was just the nosiest and most gossipy animal anyone had ever known. What made it worse was that, thanks to her height and her long, bendy neck, there was no den or nest beyond her reach. There she'd be, always sticking her head in.

She observed everything and made sure everyone knew what was going on. This annoyed so many animals that they had a meeting and decided to teach her a lesson. At that

time Big Bongo, the most important of all the monkeys, decided to move to an old abandoned den, and he did the place up until it was the cosiest home in the whole jungle. Jemima couldn't help her curiosity, and one night she tiptoed over there and approached the bedroom window. The window was open and she stuck her head inside. She was just on time to see Big Bongo leaving the bedroom. So, Jemima pushed her neck further in so that she could follow him to the next room. It was dark inside and she couldn't see very well, but she followed him down a corridor, and then into another bedroom, and then another...

Until at last Jemima couldn't follow him any more. She had run out of neck. Big Bongo had ran all around his house, and now Jemima's neck was in one enormous tangle.

Then all the other animals, who were in on the trick, came over to the house to let Jemima know what they thought of her irritating nosiness. She felt so embarrassed that she decided from then on that she would use her long neck for more constructive tasks than poking into the lives of others.





You can watch the short film **"JIGGYASA"** on YouTube

THE POWER OF CURIOSITY / LION LIGHTS

Character -

Raghu: a thirteen-year-old boy, Baburam: Raghu's father/ a farmer, Laxmi: Raghu's mother, Malvika: conservationist / activist, Sevakram: Village head, Villager 1, Villager 2, Narrator.

SCENE 1

Narrator : *A village meeting place, Baburam, Laxmi and Raghu are worried talking to the village head.*

Baburam : Sevakram ji this was the third cow that was killed and eaten by the beasts (Lions) in last one week. If this goes on we will lose everything gradually. Please help us.

Sevakram: We have already informed the forest department... but even in the past they have come ere, do a survey and leave. No concrete decision is taken. What can we do at the village level?

Narrator : *Raghu and his family live in a tribal village which is adjacent to the boundary of thick forest on the edge of a national park. Often Lions venture into the village during the night an feed on their cattle (Cows, buffaloes and goats) and other domestic animals.*

Baburam : (Worried) what do we do now? These attacks on our cattle every night has to be stopted. These are one of the sources that provide us with our daily bread. We will have to do something. (Gets ready to leave for his farm.)

Raghu : (Angry and curious) But baba, can't we hire

some gunmen and get these lions killed? They are causing us some much trouble.

Baburam : No my boy, that's not an option.

Raghu : But baba, lions are bad... I hate them. They kill our cattle, then why can't we kill them. Our cattle will never be killed then.

Baburam : (Chuckles) My boy, firstly it is illegal to kill these beasts. Secondly, it is a sin. These lions are just playing their part in the circle of life. When we are hungry we do chores... earn money and feed ourselves. This is how they feed themselves. I know you hate them... but killing them can never be a permanent solution. We must never look for a temporary solution. Now go my boy, you have to graze the cattle as soon as you come back from school.

Narrator : *Raghu leaves for school. But his father's words have kept him curious all day. He kept thinking all day on the permanent solution.*

Raghu : Maa, I'm home. Will eat something and take the cattle for grazing in the field.

Laxmi : Come on now, eat this and get going. Do return before it turns dark.

Narrator : *While the cattle are grazing, Raghu keeps thinking.*

Raghu : (Talks to himself) If we can't kill the lions, then we have to make peace with them... Only then we will be able to save our cattle. But who will bell the cat? The lion will eat us up. Oh, God!

Villager 1 : (Shouts from a distance) Oye Raghu, it's getting dark. Don't you have to go home? Come on hurry up and lead your cattle home.

Raghu : Oh god, I completely forgot... It's getting dark... Thank you kaka (uncle).

Narrator : *Suddenly there is a huge roar from nearby... Raghu is frozen. A lion was spotted and Villager 1 warns Raghu to stay where he is. Meanwhile,*

another man comes running with a huge battery operated torch. The lion starts retreating into the forest. Within a few minutes the lion was nowhere to be seen.

Villager 2 : What are you two doing here, waiting for the lion to make you his dinner? You guys are lucky that the lion decided to go back home (Laughs).

Villager 1 : Yes, thank god. We were lucky. I was here to warn Raghu to leave the place and go home.

Raghu : (Still curious about what made the lion run away) But kaka did you notice the lion actually ran away. He got scared of something. What must that be?

Villager 1 : Oh little boy, lions don't get sacred of humans. This one must have thought we would not make for a good dinner, (laughs) hence left.

Villager 2 : Or the Lioness must have demanded something specific and the three of us do not fall into that category of food.

Narrator : *All three laugh it out and leave the place. After going home Raghu narrates this incident to his parents. Both gets worried and tell him not to wait in the field till late in the evening.*

Laxmi : You were very lucky, the beast did not attack you. Please be very careful my son.

Raghu : Ok Mom. Tomorrow is Sunday... I will spend time at my lab all day. I just love Sundays.

Narrator : *Raghu has made a small shed in the backyard of his house where he comes up with his simple little inventions. In his free time, he tinkered with electrical gadgets. After dismantling the few household appliances, Raghu taught himself how to fix them, and then he started inventing little things that can be used in the household. This time he is working on making solar operated fans made from car parts and other junkyard components harvested from junkyards.*

Raghu : Maa, see I have finally managed to complete my invention. This is a solar operated fan. I have used old car battery and connected it with solar panel, the battery will now be charged by the sun and the fan will work.

Laxmi : I am so proud of you my son. This field is no place for curious little mind like you. I have always wished you get into some big university where you grow up.

SCENE 2

Raghu : Maa, it's dark already, why is father not home yet?

Laxmi : He was supposed to meet one of his friends after he was done with his farm work.

Narrator : *Suddenly a huge roar is heard...and a man is shouting.*

Laxmi : Raghu please go quickly, get a torch with you... I think it is your baba who is shouting.

Narrator : *Set: Field... low hazy light on the stage to indicate that it's late evening. Raghu comes out running from one end of the stage holding a torch... he sees his father all scared and frozen... a lion (A man dressed in a lion outfit) standing at a distance. Raghu who is holding a torch... runs towards his father.....even before Raghu reaches by his father's side, the lion runs away.*

Baburam : Oh Raghu my boy... For a moment I thought I will never see you again.

Laxmi : (Crying) Life has become so much uncertain. Let's go to some other village and lead a peaceful life... I cannot live in fear all my life.

Narrator : *While his parents were talking... Raghu was hardly listening to them. He was curious to find out what made the lion retreat. This was the second time he saw something like that. He kept*

thinking and thinking until morning.

Laxmi : Raghu... Raghu... Raghu... are you not well?

Raghu : I am fine maa. I have loads of work at my lab today... Please don't disturb me.

Baburam : What work do you have? Don't you have to go to school?

Raghu : It's an important work baba. I want to stay at home today. (Leaves from one end of the stage)

Laxmi : (Shouts) At least eat something and go.

Narrator : Raghu had almost figured out the reason why the lions ran away on both occasions. But he wanted to confirm it from an expert. Hence he rushes to meet Malvika, a conservationist.

Raghu : Didi (sister) I wanted to speak to you for a minute, please... It's urgent.

Malvika : What is it about? Are your parents beating you. Did you run away from your home? I am sorry I cannot help you.

Raghu : No it's about those lions from the national park they are feeding on our cattle and there is no way of stopping this.

Malvika : So, how can I help you kid?

Raghu : I have heard you are an expert and you know a lot about wild animals.

Malvika : Yes ... go on.

Raghu : Can you tell me... if animals... lion in our case are scared of running lights?

Malvika : Might be... I mean I am not sure. Why?

Raghu : If it's true... then we can make peace with the lion. I mean we can save our cattle and lion will be safe too.

Malvika : Well, that's a great thought. But how will you do it?

Raghu : You will see it tomorrow night. Can you come to my house with a few forest guards to help... This is an experiment and it might fail too. I Just want

to ensure the safety of my cattle and my family in case the idea fails. Please, Didi.

Malvika : (Impressed) Ok, then I will see you tomorrow| night.

SCENE 3

Narrator : *Figuring out the running lights scare the beast... Raghu spent the entire day fitting a series of flashing LED bulbs onto poles around the livestock / cattle enclosure, facing outward. The lights were wired to a box with switches and to an old car battery powered by a solar panel. They were designed to flicker on and off intermittently and were expected to trick the lions into believing that someone was moving around carrying a flashlight. It started getting dark Raghu asked his father to keep one or two of their cattle open near the fence and patiently waited behind the trees in their premise. Malvika and two forest guards armed with tranquillisers too reached the spot.*

Laxmi : Will this lighting up thing work... Because if it doesn't one of cattle will be killed again today.

Malvika : Don't worry, if the lighting experiment fails... our forest guards will manage to tranquilise the lion... we will neither hurt the lion nor would we allow it to feed on your cattle.

Raghu : Shhhh... (indicating everyone to keep quiet)... I hear something.

Narrator : *It is a lion, slowly marching towards the fence... as soon as it reaches a distance close enough, Raghu switches on the lights. To everyone's shock... it worked. The lion got scared and ran away. And the two cows left open were safe. Raghu's family rejoiced that night. Malvika fondly called the fence lights as 'Lion*

Lights'. Since Raghu rigged up his invention the "Lion Lights," his family did not lose any livestock to the wild beasts ever, to the great delight of his father and astonishment of his neighbours. The invention was welcomed by his neighbours too, who got it installed in their compounds too.

Moral: Curiosity is the stepping stone of Invention

---- END ----

ANSWERS OF CROSSWORD :

1. Hockey	2. Cosmology	3. Curious	4. Aryabhatta
5. Tamil Nadu	6. New	7. Five	8. Jupiter
9. Life	10. Boxing	11. Path	12. Ideas

ANSWERS OF SCRAMBLE :

• Success • Wise • Quality • Trouble
Curious



GAMES

1. WHOSE VEHICLE IS IT

Things you will need paper and pencil

Ask everyone to sit in a group. The instructor has to give a paper and pencil to everyone. The instructor has to say the names of the God and Goddesses given below. Ask the kids to write there “Vahan”.

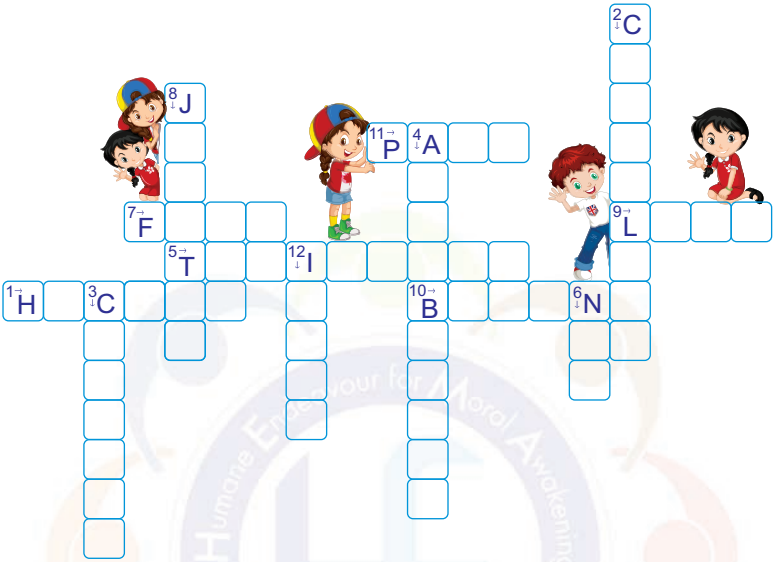
The one with most of the correct “ Vahan” would be the winner.

Sr. No.	God	Vahan
1.	Vishnu	Garud
2.	Durga	Tiger
3.	Indra	Airavat
4.	Shiv	Bull (Nandi)
5.	Yamraj	Saand
6.	Surya	Horse
7.	Dutta	Cow
8.	Kartikey	Peacock
9.	Vishvakarma	Elephant
10.	Sarswati	Swan
11.	Shitla Mata	Donky

2. SIMILARLY ASK THEM TO WRITE THEIR WEAPONS

Sr. No.	Weapons	Trident
1	Shiva	Trident
2	Vishnu	Sudarshan Chakra
3	Narsingh	Nakh
4	Indra	Vajra
5	Ram	Bow And Arrow
6	Hanuman	Gada
7	Parshuram	Parshu
8	Balram	Hal

CROSSWORD



Find the answer to the sentence and fill the crossword above. The number of letters of the word has been given as clue.

Questions :

1. India's national game is _____ (6)
2. Study of universe is called _____ (9)
3. A person who is _____ will learn from every experience (7)
4. Concept of zero was first given by _____(10)
5. The sport of Jallikattu is played in _____ (5,4)
6. Learn something _____ everyday (3)
7. How many oceans are there in all? _____ (4)
8. Biggest planet is _____ (7)
9. Those who keep learning will keep rising in _____ (4)

10. Mary Kom is related to _____(6)
11. Curiosity keep us leading to a new _____ (4)
12. Be less corrosive about people and more about _____(5)



SCRAMBLE

Arrange these jumbled letters to form a word. Pick the encircled letters from the words and form another word. This will give you the missing word in the sentence below.

SECUSSC

IWES

UALQITY

EBRTOUL

Be _____ , not judgemental.



PUZZLE

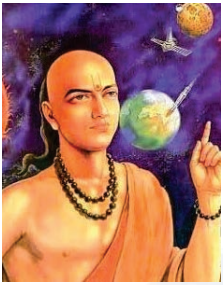
In the puzzle below, you have 13 words which are synonyms for**JIGGYASA.** You will find them in different patterns. One of the words is done for you. Find the rest.

T	O	S	A	K	D	W	U	C	D	S	U	Y	Q	O
Z	Y	I	N	B	V	E	R	F	O	C	U	S	I	J
A	Q	I	V	E	T	Y	Q	I	V	N	P	M	A	H
W	H	R	C	O	U	R	A	G	E	N	C	H	A	S
T	U	J	Z	X	I	L	O	Q	M	C	I	E	A	P
S	E	T	U	O	A	S	E	V	B	L	K	A	R	R
K	A	T	U	R	E	S	E	A	R	C	H	X	Z	N
I	D	E	A	G	X	M	A	M	R	S	S	Z	O	K
L	K	M	R	F	O	R	C	E	Z	N	C	G	O	L
L	L	S	R	D	Z	X	J	K	W	Q	I	K	N	B
L	S	D	S	Z	B	N	L	K	G	Y	U	N	S	A
P	L	I	N	Q	U	I	R	Y	S	A	K	M	G	Z
K	W	A	S	W	E	A	G	E	R	N	E	S	S	H
I	N	S	P	I	R	A	T	I	O	N	D	C	I	K

Words

Force :
Wisdom : Practical wisdom is only to be learned in the school of experience.
Inquiry :
Concern :
Think :
Courage :
Skill :
Idea :
Focus :
Learning :
Inspiration :
Eagerness :
Research :

CASE STUDY



ARYABHATTA

Aryabhatta was born in 476CE in Patliputra in Magadha, (modern Patna) in Bihar. He was the great mathematician-astronomer from the classical age of Indian mathematics and Indian astronomy. He is the man who invented "0" and helped the world solving its many issues. It is believed that Aryabhatta was born in region between Narmada and Godavari of central India. But exactly nothing is known about his birthplace.

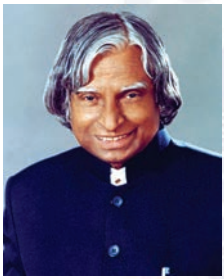
According to some researches and studies it was found that at some point in time, Aryabhatta went to Kusumapura for advanced studies and lived there. He studied both Hindu as well as Buddhist tradition there. It is believed that Aryabhatta might have been the head of the Nalanda University, as it had an astronomical observatory at the time. Aryabhatta set up an observatory at the Sun temple in Taregana, Bihar.

Aryabhatta's major work is comprised of Mathematics and Astronomy. Most of the Aryabhatta's work can be known from Aryabhatiya. His work in mathematics and astronomy is extensively referred to in Indian mathematics literature and able to be part of modern mathematics also. If we see the mathematical section of Aryabhatiya, we will see his work in arithmetic, algebra, plane trigonometry and spherical trigonometry. Along with these major sections of mathematics it also contains the work done by him in the continued fraction, quadratic equations, sums-of-power series and sine tables.

The Aryabhatiya also contains description of various astronomy instruments invented by Aryabhatta like the gnomon (shanku-yantra), a shadow instrument (chhaya-

yantra), possibly angle-measuring devices, semicircular and circular (dhanur-yantra / chakra-yantra), a cylindrical stick yasti-yantra, an umbrella-shaped device called the chhatra-yantra, and water clocks of at least two types, bow-shaped and cylindrical. He also described the Motion of Solar System, details of Eclipses, Sidereal Rotation periods and Heliocentrism. It is also believed that some of the Aryabhatta's work of that time is lost.

Aryabhatta passed away in 550 CE. He was 74 years at the time. But exact locations of his last period of life and whereabouts are still unknown to the world.



Dr. A. P. J. ABDUL KALAM

Full name of 'Dr. A.P.J. Abdul Kalam' was 'Dr. Avul Pakir Jainulabdeen Abdul Kalam'. He was born on October 15, 1931 at Dhanushkothi in the temple town Rameshwaram in Tamil Nadu. He was born in a poor family, but he was an exceptionally brilliant child.

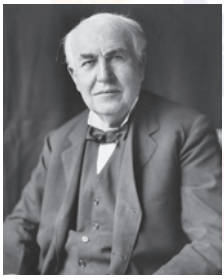
Kalam passed the B.Sc. examination from Saint Joseph College, Thiruchirapalli. He joined Madras Institute of Technology (MIT). His further knowledge in the field got upgraded when he joined Defense Research and Development Organization (DRDO) in 1958 and Indian Space Research Organization (ISRO) in 1963. He is known as the Missile Man of India. The various Indian Missiles of world order like Prithvi, Trishul, Akash, Agni, etc. are mainly the result of his efforts and caliber.

Dr. A.P.J. Abdul Kalam became the 11th President of India. He served the country from 2002 to 2007. For his excellence and brilliance, he was awarded the prestigious Bharat Ratna in 1998; Padma Vibhushan in 1990; and Padma Bhushan in 1981.

Dr Kalam expired on Monday 27 July 2015. He suddenly fell unconscious when he was delivering a lecture at the Indian

Institute of Management at Shillong. On 30 July 2015, the former President was laid to rest at Rameswaram's Pei Karumbu Ground with full state honours. Over 350,000 people attended the last rites, including the Prime Minister, the governor of Tamil Nadu and the chief ministers of Karnataka, Kerala and Andhra Pradesh.

Dr. A.P.J. Abdul Kalam was mainly interested in work. He was a bachelor. He was not interested in going abroad. He wanted to serve his motherland first. He said that he thought his first and foremost duty was to serve his motherland. He was fond of music and the Koran and the Gita. Ever since becoming the head of the Indian State, he had been having interaction with children all over the country. His advice to the youngster of the nation was to "Dream, dream and convert these into thoughts and later into actions".



THOMAS EDISON

Thomas Alva Edison (February 11, 1847 – October 18, 1931) was an American inventor and businessman who has been described as America's greatest inventor.

His mother taught him at home. Much of his education came from reading R.G. Parker's School of Natural Philosophy and The Cooper Union for the Advancement of Science and Art. Edison developed hearing problems at an early age. The cause of his deafness has been attributed to a bout of scarlet fever during childhood and recurring untreated middle-ear infections.

Edison developed many skills when he was young. He sold candy and newspapers on trains running from Port Huron to Detroit and sold vegetables to supplement his income. These talents eventually led him to found 14 companies,

including General Electric, which is still one of the largest publicly traded companies in the world.

He developed many devices that greatly influenced life around the world, including the phonograph, the motion picture camera, and the long-lasting, practical electric light bulb. Dubbed "The Wizard of Menlo Park", he was one of the first inventors to apply the principles of mass production and large-scale teamwork to the process of invention, and because of that, he is often credited with the creation of the first industrial research laboratory.





SONG

MOVIE: LAKSHYA (2004)

Main Aisa Kyun Hoon

Main Aisa Kyun Hoon...(7)
Main Jaisa Hoon, Main Vaisa Kyon Hoon
Karna Hai Kya Mujhko, Ye Maine Kab Hai Jana
Lagta Hai Gaoonga, Zindagi Bhar Bas Ye Gaana
Hoga Jaane Mera Ab Kya
Koi To Bataye Mujhe
Gadbad Hai Ye Sab Kya
Koi Samjhaye Mujhe
Main Aisa Kyun Hoon...(7)
Main Jais... Kyun Hoon

Ab Mujhko Ye Hai Karna, Ab Mujhe Wo Karna Hai
Aakhir Kyon Main Na Janoon, Kya Hai Ki Jo Karna Hai
Lagta Hai Ab Jo Seedha, Kal Mujhe Lagega Ulta
Dekho Na Main Hoon Jaise, Bilkul Ulta Pulta
Badlonga Main Abhi Kya
Manoon To Kya Manoon Main
Sudhrunga Main Kabhi Kya
Ye Bhi To Na Janoon Main
Jaane Ab Mera Hona Kya
Lagta Hai Tumko Kya
Jaane Ab Mera Hona Kya Hai
Kya Main Hoon, Jaisa Bas Vaisa Rahunga
Karna Hai Kya... Main Ye Gaana
Hoga... Samjhaye Mujhe
Main Aisa Kyun Hoon...(7)
Main Aisa Aisa Aisa Hi Hoon

RESOLUTION

THE PLEDGE

We resolve to fuel our curiosity; our engine and together with fearlessness and determination, we can achieve freedom.

ASPIRE TO INSPIRE



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

LET'S STEP OUT...



1. Let children narrate the meaning of Jiggyasa.
2. If the children have a lot of curiosity, what may happen to them?
3. Ask children to name any one scientist whose curiosity led to new discoveries and inventions .

WHAT MORE!!

- Essay Writing
- Debate
- Drawing
- Group Discussion
- Street Play
- Extempore speech
- Eco-friendly painting
- Field project
- Mono acting

ABHAY



INTRODUCTION

Abhaya is a Sanskrit word meaning fearlessness. Abhaya is a very important quality in a child that parents and teachers must be concerned about and encourage.

When a child is ABHAYA, he is bold and courageous. He is not scared of telling the truth and standing tall and upright.

Chapter 16 of Bhagvad Gita starts with the word ABHAYAM; while enumerating the qualities of divine person. Since time immemorial the quality of 'fearlessness' has set apart people from the rest.

ABHAYA is to be differentiated from SAHAS (bravery or valour). The prerequisite for 'Sahas' is 'abhaya.' Abhaya is an attitude or mind-set, while Sahas is an outcome from such a mind-set. Let's resolve to make our children courageous, bold, upright and truthful. All of these will make them ABHAYA.

Sometimes our fear is about overcoming fear. We don't want to succeed because it requires so much and of course we might fail. The poet Frederick Seidel says it all with these lines "Don't cure me. Sickness is me and my terror was you'd set me free."

If you are fearful in small or big ways, think about this idea to embrace fear, because fear is necessary component of huge growth and positive change.



LIFE SKILL QUESTIONS

1. What do children fear the most?
2. Why do children fear what they fear?
3. How can fears be removed from one's mind?



- “Face your fears and doubts, and new worlds will open to you.” **- Robert Kiyosaki**

- “Fearlessness is getting back up and fighting for what you want over and over again....even though every time you've tried before you've lost.” **- Taylor Swift**

- “The best way to be successful is to be fearless.” **- Janelle Osido**

- “I try to be as fearless as possible. I don’t always succeed, but I like to think I try.” **- Zachary Quinto**

- “When you’re fearless, you take more risks because you’re less conscious of failure or what can go wrong.” **- Brett Ratner**

जय : अरे! जय तत्र गृहे गत्वा पुस्तकमानय!

Jay : Hey! Jai go home and get the book.

राघव : न! अधुना तु अन्धकारः गृहे बहुतम स्यात् अहं बिभेमि! तस्मात अहं न गच्छामि!

Raghav: No, it is dark now. It will be dark at home too. I'm scared. I won't go.

जय : अरे! अधुननापि भयः जायते ? जीवने अभयस्य आवश्यकता परिवर्ति सखे! अधुना तु तमसः एव बिभेषि ?

Jay : Hey, are you are still scared? Lot of abilities will be needed in life. Right now you are scared of darkness.

राघव : आम् ! किन्तु अभयतायाः महत्वमपि अहं न जानामि!

Raghav: Yes, but I do not even know the importance of abilities.

जय : विचारय! भयेत् कति कार्याणि न भवन्ति!

Jay : Most of the tasks do not happen by luck, Think about it.

राघव : आम्! बहूनि बहूनि कार्याणि न भवन्ति! यदि अहं अभयत्वयुक्तः स्याम् ! तर्हि बहुलाभः!

Raghav: Yes, many of the tasks are there. If I become fearless then all the work will be done.

जय : अस्माकं जीवने बहवोऽपि आयामाः भवितव्या: येषु अस्माभि निर्भयेत चेतसा विचारः कर्तव्यः! येन च वयं जीवने सफ़ला: भवेम!

Jay : There are many such dimensions in our life which have to be considered very fearlessly so that we are successful in life.

राघव : आम्! बहुवारं एवं भवति यत् भयेन अहं कस्यापि कार्यस्य आरम्भः न करोमि पश्चात् अवसरगमने एव अवगम्यते भयः न कर्तव्य: !

Raghav: Yes, many times we are not able to start a work due to fear. It is only when an opportunity slips by that a person realizes that he should not have feared and should have taken a responsibility.

जय : आम्! वयं अभया भवेम

Jay : Yes, we are safe.

SANSKRIT SHLOKAS

अभयं सत्त्वसंशुद्धि-र्ज्ञानयोगव्यवस्थितिः।
दानं दमश्च यज्ञश्च स्वाध्यायस्तप आर्जवम्॥

Fearlessness, purification of one's existence, cultivation of spiritual knowledge, charity, self-control, performance of sacrifice, study of Vedas, these are transcendental qualities.

न्यायार्जितधनास्तत्त्व-ज्ञानानिष्ठो-अतिथि प्रियः।
शास्त्रवित्सत्यवादी च गृहस्थो अपि विमुच्यते॥

A man who receives money from the right and justified means, receives loyalty rightly, in truthful and studies, he is a Godly man endowed with divine nature.

POETRY

FEARLESS

Fearless is loving someone
fearless is caring
fearless is falling in love when you don't have a chance
fearless is saving a friend
fearless is melting down in public
fearless is hoping someday will be different
fearless is trusting after you've been hurt
fearless can be anything
anyone can be fearless.



MORAL STORIES

1. FEAR OF THE DARK

Marina was extremely afraid of the dark. When the lights went out, everything and every shadow appeared to her as the most terrible of monsters. Her parents explained to her, everyday and with great patience, that these things were not monsters. Marina understood her parents, but she could not stop feeling an awful fear whenever it was dark.

One day her aunt Venita came to visit. Venita was an incredible woman. She was famous for her courage, and for having gone on many journeys of adventure, some of which had been made into books and movies. Marina wanted to conquer her fear of the dark. So she asked her aunt how she became so brave, and whether she had ever been frightened.



"A great many times, Marina," answered her aunt, "I remember when I was small and I was terribly afraid of the dark. I couldn't stay in the dark for even a moment".

Marina became very excited. How was it possible that someone so courageous could have been afraid of the dark?

"I'll tell you a secret, Marina. It was some blind children who taught me how to be brave. They can't see, so if they had never discovered the secret of how not to be afraid of the dark, they would have been forever frightened".

“It's true!" said Marina, intrigued, "Can you tell me that secret?"

"Of course! The secret is to change your eyes. Since blind children can't see, their hands are their eyes. All you have to do to conquer your fear is what they do. Shut the

eyes of your face and open the eyes of your hands. Let's make a deal: tonight, when you go to bed and put out the light, if anything makes you afraid, close your eyes, carefully get out of bed, and try to see what it is that's making you scared. But do it using your hands as eyes... and tomorrow tell me how you're getting on with the fear".

Marina accepted, but she was rather worried. She knew she would need to be brave to close her eyes and go and touch whatever it was that was frightening her; but she was willing to try because she was already too old for this. When her parents took her to bed, she herself put out the light. After a little while, she felt afraid of one of the shadows in the bedroom. Following the advice of aunt Venita, she closed the eyes of her face and opened the eyes of her hands. And, summoning up all her courage, she went over to touch that mysterious shadow...

The next morning Marina came running into the kitchen, a big smile on her face, and a song on her lips. "The monster is so soft and smooth!..." she cried,

"It's my teddy bear!"

2. THE YOUNG BUFFALO

One day, on the plains of Africa, a young buffalo named Walter approached his dad and asked him if there was anything that he should be afraid of.

"Only lions my son," his dad responded.

"Oh yes, I've heard about lions. If I ever see one, I'll turn and run as fast as I can," said Walter.

"No, that's the worst thing you can do," said the large male.

"Why? They are scary and will try to kill me."

The dad smiled and explained, "Walter, if you run away, the lions will chase you and catch you. And when they do, they will jump on your unprotected back and bring you down."

"So what should I do?" asked Walter.



"If you ever see a lion, stand your ground to show him that you're not afraid. If he doesn't move away, show him your sharp horns and stomp the ground with your hooves. If that doesn't work, move slowly towards him. If that doesn't work, charge him and hit him with everything you've got!"

"That's crazy, I'll be too scared to do that. What if he attacks me back?" said the startled young buffalo.

"Look around, Walter. What do you see?"

Walter looked around at the rest of his herd. There were about 200 massive beasts all armed with sharp horns and huge shoulders.

"If ever you're afraid, know that we are here. If you panic and run from your fears, we can't save you, but if you charge towards them, we'll be right behind you."

The young buffalo breathed deeply and nodded.

"Thanks dad, I think I understand."

We all have lions in our worlds.

There are occasions in life that scare us and make us want to run, but if we do, they will chase us down and take over our lives. Our thoughts will become dominated by the things that we are afraid of and our actions will become timid and cautious, not allowing us to reach our full potential.

James says, "Resist the devil and he will flee from you."

So face your fears.

Show them that you're not afraid.

Show them how powerful you really are.

And run towards them with courage and boldness, knowing that we are supporting you and cheering you on.

3. WINING FEAR

One night Renu saw a horrible film with her parents.

She felt thirsty and went to the kitchen to fetch a glass of water. Too lazy to put on the lights, Renu groped her way to the kitchen.

At that very moment, her mother too had got up to quench her thirst. Because of darkness, Renu walked straight into her mother. Her mind was still thinking about the horror movie. She thought that she was face to face with a ghost and started screaming.

Her father came running and switched on the lights. Lo and behold! She saw her mother standing in front of her. All her fears were gone now and she felt comfortable.

Renu decided not to see horror movie any more. Her mother told her to switch on the lights to dispel darkness. She never faced any fear after this.

Moral: Dispel the fear by removing the factors that cause fear.





You can watch the short film **"ABHAY"** on YouTube

HAUNTED FORT AND THE FEARLESS BOYS

Character -

Rajveer/Raju: A teenaged boy, Bhagwandas: head/ chief of the village, Girdhaari: A villager, Vijaypal: another teenager from the village, Ghosts (Thieves), Villagers, Police Inspector, Narrator.

SCENE 1

Narrator : *Villagers have assembled at the village's meeting place. The old head of the village Bhagwandas speaks up addressing fellow villager Girdhaari.*

Bhagwandas : Brother Girdhaari, have you too heard something about ghosts camping in the ruin of the fort towards the western side of our village?

Girdhaari : Yes, even I have heard the same Mukhiya Ji (Head of the village). But haven't seen it ever. We get to hear different kinds of stories about it each day.

Bhagwandas : Since the time ghosts and evil spirits have started camping in the ruins, weird incidents are taking place in the village. Valuables go missing from the house in the night.

Girdhaari : What? Has anything gone missing from your house too Mukhiyaji?

Bhagwandas : Yes Girdhaari. Just recently we bought a sewing machine, it mysteriously went missing one night.

Girdhaari : You are right Mukhiyaji. Sometimes clothes,

sometimes costly utensils, sometimes money and jewellery, some of the other valuables have been going missing from every household in the village. If it were thieves, we would have nabbed them and handed over to the police, what do we do to these ghosts? How would people catch them?

Bhagwandas : I have heard people saying that they have even heard loud music playing from the ruins past midnight.

A Villager : (Interrupts): Last night I myself heard somebody singing a devotional song from the ruins of the fort. Just last night I stayed late on my farm to water the crops, while returning when I reached the lane in front of the ruins I heard music and singing, when I looked inside I found no one but shadows and some kind of light.

Bhagwandas : Does anybody here have any idea of how we can drive these ghosts away?

Girdhaari : We were planning to call pandit Bhramanand. He is a great man and he might perform some rituals to help get rid of this ghost problem.

Bhagwandas : So, has anyone contacted Pandit Bhramanand?

Girdhaari : No one has contacted Panditji yet, we have come to you to discuss the same.

Narrator : *Meanwhile two teenagers reach the meeting place. One of the boys was Rajveer (15) another boy was named Vijaypal (13). The two hear the discussion. Rajveer moves ahead and participates in the discussions.*

Rajveer : (Looks at Bhagwandas) I don't think there are any ghosts camping in the ruins, who rob people's home during night.

Bhagwandas : Why don't you believe this boy? Haven't you

ever heard of stories that if a ghost is controlled by some evil human being, they even steal sweets from the sweet shops if commanded to do so?

Rajveer : Oh! That means the ghosts camping in the ruins too would be controlled and handled by some human being...right? They must be stealing valuables from people's house on that human's command then.

Vijaypal : Otherwise, why would ghosts need materialistic things like money... Jewellery and other valuables.

Rajveer : What you are saying is absolutely true Vijay... but I don't believe in these ghost stories. I feel all these are just hearsay and rumour.

Bhagwandas : Oh Rajveer, by virtue of living in the city for a couple of years, your way of thinking has changed totally. Just because you are a bit more educated than us, doesn't mean you will start disrespecting the decision of your elders.

A Villager : But Raju (Rajveer) people have heard music playing in the ruins past midnight. Nobody from our village goes there... then who must be playing music and singing there during late hours?

Bhagwandas : Who else could it be? It is definitely the ghosts.

Rajveer : But then why and for what joy do the ghosts play music and sing in the ruins during midnight.

Girdhaari : God Knows about that... but it is definitely not humans who sing and play music during midnight in the ruins. It has to be ghosts.

A Villager : And then what about those people who saw sparks in the place from where they heard

music playing. I have heard that the eyes of the ghosts shine like sparks. How would you explain that or would you say people are lying about all this?

Rajveer : I don't believe all this sparked eye theory too. What if they are humans smoking cigarettes... and people seeing it from far distance feel it is sparks but it is actually burning cigarette butts. These people are already scared...they believe in ghosts...hence they end up seeing what they fear.

Bhagwandas : You believe it or not Raju, we will go ahead and call Pandit Bhramanand Ji and resolve this issue once and for all. Following Yagya and rituals, we will be able to get rid of this trouble.

Rajveer : Uncle, I am not against the Yagya and rituals. Just that I don't believe in these ghost stories.

SCENE 2

Narrator : *Rajveer and Vijaypal are seen standing on the stage. The two are seen talking something to each other.*

Rajveer : Hey Vijay, let us go to the ruins tonight... I want to know who is singing and playing music there. And if it is really ghosts...Then we will also find out how they look like.

Vijaypal : No Raju... this is not my cup of tea. What if a ghost catches and haunts me... what then?

Rajveer : Why? Will ghosts kill you for no reason?

Vijaypal : God knows...what they will do. If they get angry...nobody can save us from their wrath then.

Rajveer : Don't stress over it Vijaypal, my friend. We will just see them from far away and verify if ghosts really are camping in the ruins and come back discreetly. Ghosts won't find out.

Vijaypal : How is that possible?

Rajveer : We will get into the fort ruins much before the midnight and quietly hide near its rear side. The wall there is damaged...hence we will remove a brick from it and make a hole. Once the ghosts arrive there we will be able to watch them quietly without them knowing it.

Vijaypal : But then it will be too dark there, how will we see them?

Rajveer : It's moonlit nights this time of the month, we would be able to see everything clearly from that the hole we will be digging.

Vijaypal : But Raju... my brother, I am really scared. What if something untoward happens?

Rajveer : Nothing will happen Vijay...you just relax. When everybody at home is asleep, I will discreetly sneak out and come to your place and pick you up. And then we will go towards the ruins together.

Vijaypal : Ok, but just one more thing... when will you remove the brick and dig a hole into the wall?

Rajveer : That I will do earlier during the day. You don't worry about that.

SCENE 3

Narrator : *Both the boys Vijaypal and Rajveer reach the ruins and taking the opportunity of the darkness hide behind the rear wall. It's a "pin drop silence" around the place and the entire area around the ruins is slightly lit with*

the moonlight.

Vijaypal : No ghosts around yet...I guess.

Rajveer : Speak softly please, voice reverberates during the night.

Vijaypal : What's the time by the way?

Rajveer : Let me see... (Checks time in his wristwatch) It's 12:25 am. The gang of ghosts will be here anytime now.

Narrator : *Vijaypal peeps into the hole and sees something that runs down chills to his spine.*

Vijaypal : Look at this... some shadows are moving inside.

Rajveer : (Also peeps into the hole in the wall ... with extreme curiosity) Yes, the ghosts are here. Let's wait patiently and see what they do now.

Ghost 1 : Wow! Tonight, we managed to steal more than enough from the house of the village chief.

Ghost 2 : And we were lucky that nobody in the house woke up while we were comfortably stealing their house.

Ghost 3 : Stop discussing this useless thing... start playing the bhajan (Devotional songs) tape so villagers continue to believe the ghost story.

Ghost 1 : At least let us first divide the stolen booty and share it amongst ourselves friends.

Ghost 2 : Stolen booty can be divided later on... but for now, we need to think and plan our next move. We have stolen from almost all the households in this village. Nothing much is left to steal here now. Let's leave this place and go elsewhere.

Ghost 1 : Let's go and target another village nearby.

Ghost 3 : Right... this is a brilliant idea. Anyway, the villagers are calling some pandit to get rid of

ghosts. They will think that due to the yagya and rituals performed by the pandit... all the ghosts ran away. And in this manner, they will become even more superstitious.

Ghost 1 : You are right, let's go to another village and set our camp at some secluded place or ruins there.

Ghost 2 : So, then its finalized... the day they perform yagya and ritual in the village... we will leave this place and shift to another village. Let them feel that ghosts disappeared miraculously due to their Yagya.

Ghost 3 : Ok. Now let us light one-one cigarette each... let's peacefully smoke and then divide the stolen booty equally amongst us.

Ghost 1 : Switch on the Bhajan tape...let it play so that people think the ghosts have arrived.

Narrator : *Melodious devotional songs start playing.*

Rajveer : (Presses Vijaypal's hand as if indicating something) Vijaypal let's get out of here immediately.

Vijaypal : Yes, let's quickly sneak out.

Narrator : *The two rushed out of the ruins in no time.*

Rajveer : Did you see Vijay... people in the village are thinking there are ghosts in the ruins...when actually this is the handiwork of cunning thieves.

Vijaypal : If you hadn't gathered courage and come here... we would have never known the truth.

Rajveer : Courage and fearlessness are the keys to success.

Vijaypal : Agreed. But, Raju now that the mystery behind the ghosts in the ruins has been revealed, what should we do next?

Rajveer : For now, we will not say a word about this to the Mukhiyaji (Village head). They might not believe us.

Vijaypal : Then what should we do?

Rajveer : We will rush to the police station first thing in the morning and report all about what we saw at the ruins.

Vijaypal : Ok... Even I shall accompany you to the police station in the morning.

SCENE 4

Narrator : *Police is seen on the stage, Senior inspector and some armed police personnel are seen standing at the village meeting place.*

Inspector : (To Village head) We have come here to nab the ghosts camping in the ruins.

Bhagwandas : What are you saying sir, is it ever possible to nab ghosts and spirits?

Inspector : We will definitely nab them... assist and support us in the mission.

Bhagwandas : I have never in my life heard about police catching ghosts.

Inspector : If you have never heard it... then hear it now... even see it for yourself.

SCENE 5

Narrator : *It's almost midnight. Police along with the villagers surround the ruins from all around in larger numbers. Meanwhile the ghosts arrive at the spot and as usual, start playing music.*

Inspector : (Shouts warning in the loudspeaker) Whoever it is inside.... We are aware you are not ghosts. So, do not try to escape, you have been surrounded by all sides. If you try to run will have to shoot you. If you have any kind of weapons put them down

and surrender.

Narrator : Suddenly there is a commotion as if people are running. Police, however, manages to catch hold of all three thieves.

Inspector : (Pats Rajveer's and Vijaypal's back and praises them). You kids have done a very courageous task. You two revealed the secret/ mystery of ghosts before the entire village. Above all, you boys have helped the police in nabbing such criminals. Police will award you for this bravery very soon. Our country today needs such brave and courageous kids.

Moral: Courage and fearlessness is the key to success.

ANSWERS OF CROSSWORD :

1. Limitless	2. Gita	3. Bold	4. Powerful
5. Excuse	6. Back	7. Upright	8. Fearless
9. Devil	10. Strong	11. Fear	

ANSWERS OF SCRAMBLE :

• Baffles • Drizzle • Armours • Exclaim

Fearless



GAMES

DEALING WITH FEAR

Material: Slip of papers, pencil/pen and basket

Description: Children explore fears and ways to approach their fears with courage.

Activity: Ask children to spend a couple of minutes thinking about their fears in any area of life. After two minutes, distribute slips of paper to every child and ask them to choose one fear to write on the slip of paper. Tell them that the fears will be shared anonymously. Give them 5 minutes to write their fear. Ask them to fold the slip of paper. Collect the fears in a basket and take turns choosing and reading aloud one fear at a time. The group will discuss ways to approach each fear that would take courage. If not, enough fears are offered, consider talking about these: fear that you will lose friends, fear of being ridiculed, fear of being wrong, or fear of bodily harm. Once the basket is empty, discuss the following:

Courage has boundaries. When is it risking too much when facing a fear? How can we help each other when facing fear?

2. ASSERTIVE COMMUNICATION

Things To Do :

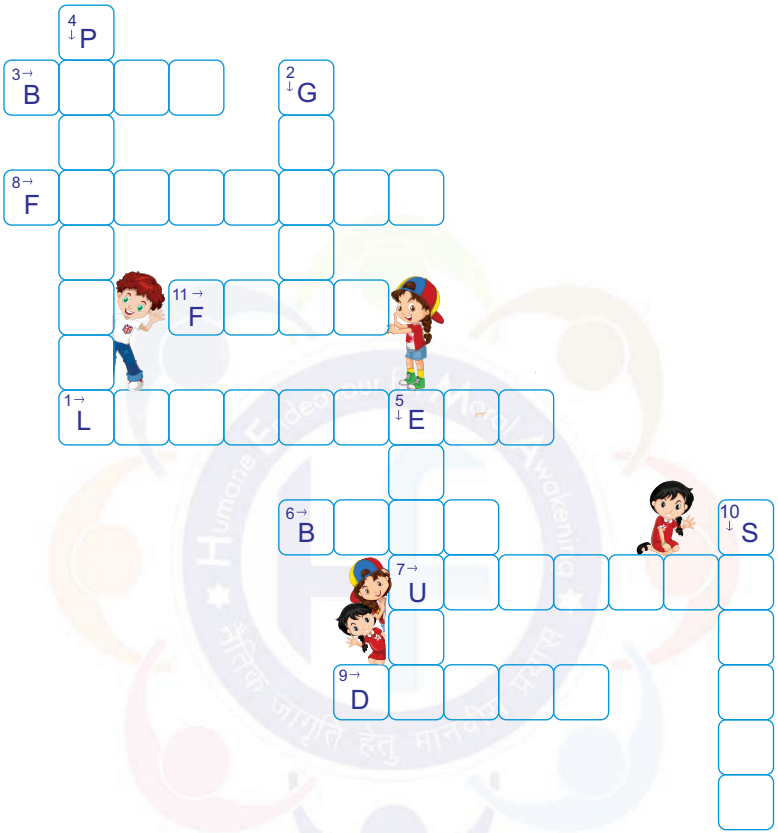
Instruct students to write three instances where they asserted their mindsets in a communication process and how they felt after that. It could be a success or a failure communication.

They could set their goal to be assertive in the future if there were no such instances in their life.

Learnings :

With this activity, students learn to stand up for them and be more assertive too.

CROSSWORD



Find the answer to the sentence and fill the crossword above. The number of letters of the word has been given as clue.

Questions :

1. Once you become fearless life becomes_____ .(9)
2. Bhagavad _____ teach us to be fearless. (5)
3. A fearless person is also _____ . (4)
4. Once you overcome your fear you become more_____ . (8)

5. Fear is the _____ not to do something. (6)
6. Fear holds us _____ . (4)
7. A fearless person stands tall and _____. (7)
8. The best way to be successful is to be _____. (8)
9. Resist the _____and he will flee from you (5)
10. A truly _____ person can beat their fear. (6)
11. Do what you _____and your fear will disappear. (4)



SCRAMBLE

Arrange these jumbled letters to form a word. Pick the encircled letters from the words and form another word. This will give you the missing word in the sentence below.

FAEBSFL

LZREZDI

MSRORUA

CEMALIX

By his voice and his utterly_____action in social and political matters, our Prime Minister, Mr. Modi became a great power of the world.



PUZZLE

In the puzzle below, you have 12 words which are synonyms for **ABHAY.** You will find them in different pattern. One of the words is done for you. Find the rest.

L	F	G	C	F	J	A	S	T	Y	E	J	S	B	A
D	E	P	L	O	U	A	S	Y	G	H	Z	X	R	E
U	A	Y	I	W	M	Z	G	N	A	I	K	W	A	A
O	R	J	F	A	P	Z	E	H	O	W	P	Q	V	Z
P	P	O	F	D	F	L	A	A	H	P	O	W	E	R
A	A	E	G	U	L	Q	A	C	Z	G	C	C	Z	X
C	O	U	R	A	G	E	I	T	S	A	D	L	L	E
J	O	E	H	N	W	F	A	I	T	Q	X	I	A	G
F	A	C	I	L	E	Z	Y	V	E	D	W	M	S	E
R	F	R	E	E	D	O	M	I	K	G	A	B	K	M
I	A	F	G	A	S	W	X	T	Z	Y	W	I	N	B
D	W	G	D	W	N	A	G	Y	N	B	X	N	Z	M
L	D	A	N	G	E	R	K	S	A	Y	L	G	S	A
K	S	F	N	C	E	U	S	A	P	L	S	X	W	Q

Words

Courage : His words put courage into every heart.
Challenge :
Brave :
Ocean :
Freedom :
Power :
Activity :
Fear :
Cliff :
Climbing :
Danger :
Jump :

CASE STUDY



RANI DURGAVATI

Rani Durgavati (5 October 1524 – 24 June 1564) was the ruling Queen of Gondwana from 1550 until 1564. She was born in the family of Chandel king Keerat Rai. She was born at the fort of Kalinjar (Banda, Uttar Pradesh). Rani Durgavati's achievements further enhanced the glory of her ancestral tradition of courage and patronage.

Rani Durgavati's achievements further enhanced the glory of her ancestral tradition of courage In 1542, she was married to Dalpat Shah, the eldest son of King Sangram Shah of Rajgond Dynasty. The Chandel and Rajgond dynasties were allied because of this marriage. This resulted in Keerat Rai gaining the help of the Gonds at the time of Muslim invasion of Sher Shah Suri.

She gave birth to a son in 1545 A.D. who was named Vir Narayan. Dalpat Shah died in 1550 and due to young age of Vir Narayan, Durgavati took the reins of the Gond kingdom. Diwan Beohar Adhar Simha and Minister Man Thakur helped the Rani in looking after the administration successfully and effectively. Rani moved her capital to Chauragarh in place of Singaurgarh. It was a fort of strategic importance situated on the Satpura hill range.

After the death of Sher Shah, Sujat Khan captured Malwa and was succeeded by his son Baz Bahadur in 1556. After ascending to the throne, he attacked Rani Durgavati but the attack was repulsed with heavy losses to his army.

In the year 1562, Akbar vanquished the Malwa ruler Baz Bahadur and annexed Malwaunder Mughal dominion. Consequently, the state boundary of Rani touched the Mughal Sultanate.

Her martyrdom day (24 June 1564) is even today

commemorated as "Balidan Diwas".

In the year 1983, the Government of Madhya Pradesh renamed the University of Jabalpur as Rani Durgavati Vishwavidyalaya in her memory. Government of India issued a postal-stamp commemorating her death, on 24 June 1988. The train between Jabalpur Junction and Jammutawi is known as Durgavati Express after the name of the Queen.



KIRAN BEDI

Kiran Bedi was born on 9th June, 1949, in Amritsar, Punjab. In 1972 she joined police services and became first Indian woman IPS officer. At present she is a retired police IPS officer.

In 1968, Kiran Bedi did BA degree from Government College of Women, Amritsar. After that she pursued Master's Degree in Political Science from Punjab University Chandigarh, and graduated as topper in her batch in 1970. In 1988, she also obtained Bachelor of Law from Faculty of Law, University of Delhi. Later in 1993, she completed her Ph. D in Social Sciences from Department of Social Sciences, Indian Institute of Technology Delhi.

In May 2005, she was awarded with an honorary degree of Doctor of Law in recognition of her "humanitarian approach to prison reforms and policing"

In 1970, Kiran Bedi started her career as lecturer in Khalsa College for Women, Amritsar; but worked for two years. And in 1972 she became first Indian Woman IPS officer, and continues to serve the country with courage and strength. Kiran Bedi held the position as Director General at the Bureau of Police Research and Development. During her

IPS duty, she served in many toughest assignments ranging from New Delhi traffic postings, Deputy Inspector General of Police in Mizoram and Advisor to the Lieutenant Governor of Chandigarh. She also took the responsibility as Director General of Narcotics Control Bureau, to a United Nations delegation, where she became the Civilian Police Advisor in United Nations peacekeeping operations.

She plays an important role in the life of every Indian woman, and is perceived as a role model, support for many women and many women IPS aspirants of our country.

During her tenure she was awarded with numerous trophies and honors. Some of the worth mentioning among them are:

- Suryadatta National Award, 2007
- United Nations Medal, 2004
- Mother Teresa Award for Social Justice, 2005
- Woman of the Year Award, 2002
- Ramon Magsaysay Award, 1994
- President's Gallantry Award, 1979



NAPOLEON BONAPARTE

Napoleon Bonaparte was the French Emperor and also the King of Italy as Napoleon I. His actions shaped European politics in the early 19th century.

Bonaparte was born in Corsica. His parents were of noble Italian birth. He was trained as an officer in mainland France, became important under the First French Republic. He led successful campaigns against Coalitions of enemies of the Revolution. In 1799, he staged a coup d'état to make himself First Consul. Five years later the French Senate

declared him Emperor. In the first ten years of the nineteenth century, the French Empire under Napoleon waged the Napoleonic Wars. Every European great power joined these wars. After a number of victories, France became very important in continental Europe. Napoleon increased his power by making many alliances.

Napoleon spent the last six years of his life confined by the British on the island of Saint Helena. A doctor said he died of stomach cancer but some scientists think he was poisoned.

French people remain proud of Napoleon's glory days. The Napoleonic Code reflects the modern French Constitution. Weapons and other kinds of military technology remained largely static through the Revolutionary and Napoleonic era, but 18th century operational mobility underwent significant change. Napoleon's biggest influence was in the conduct of warfare.

On the world stage, Napoleon's conquest spread the ideas of the revolution. He sparked nationalist feeling across Europe. He was also known as “The Leader Of France”.



MOVIE: LAKSHYA (2004)

Main Aisa Kyun Hoon

Main Aisa Kyun Hoon...(7)
Main Jaisa Hoon, Main Vaisa Kyon Hoon
Karna Hai Kya Mujhko, Ye Maine Kab Hai Jana
Lagta Hai Gaoonga, Zindagi Bhar Bas Ye Gaana
Hoga Jaane Mera Ab Kya
Koi To Bataye Mujhe
Gadbad Hai Ye Sab Kya
Koi Samjhaye Mujhe
Main Aisa Kyun Hoon...(7)
Main Jais... Kyun Hoon

Ab Mujhko Ye Hai Karna, Ab Mujhe Wo Karna Hai
Aakhir Kyon Main Na Janoon, Kya Hai Ki Jo Karna Hai
Lagta Hai Ab Jo Seedha, Kal Mujhe Lagega Ulta
Dekho Na Main Hoon Jaise, Bilkul Ulta Pulta
Badlonga Main Abhi Kya
Manoon To Kya Manoon Main
Sudhrunga Main Kabhi Kya
Ye Bhi To Na Janoon Main
Jaane Ab Mera Hona Kya
Lagta Hai Tumko Kya
Jaane Ab Mera Hona Kya Hai
Kya Main Hoon, Jaisa Bas Vaisa Rahunga
Karna Hai Kya... Main Ye Gaana
Hoga... Samjhaye Mujhe
Main Aisa Kyun Hoon...(7)
Main Aisa Aisa Aisa Hi Hoon

RESOLUTION

THE PLEDGE

We resolve to be courageous and overcome fear as it is only as deep as our mind would allow it.

ASPIRE TO INSPIRE



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

LET'S STEP OUT...



Our soldiers defend our country from areas which are very hostile (mountainous, freezing cold). They are not afraid of enemies. There are many children who have won National Bravery Awards for showing enormous courage.

1. Arrange visit of children to army camps. Let army men tell children the stories of courage and grit.
2. Arrange visit of children to meet the winners of National Bravery Awards.
3. Ask children to share what they have learnt from meeting such people.

WHAT MORE!!

- Essay Writing
- Debate
- Drawing
- Group Discussion
- Street Play
- Extempore speech
- Eco-friendly painting
- Field project
- Mono acting

DAGDU



INTRODUCTION

The most important quality that one needs everyday is self confidence. When faced with failures, it is our self confidence that makes us determined to move ahead. There are times when our friends tease and humiliate us. These are times when we should exhibit our potential that people will admire.

DAGDU is a story of self-determination of a boy whose name was DAGDU (stone).

Deeply concerned about his name, the boy does not allow despise and mockery made of his name by his school mates and even the teacher.

His self-determination leads him to success and win over others.

In his book 'How to win friends and influence people' Dale Carnegie has written a universal truth about names. He said "Remember that a person's name is to that person the sweetest and most important sound in any language."

Let us all appreciate this universal truth.



LIFE SKILL QUESTIONS

1. When is an individual confident?
2. Have you faced similar predicament like DAGDU, where people have called you out by some other words?
3. If you were Dagdu's fast friend, what advice would you give him?



- “With realization of one’s own potential and self-confidence in one’s ability, one can build a better world.” **- Dalai Lama**

- “One important key to success is self confidence. An important key to self confidence is preparation.” **- Arthur Ashe**

- “Have confidence that if you have done a little thing well, you can do a bigger thing well too.” **- David Storey**

- “Believing that the dots will connect down the road will give you the confidence to follow your heart.” **- Steve Jobs**

- “Confidence is the most important single factor, and no matter how great your natural talent, there is only one way to obtain and sustain it: work.” **- Jack Nicklaus**

टिट्टिभा : भो देव जलधि ! मम जनित अण्डाः भवतः जले निमज्जितः । कृपया तान् प्रत्यर्पयतु। अन्यथा मम अपत्याः नष्टाः भविष्यन्ति। तान् विना अहम् कथं जीवामि? कृपया दयां कृत्वा माम् उपकुर्वन्तु।

Titoda Bird : O Lord of Water, sea god, my eggs have sunk in your water. Please give me back otherwise my children will die. How would I survive without them please have pity on me.

समुद्र : सामान्य स्थितिः, समुद्रस्य जलावेगस्य ध्वनिः

Sea : The sound of the sea and its condition.

टिट्टिभा : निराशया खिन्नमनसा समुद्रं प्रति बहुनिवेद्यापि जड्मतिः इव निष्ठुरः अस्ति। ममअपत्यान् मारयितुं इच्छति। अस्तु अहं अधुना सङ्कल्पयामि यत् भवान् शुष्कं कथंभवेत् इति प्रयत्नं करिष्यामि।

Titoda Bird : (Disappointed) says to the sea - I prayed a lot for you, but you are cruel and inert. Want to kill my children. It's OK. I will take a pledge now, I will dry you out.

(इति विचिन्त्य सः स्वस्य लघु चच्चा जलं स्वीकृत्य बहिः क्षिपति।)

(Having said this, he filled water in his small beak and started throwing it out of the sea.)

नेपथ्यत : अरे! टिट्टिभा समुद्रं शुष्कं करोति... हा ! हा!! हा !!! हा !!!!, गरुडः ध्वनिं श्रुणोति

Background: Hey! It is drying the sea. Eagle is standing and laughing

गरुड : अरे! मम भगिन्याः टिट्टिभायाः सङ्कल्पं तु दुष्करम्। परं तस्याः अपत्यायाः जीवनरक्षणं तु अत्यन्तं आवश्यकम्। मया एव किमपि चिन्तनीया।

Eagle : My sister has taken a pledge and it is also necessary to save her children. I am also worried.

(टिट्टिभा जलक्षेपणं कुर्वन्ति ..... गरुडः प्रविशति)

Titoda bird was taking out the water when the eagle came there.

गरुड : (टिट्टिभायै धैर्यं ददाति) चिन्तामास्तु भगिनि टिट्टिभे! अहं वार्ता करोमि। (पुनः समुद्रं प्रति संबोधयति) भो जलधि! श्रुयन्ताम्! एतस्याः अण्डाः प्रत्यर्पयतु, अन्यथा अहम् एव भवतः विरुद्धं अग्रे आगमिष्यामि।

Eagle : (Giving him patience). Don't worry sister I will speak. Then he said to the sea- Listen sea, return the children, otherwise I too will oppose you.

समुद्र : (भीतः) क्षम्यताम् ! नूनम् अहम् जड्मतिः एव। टिट्टिभायाः करुण निवेदनं न श्रुतवान्। (अण्डानि बहिः क्षिप्त्वा) टिट्टिभे! स्वीकरोतु स्वस्य अपत्यान् रक्षयतु।

Sea : (Afraid) Forgive me I'm a fool. I did not hear its compassionate request. Taking out the eggs, says- Take this, protect your children.

टिट्टिभा : (प्रसन्नतायाः स्वरेण) समुद्राय गरुडाय च साधुवादं ददाति।

Titoda Bird : With gratitude he thanked both the sea and the eagle.

सार- दृढ़संकल्प से असाध्य कार्य भी साध्य हो जाते हैं।

Abstract- Due to determination, difficult work also become simple.



SANSKRIT SHLOKAS



येन कर्माण्यपसो मनीषिणो यज्ञे कृण्वन्ति विदथेषु धीराः ।
यदपूर्वं यक्षमन्तः प्रजानां तन्मे मनः शिवसङ्कल्पमस्तु॥

The mind, with the help of which the learned (Sage, Muni etc.) perform Yajna, Chanting, penance, engaged in the practice of Karmayoga, that (mind) which is uniquely located in the body of all the people, that mind of mine is auspicious. (beautiful and with sacred thoughts).

यत् प्रज्ञानमुत चेतो धृतिश्च यज्ज्योतिरन्तरमृतं प्रजासु ।
यस्मान्न ऋते किञ्चन कर्म क्रियते तन्मे मनः शिवसङ्कल्पमस्तु॥

My mind should be well-wished for all those beings who are filled with mind, knowledge, mind, patience, form, indestructible soul, which exist in the form of light.



POETRY

DO YOUR BEST

Open your door
For you to see
the real beauty.
You shine when
you give out your best.
Practice what you've
done from the very beginning.
Master your skills,
the one that adores
you the most.
Appreciate it
every single day.
& one day
when you wake up
You'll be glad that you did it!



MORAL STORIES

1. WILMA RUDOLPH : A STORY OF DETERMINATION

Wilma Rudolph overcame long odds to become one of the world's best-known athletes. How and why she did what she did is as amazing as her accomplishments.

Born premature into a large family of African-Americans on June 23, 1940, in Bethlehem, Tennessee, was the 20th child to her parents. She had many diseases as a child, including polio, scarlet fever, and pneumonia; one result of this was that her left leg was partially deformed.

A determined personality, she wore braces to help herself walk. Her family gave her daily massages on her leg and also drove her to physical therapy sessions.

It resulted in walking without the braces at a very young age; when she was 9 years old! Two years later, she was playing basketball! (In her later life, she was fond of saying this: "My doctors told me I would never walk again. My mother told me I would. I believed my mother.")

Rudolph proved to be a remarkable athlete and caught the attention of the track coach at nearby Tennessee State University, who coached her in track throughout her high school years. She never lost a high school track meet and attended college practices while she was still in high school. At age 16, Wilma competed for and won a spot on the U. S. Olympic Team. Her 4x100-meter relay won the bronze medal at the 1956 Olympics in Melbourne, Australia.

She kept running and got better and better. She enrolled at Tennessee State and continued to win track meets. At the 1960 Olympics in Rome, she became the first American woman- white or black—to win three gold medals in one Olympics. She won the 100 meters, 200 meters, and 4x100-meter relay. Many people called her the "World's Fastest Woman." She was named the Associated Press Female

Athlete of the Year.

Suddenly, Wilma Rudolph, who was once a little girl who couldn't walk without the help of leg braces, was an international track star. She toured other countries, winning big cheers in England, Germany, Greece, and the Netherlands. When she spoke, people listened.

Her return to home to Tennessee was a momentous occasion as well. The governor of her home state wanted to have a victory parade for her, but Rudolph wouldn't allow it unless it didn't include restrictions on people's skin color. The governor agreed, and the parade was the first integrated event in Clarksville, where she had lived since she was very young.

Rudolph remained a public figure, working to help young athletes get better and to improve the rights of African-Americans. She worked as a track coach at DePauw University, in Indiana. She created the Wilma Rudolph Foundation to help young athletes get the recognition and support they deserved. She was voted into the National Track and Field Hall of Fame, as well as the Black Athletes Hall of Fame and the U. S. Olympic Hall of Fame. She was also a sports commentator.

In 1963, she married Robert Eldridge; they had four children.

Sadly, she died of brain cancer on November 12, 1994. She was just 54. She was remembered as an amazing athlete and a powerful voice for African-Americans and their struggle for equality.

2. THE MAGIC OF SELF CONFIDENCE

There was a business executive who was deep in debt and could see no way out. Creditors were closing in on him. Suppliers were demanding payment. He sat on the park bench, head in hands, wondering if anything could save his

company from bankruptcy.

Suddenly an old man appeared before him. “I can see that something is troubling you,” he said. After listening to the executive's troubles, the old man said, “I believe I can help you.”

He asked the man his name, wrote out a cheque, and pushed it into his hand saying, “Take this money. Meet me here exactly one year from today, and you can pay me back at that time.” Then he turned and disappeared as quickly as he had come.

The business executive saw in his hand a cheque for $500,000, signed by John D. Rockefeller, then one of the richest men in the world!

“I can erase my money worries in an instant!” he realized. But instead, the executive decided to put the uncashed cheque in his safe. Just knowing it was there might give him the strength to work out a way to save his business, he thought.

With renewed optimism, he negotiated better deals and extended terms of payment. He closed several big sales. Within a few months, he was out of debt and making money once again.

Exactly one year later, he returned to the park with the uncashed check. At the agreed-upon time, the old man appeared. But just as the executive was about to hand back the cheque and share his success story, a nurse came running up and grabbed the old man.

“I'm so glad I caught him!” she cried. “I hope he hasn't been bothering you. He's always escaping from the rest home and telling people he's John D. Rockefeller.”

And she led the old man away by the arm.

The astonished executive just stood there, stunned. All year long he'd been wheeling and dealing, buying and selling, convinced he had half a million dollars behind him.

Suddenly, he realized that it wasn't the money, real or imagined, that had turned his life around. It was his new found self-confidence that gave him the power to achieve anything he went after.

3. THE WHITE ROSE

In a garden filled with bushes, out from between a load of grass and weeds, there appeared, as if from nowhere, a white rose. It was as white as driven snow, its petals looked like velvet, and the morning dew shone from its leaves like resplendent crystals. The flower couldn't see herself, so she had no idea how pretty she was. And so, it was that she spent the few days of her life, until wilting set on, without knowing that all around her were amazed by her and her perfection: her perfume, the softness of her petals, her elegance. She didn't realise that everyone who saw her spoke well of her. The weeds that surrounded her were fascinated by her beauty and lived in a state of enchantment at her aroma and appearance.

One hot, sunny day, a girl was strolling through the garden, thinking about how many lovely things Mother Nature has given us, when she suddenly saw a white rose in a forgotten part of the garden. The rose was beginning to fade and wilt.

"It's days since it rained," she thought, "if the rose stays here till tomorrow it'll be totally withered. I'll take it home and put it in the lovely vase I got as a present."

And so, she did. With all her love she put the wilting white rose in water, inside a lovely colourful glass vase, and placed it by the window. "I'll put it here," she thought, "so the flower can get some sun." What the young girl didn't realise was that the reflection from the window meant that, for the first time, the rose got to see herself and what she looked like.

"Is that me?" thought the rose. Little by little her drooping leaves began to rise, once again stretching up towards the sun, and, gradually, the rose recovered her former appearance. When she was totally back to her best, she looked at her reflection and saw that she was indeed a beautiful flower. She thought "Wow! Till now I hadn't realised who I was, how could I have been so blind?"

The rose came to realise she had spent her days without appreciating her beauty, unable to see herself, unable to know who she really was.

Moral: If you really want to know who you are, forget everything that's around you, and just look into your heart and believe in yourself.





You can watch the short film **"DAGDU"** on YouTube

ANSWERS OF CROSSWORD :

1. Think	2. Hanuman	3. Yourself	4. Confidence
5. Believe	6. Maximum	7. Admire	8. Weapon
9. Inner	10. Faith	11. Success.	

ANSWERS OF SCRAMBLE :

• Convict • Credit • Firm • Knowledge Confidence



INSPIRATIONAL PLAY

THE POWER OF CONFIDENCE

Character -

Dinesh Kumar: Dinesh, Vinod Kumar: Vinod / Birju

Raj Kumar: Rajan, Teacher, Father, Narrator.

Narrator : *Stage (Set): (Dinesh's house. Dinesh is sitting in his study room. There is a table lying between four and five chairs. Some newspapers, books and two to three pages and a glass kept on a table. Dinesh is reading a book and suddenly the doorbell rings.*

Dinesh : Who is it?

Vinod : It's me Vinod Kumar alias Birju.

Rajan : And I am Rajan alias Rajkumar. Open the door brother.

Narrator : *Dinesh gets up and opens the door on the right side of the stage.*

Dinesh : Come on in, you two.

Narrator : *Vinod bleats like a goat, Rajan meows while getting in. Meanwhile, Dinesh greets the two by roaring like a Lion. The three have a good laugh and take their seats.*

Dinesh : No matter how old we grow up, the child within him will always be alive.

Rajan : If we abandon the child within us then we would get old and age even before we become young.

Dinesh : (Laughs) Absolutely right. If a man forgets his childhood and abandons the child within them, then nothing remains of him.

Vinod : True, by the way Dinesh, have you submitted the admission form for engineering? I aspire to become an agricultural scientist so I will opt for that.

Dinesh : Yes, I have submitted the admission form for engineering. Rajan, what are you planning to opt for?

Rajan : You know already Dinesh, that I aspire to become a doctor. I am just awaiting our class XII results.

Dinesh : At least go fill the admission form and submit it. None of us is going to fail anyway. Then become a doctor, earn loads of money. Make a patient out of a good healthy person! (laughs).

Vinod : Dinesh... you just look at every job only from the point of view of earning money. Fine, we can acquire higher education and get top jobs. However, just earning good money is not the "only" and "ultimate" goal.

Dinesh : (Laughs) you will always be silly. After working hard and completing higher studies are we going to sing devotional songs in some temple or ashram?

Rajan : Is working hard and earning money a bad thing? My father does farming. He works very hard day and night on his farm.

Vinod : (gets serious) I know that earning money too should be an important goal of life. However, if we only think about earning money and financial gains for ourselves, then that would be our selfishness according to me.

Dinesh : Oh brother, so you are saying that we work hard, complete our education, get jobs and then think about others. That's excellent (sarcastically).

Vinod : Don't misunderstand me, friends... what I meant was along with ourselves we must also think about others. There are so many people in this country today who are helpless and need our help and assistance in some way.

Dinesh : We can contribute to the government and society even after getting lucrative jobs.

Vinod : And from where will we find so many jobs?

Dinesh : Oh wow! See our friend Vinod has already

become a social worker. Now Rajan you too tell me... will you too treat your patients for free and do some social service?

Rajan : Medical profession itself is a contribution to the society and part of social service. To earn money and do social service too.

Vinod : This is where we put it wrongly. We can easily earn as much as we need for ourselves. We can even save a little. But what is the point in hoarding wealth that is more than our capacity to handle.

Dinesh : Vinod, you can do whatever you feel like. Our aim is to earn loads of money...which we will fulfil (Laughs heartily).

Vinod : Ok. You go ahead and choose whatever path you want to in life. I have decided that I will pursue agricultural science. Once I become an agricultural scientist I will live in some remote village. I will teach farmers advanced methods of farming and cultivating. If the crops are of high quality and quantity, then our country will be prosperous and powerful.

Narrator : *Meanwhile, Dinesh's father and their teacher enter the room. All three touch the feet of their teacher and seek his blessings. Both Dinesh's father and teacher pull chairs and sit.*

Teacher : I was listening to all three of you for quite some time now. I am well aware that all three of you are very promising and bright kids. All three of you have contributed to improve my school's reputation. And I am pretty sure that you three are not just going to pass your class XII but also that none can stop you from claiming top positions in the state merit list. Besides this, I am so glad that you three boys are already aware and are preparing for your future life.

Dinesh's father: Sir, this is the fruit of your teachings to them, otherwise nowadays many kids are still

clueless about what they want to do in future.

Teacher : These are also the results of hard work and blessings of the parents. All three of you are very talented and brilliant. All you need right now is the right kind of guidance.

Vinod : Sir, you have heard the views of all three of us. Kindly guide us on this, please.

Teacher : Yes I have heard your views, and I found out how all three of you are keen on opting for higher studies. My boys, our country today is in need of youth like you. You three have always been together and so I would suggest that all three of you continue to be together.

Rajan : Teacher, till date we have followed whatever you tell us, due to which we could make ourselves capable of what we are today. Even in future, we wish to walk on the right path. (with folded hands) Please guide us on what path the three of us must select after we complete our higher studies.

Teacher : My dear students, I would suggest currently all three of you must focus on completing your higher education. All three of you will emerge meritoriously I am sure. Following this, you must together move to some remote village and start a new life there. Contribute to improving the conditions there. My blessings are always with you.

Narrator : *All three boys stand up and touch the feet of the teacher and father and take a pledge.*

Trio : (Together) We pledge to spend our future lives in remote villages, becoming a social worker and contributing through our own field of study.

Moral: Positivity, confidence, and persistence are the key to achieve any goal in life.

---- END ----

GAME

1. ALWAYS HAVE POSITIVE APPROACH

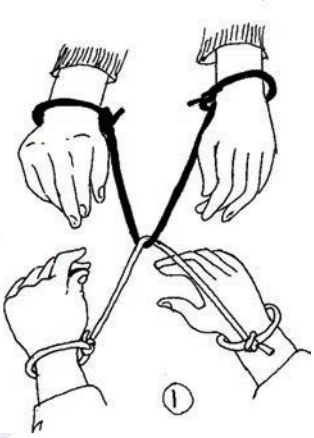
Take a candle, light it and ask kids what are the things required to burn a candle. The answer will be oxygen, air, match box, candle etc. Now, turn the candle up side down. After few seconds the candle will go off.

Same way if our approach in life is not positive we will not shine....

2. NOTHING IS IMPOSSIBLE....

Requirement: 6 ropes each 3 ft long.

Call 6 players, make groups of 2 players, tie ropes as shown in picture 1. Don't tie too loose or too tight, let a space of one finger between the wrist and tie rope . Now 6 kids are made into 3 pairs.



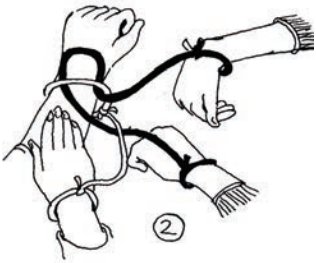
Teacher : Now I have handcuffed all of you. Without opening the knot without removing the rope you have to get free, neither you have to break the rope----

Every one tries but none of them is able to do so----- after 5 minutes.

Teacher : We are not able to get free even after trying a lot. To come out of this situation we need to use our brain and not our strength. - Let me explain.

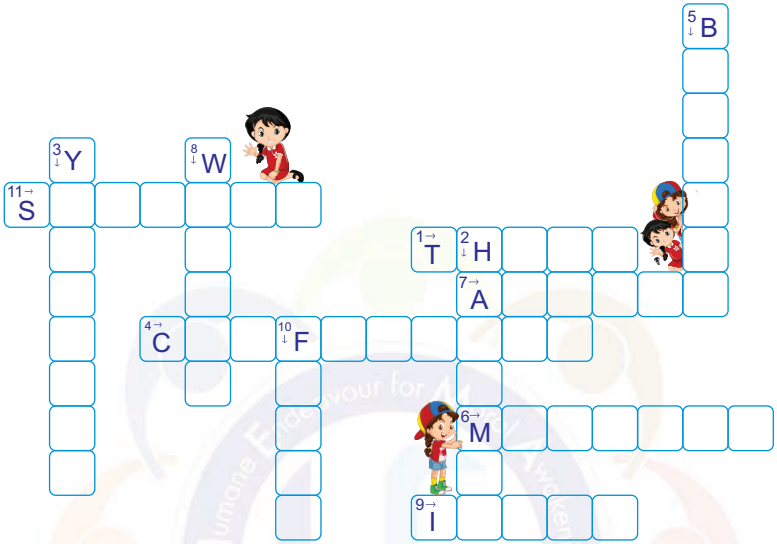
1. Both stand facing each other.
2. One person catch the rope from the right hand.
3. Put the rope to the left hand and put it in back of it.
4. The rope which is in front, take the left hand out of it and you will get free.

(Teacher should explain it to all by calling one boy and even practice once before displaying in front of kids so that no hassle happens.)



Teacher : Children, sometimes our cleverness or presence of mind will help us to solve our task, so we should always try and try until we get success.

CROSSWORD



Find the answer to the sentence and fill the crossword above. The number of letters of the word has been given as clue.

Questions :

1. What you _____ of yourself is much more important. (5)
2. Jambavn reminded_____about his childhood valour. (7)
3. Confidence is act of having faith in_____ .(8)
4. The most important quality one needs is self _____ . (10)
5. _____ in yourself. (7)
6. We should develop our ability to the _____ .(7)
7. People _____ us if we are confident. (6)
8. Our confidence is our biggest_____. (6)

9. Our _____ strength is in our control. (5)

10. Always have _____ in yourself. (5)

11. We need confidence to achieve _____ . (7)



SCRAMBLE

Arrange these jumbled letters to form a word. Pick the encircled letters from the words and form another word. This will give you the missing word in the sentence below.

VOCCNIT

DERCIT

RFIM

NOWKEEDGL

_____is believing yourself, when no one else does.



PUZZLE

In the puzzle below, you have 15 words which are synonyms for **CONFIDENCE.** You will find them in different pattern. One of the words is done for you. Find the rest.

L	Y	W	B	S	R	S	T	R	E	N	G	T	H	Q
M	T	B	S	E	F	W	Z	C	G	Y	F	I	H	N
E	S	Z	T	L	E	V	N	I	I	G	S	D	N	R
X	I	G	A	F	L	E	X	I	B	I	L	I	T	Y
Y	M	C	O	N	F	I	D	E	N	C	E	J	T	H
I	I	E	V	I	G	Y	W	M	O	D	S	I	W	G
F	T	I	F	F	W	R	O	W	Y	S	N	G	J	T
B	P	N	N	T	A	T	T	I	T	U	D	E	J	E
P	O	S	I	T	I	V	E	O	T	C	L	Y	B	I
R	T	I	A	V	D	U	W	R	E	C	R	H	V	K
T	X	P	A	Z	T	P	O	G	V	E	X	W	E	M
F	I	T	D	E	S	P	D	V	B	S	B	Z	V	A
T	E	B	O	W	P	O	C	E	P	S	U	L	C	D
R	B	O	R	O	U	V	P	P	Q	O	I	D	E	A
M	E	N	C	O	U	R	A	G	E	M	E	N	T	E

Words

Confidence : Confidence returned with a warm rush.
Flexibility :
Positive :
Opportunity :
Motivate :
Encouragement :
Big :
Give :
Self :
Success :
Wisdom :
Idea :
Strength :
Attitude :
Optimist :

CASE STUDY



DR. ANANDI GOPAL JOSHI

Anandibai Gopalrao Joshi (31 March 1865–26 February 1887) was one of the earliest Indian female physicians. She was the first woman from the erstwhile Bombay presidency of India to study and graduate with a two-year degree in western medicine in the United States.

As was the practice at that time and due to pressure from her mother, she was married at the age of nine to Gopalrao Joshi, a widower almost twenty years older than her.

She proved that dreams and dedication are powerful combination and began her medical training at the age of 19. In America, her health worsened because of the cold weather and unfamiliar diet. She never got her enthusiasm down, although her health wasn't cooperative enough.

Battling ill-health but determined to succeed, Joshi returned from America with eagerness to take up the role of physician in charge of the female ward at Kolhapur's Albert Edward Hospital.She never gave up and always stood by her dreams and aspirations till her last breath.

She died on 26 February 1887. Tuberculosis claimed her and the 21-year-old died without a chance to practice medicine in her country. The entire country was shaken by her death, and grand tributes were made to her life and work.

Anandibai Gopalrao Joshi always says that — Be grateful for challenges because... Had there been no difficulties and no thorns in the way, then each woman and man would have been in his primitive state and no progress would have been made in civilization and mental culture.



BACHENDRI PAL

Bachendri Pal, (born May 24, 1954, Nakuri, India), Indian mountaineer who in 1984 became the first Indian woman to reach the summit of Mount Everest.

Pal was born into a rural working-class family in what is now Uttarakhand and was one of seven children. A gifted student, she encountered stiff opposition from her family and relatives when she decided to opt for a career as a professional mountaineer rather than as a schoolteacher. She soon found success in her chosen field, however. After summitting a number of smaller peaks, she was selected to join India's first mixed-gender team to attempt an expedition to Mount Everest. Beginning its ascent in early May 1984, her team almost met disaster when an avalanche buried their camp, and more than half the group was forced to abandon the ascent because of injury or fatigue. Pal and the remainder of the team pressed on, and she reached the summit on May 23, 1984.

Pal achieved immediate fame, and in 1985 she returned to Mount Everest to successfully lead an all-woman team to the summit. She led an all-woman rafting expedition down the Ganges River in 1994, covering over 1,500 miles (2,500 km). In 1997 she led an all-woman team on a successful 2,500-mile (4,000-km) transit of the Himalayas, beginning in Arunachal Pradesh and concluding at the Siachen Glacier. She was awarded the Padma Shri, India's fourth highest civilian award, in 1984. After this, she was awarded the third highest civilian award Padma Bhushan by Government of India in 2019.



STEVEN SPIELBERG

Steven Allan Spielberg (born December 18, 1946) is an American filmmaker. He is considered one of the founding pioneers of the New Hollywood era and one of the most popular directors and producers in film history.

As a child, Spielberg faced difficulty reconciling being an Orthodox Jew with the perception of him by other children he played with. "It isn't something I enjoy admitting," he once said, "but when I was seven, eight, nine years old, God forgive me, I was embarrassed because we were Orthodox Jews. I was embarrassed by the outward perception of my parents' Jewish practices. I was never really ashamed to be Jewish, but I was uneasy at times.

My dad's still-camera was broken, so I asked the scoutmaster if I could tell a story with my father's movie camera. He said yes, and I got an idea to do a Western. I made it and got my merit badge. That was how it all started."

Based on the strength of his work, Universal signed Spielberg to do four TV films. Spielberg has often referred to the gruelling shoot as his professional crucible. Despite the film's ultimate, enormous success, it was nearly shut down due to delays and budget over-runs. But Spielberg persevered and finished the film. It was an enormous hit, winning three Academy Awards.

In November 24, 2015, Spielberg was awarded the Presidential Medal of Freedom from President Barack Obama in a ceremony at the White House.

On May 26, 2016, Spielberg was awarded an Honorary Doctor of Arts by Harvard University.

Spielberg has directed fourteen Oscar winning and nominated performances.



MOVIE: JO JEETA WOHI SIKANDAR (1992)

Vo sikandar hi doston kehlaata hai

Vo sikandar hi doston kehlaata hai
Haari baazi ko jeetna jise aata hai
Niklenge maidan mein jis din hum jhoomke
Dharti dolegi ye kadam choomke

Hey vo sikandar hi doston kehlaata hai
Haari baazi ko jeetna jise aata hai
Niklenge maidan mein jis din hum jhoomke
Dharti dolegi ye kadam choomke

Jo sab karte hain yaaron vo kyon hum tum karein
Yoonhi kasrat karte karte kaahe ko hum marein
Gharwaalon se teacher se bhala hum kyon darein
Yahan ke hum sikandar
Chaahein to rakh lein sab ko apni jeb ke andar
Arre humse bachke rehna mere yaar
Nahin samjhe hai vo humein to kya jaata hai
Haari baazi ko jeetna humein aata hai

Ye galiyan apni ye raste apne kaun aayega apne aage
Hey raahon mein humse takrayega jo hat jayega vo ghabraake
Yahan ke hum sikandar
Chaahein to rakh lein sab ko apni jeb ke andar
Arre humse bachke rehna mere yaar
Nahin samjhe hai vo humein to kya jaata hai

Haari baazi ko jeetna humein aata hai
Ye bholi bhaali matwaali pariyan
jo hain ab daulat pe qurbaan
Jab keemat dil ki ye samjhengi
to humpe chhidkengi apni jaan
Yahan ke hum sikandar
Chaahein to rakh lein sab ko apni jeb ke andar
Arre hum bhi hain shehzaade gulbaag
Nahin samjhe hai vo humein to kya jaata hai
Haari baazi ko jeetna humein aata hai

Niklenge maidan mein jis din hum jhoomke
Dharti dolegi ye kadam choomke
Hey niklenge maidan mein jis din hum jhoomke
Dharti dolegi ye kadam choomke
Nahin samjhe hai vo humein to kya jaata hai

RESOLUTION

THE PLEDGE

We resolve to recognize our qualities and abilities to make our self-confidence stronger.

ASPIRE TO INSPIRE



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

LET'S STEP OUT...



There are a number of people who have distinguished themselves in the field of sports and education. Such people may have won awards at the District level, State level or National level.

1. Arrange a meeting of the children with such eminent personalities.
2. Let the children learn from these eminent personalities about their determination.
3. Ask children to write down in their own words about the lessons that they have learnt from meeting the personalities.

- Essay Writing
- Debate
- Drawing
- Group Discussion
- Street Play
- Extempore speech
- Eco-friendly painting
- Field project
- Mono acting

BEST OUT OF WASTE



INTRODUCTION

Creativity is the act of turning new and imaginative ideas into reality. Creativity is characterised by the ability to perceive things from a different viewpoint, to find hidden patterns, to make connections between seemingly unrelated things, and to develop solutions. This leads to a child's ability for critical thinking and problem-solving capabilities. Critical thinking and creative problem solving encourages us to think outside the box and stimulates our own ability to overcome obstacles with confidence.

This in return, makes us a better problem solver, makes us see things differently and makes us deal with uncertainty. Another aspect is that it encourages self-expression, a way to create something from things, personal feelings and experiences. While artistic activities foster intellectual development and stimulates both sides of the brain, it also increases the capacity of memory, attention and concentration. It also helps develop reading skills and children do better in math and science.



LIFE SKILL QUESTIONS

1. What are your strengths and weaknesses for creativity?
2. What is thinking 'outside the box' mean?
3. Describe a time when you had to think 'outside the box' and what was the outcome?



QUOTES

- “The purpose – where I start – is the idea of use. It is not recycling, it’s reuse.” **- Issey Miyake**

- “If you want grown-ups to recycle, just tell the importance of recycling, and they'll be all over it.” **- Bill Nye**

- “Only feel angry when I see waste. When I see people throwing away things we could use!” **- Mother Teresa**

- “Waste is only waste if we waste it.” **- Will. I. Am**

- “Garbage, in its "worthless" state, is the primary fuel for creativity.” **- Yusuf A. Leinge**

राम : एतत् व्यजनं अवकरे क्षिपतु |
Ram : Throw this fan in the trash.
हरि : न मित्रं न ! अस्य उपयोगं अन्यत्र कर्तुं शक्यते |
Hari : No friend, we can use it in some way.
राम : एतत् पुरातनं व्यजनं किमपि उपयोगाय नास्ति |
Ram : This is old fan and is of no use.
हरि : अरे मित्रं ! किमपि वस्तु कदापि अयोग्यः न भवति | तस्य उपयोगज्ञानम् आवश्यकम् अस्ति |
Hari : Hey friend, not everything is a waste. It is necessary to know how to use it correctly.
राम : तर्हि अस्य अन्योपयोगः किं भवितुमर्हति ?
Ram : So what can be the alternative use of it?
हरि : अहं करिष्यामि | मह्यं तत् ददातु |
Hari : I will do that. Give it to me.
राम : नयतु |
Ram : Take it.
हरि : अस्य भ्रमिकायाः उपयोगं कृत्वा अन्यं नूतनं साधनं निर्मास्यामि |
Hari : I will create a new instrument using its motor.
राम : कथम् ? कथम् ?
Ram : How?
हरि : त्वं केवलं पश्य | प्रश्नः पश्चात् कुरु |
Hari : You just see! Ask questions later.
(किञ्चित् कालान्तरम्). After some time.
राम : साधु ! साधु !त्वया अवकरमूल्यव्यजनस्य नूतनं साधनं निर्मितवान्
Ram : Excellent. You created something beautiful from the fan that was waste.
हरि : अहं तदेव कथयामि किमपि वस्तुनः मूल्यं भवत्येव केवलं तस्य कृते ज्ञानम् आवश्यकम् |
Hari : That's what I am saying that we can create anything of value from waste, it just requires little knowledge.

SANSKRIT SHLOKAS

अमन्त्रमक्षरं नास्ति नास्ति मूलमनौषधम् |
अयोग्यः पुरुषो नास्ति योजकस्तत्र दुर्लभः |

There is no letter which is not used in a mantra. There is no plant which cannot be used as a medicine. There is no person who is unfit. What is needed is a person who can plan and use resources and such persons are rare.

पुरातनमपि वस्तुं नूतनं कर्तुं शक्यते |
अवकाराद् मूल्यं नेतुं तच्च बुद्धिरावश्यकी ||

The old things can be renewed as well. In order to get value from the waste, intelligence is necessary.

POETRY

REDUCE REUSE RECYCLE

Three words we need to know
Reduce the garbage, reuse the old
Recycling's the way to go
There's the easy stuff
Like papers, cane and glass
But more should be recycle
Like what you ask?
So before you throw
Anything away,
Ask yourself, "can that be used
As something else some day."



MORAL STORIES

1. Waste Flowers from Temples

In early 2015, two youngsters from Kanpur set out on a journey to find a solution to the growing menace of flower waste that was polluting the water bodies around the temples in Kanpur. Devotees would offer flowers at temples, which at the end of the day would find their way to the already polluted Ganges and other water bodies. For young entrepreneurs, Ankit Agarwal and Karan Rastogi, this desire to 'do good' gave birth to an innovative brand – Help Us Green. Come today, this barely 21-month-old company has entered the specialised market of organic incense and fertiliser exports and managed to make an impressive start-up.

While the duo tasted success with apparent ease, the initial days were tough. Lack of money and convincing family members and people around them proved to be the biggest challenge. Before starting Help Us Green, Agarwal worked at Symantec, the global cyber security giant, while Rastogi, who had graduated from Warwick Business School (UK), had come back to India to join his family shoe-manufacturing business. Naturally, when they expressed a desire to leave behind their stable careers and start a business in an altogether unexplored segment, family and friends were shocked. Even temple authorities were surprised when the duo first approached them to take the flowers to manufacture incense. "They didn't believe that two young boys could do such a thing," says Agarwal.

With an initial investment of just Rs. 80,000, the duo had to use innovative methods while starting out in order to save money. Even packaging in the initial days was done using discarded boxes from a local liquor packaging unit. They also made a deal with the owner of the farm they operated from, to provide two tons of compost every month in exchange for using the farm. In addition, they

promised to assist him in getting his farm Ecocert certified, making it Kanpur's first Ecocert certified farm.

Help Us Green started their journey with two products: Mitti (a vermicompost fertiliser) and Sticks and Stones (incense from flower waste). While the vermicomposting process is simple, according to Agarwal, what makes Help Us Green different is that they use 17 different waste elements. Agarwal explains, "One of the elements we use is coffee residue. As these two products gained acceptance in foreign markets, the duo ventured into producing Yagya – incense sticks made from cow dung – on being advised by many to "produce something for the Indian market too".

With Yagya, they also ventured into an innovative form of packaging. Like most incense sticks packets in India, Help Us Green uses a religious image on the packaging. Agarwal tells, "Whenever there is an image of god on a poster or a card, Indians find it difficult to throw it away. We thought we could solve this problem. We infused Tulsi (basil) seed cellulose with the packaging cellulose. So, once someone has used our product Yagya, they can then simply sow the packaging, water it and basil saplings will grow from it." Quite an innovative way to reduce packaging waste! Currently, the duo is also working on organic soaps for which they are awaiting government approvals.

A wonderful example of how a waste product can be put to use.

2. The Birth of an Idea

Mahima Mehra, while on a trip to the Amber Fort in Jaipur, observed because of elephant ridings and hundreds of tourists every day, the elephants poo left a lot of roughage along the entire way.

Naturally, this would be of little interest to anybody other than people who carry curious innovative ideas. She

thought of creating paper from elephant poo, paper made from elephant dung. This brainchild idea of Mahima Mehra and Jaipur-based handmade paper producer, Vijendra Shekhawat started execution of same.

They succeeded in understanding that elephants apparently have a bad digestive system, which makes their dung highly fibrous, resulting in good quality paper. This dry elephant dung looked like to the raw fibre from which papers are made.

After a year of experimentation of various sorts, poo paper was ready for market.

Today this poo paper is known as the brand “Haathi Chaap”. It is creating quite an impact in Indian and International markets.

One of the best illustrations of "Best out of Waste".

3. Meet Ryan Hickman of Ryan’s Recycling

Ryan, let’s start with your story. We’d love to hear how you got started and how the journey has been so far.

I’m nine years old now, but I started recycling when I was just three years old. My dad took me to the recycling center near our house, and I just loved recycling all the cans and bottles. I just wanted to recycle as much as possible. I asked all of my neighbors to start saving their cans and bottles instead of throwing them out, and things took off from there. Over the last six years, I’ve recycled a lot. Almost half a million cans and bottles.

My story went viral about two years ago, and my dad tells me I have around 200 million social media video views. I’ve been part of some really cool things like I’ve been on the Ellen Show, I’ve spoken at WE DAY, and I’m a CNN Young Wonder. Last year, my friend Wyland and the Wyland Foundation gave me an Ambassador of the Planet Medal. I have it on my wall in my bedroom.

I've travelled around the country to different cities to teach people how to be better recyclers with Valet Living and this year, I've partnered with Recycle Across America, and we're going to show the world how to recycle right. I'm also a youth ambassador for Busch Systems and Sand Cloud.

We're always bombarded by how great it is to pursue your passion, etc. – but we've spoken with enough people to know that it's not always easy. Overall, would you say things have been easy for you?

Hmmm... I guess my recycling journey has been pretty smooth. There's always the need to recycle to make our environment better though. I do get frustrated when I see so many recyclable items that go to the landfill, but part of what I do is help teach people how easy it is to recycle so I'm making a difference one can and bottle at a time. I wish every state paid a deposit on cans and bottles like California does because then recycling would be even bigger than it is now, and the environment would be in better shape.

So, let's switch gears a bit and go into Ryan's Recycling story. Tell us more about the business.

Ryan's Recycling is a pickup service for anyone who wants to recycle with me. I pick up from people's houses, businesses, golf courses, schools, churches and really anyone who calls for a pickup. My dad is my driver, and he lifts the heavy stuff, and my mom helps me sort the cans and bottles sometimes before we take it to rePlanet.

Mostly, I recycle plastic water bottles, but I also recycle glass and aluminium cans. We travel as far away as 20 or 25 miles in any direction from our house to pick up from my customers, and my dad and I go on the weekends. Everyone calls and sets a pickup time with him during the week when I'm in school.

I'm pretty proud that I've been an inspiration to other people all around the world that recycle now because they heard about what I do. My dad goes through all the emails and reads them to me, and it's pretty cool to hear from all the countries that are excited about recycling. I also speak

at many events around the country, and I even got to go to Canada last year and speak to over 20,000 kids about recycling.

This year is going to be even busier since I'm working with more organizations to help clean up the planet. I sell my Ryan's Recycling shirts and hats on my web site and donate the money to the Pacific Marine Mammal Center in Laguna Beach. I think I've donated about $8500 so far. That helps them with saving sick and injured seals and sea lions. I'm proud to be one of their youth ambassadors.

I'm going to keep recycling until I'm an old man and can't do it anymore. I always tell everyone that recycling is super easy and if all of us do just a little bit, it makes a really big difference.

Has luck played a meaningful role in your life and business?

I've been pretty lucky to have my story go viral and to be able to inspire people around the world makes me happy. There are many kids that are doing really amazing things and they don't all get the same chances for the world to notice them. I would tell them to keep following their passion in whatever they do.





You can watch the short film **"Best out of Waste"** on YouTube



INSPIRATIONAL PLAY

Characters -

Presenter: male or female, Kavya: female student

Roshni : female widow, Mohan: male teacher, Narrator.

Narrator : *Three chairs positioned facing a flip chart. At the top of the paper is written the words 'Our Plastic World'. Four cast members enter the stage. Audience participation is required.*

Presenter: Welcome, everyone. Come in; take a seat. (Cast sits)

Presenter: I see we have some younger audience members today which is great and some not so young (laughs) – you are all very welcome.

Narrator : *Kavya and Mohan awkwardly wave to each other.*

Presenter: Oh, do you two know each other?

Kavya : No!

Mohan : No, not really, no.

Presenter: Right, well, I don't think anyone else is coming, so I think we'll make a start. As Barak Obama once said – 'One voice can change a room'. Okay, so I am a World Volunteer, working in the UK. None of us give our names for security reasons, Twitter abuse etc., but I'll be leading the discussion this evening. I want tonight to learn as much about you and your thoughts, as it is about the world we live in and I am pleased to introduce our three volunteers who have agreed to bravely sit on the front row and help with the presentation. So perhaps, you three can introduce yourselves to your fellow audience members. Who wants to go first?

Narrator : *Mohan puts his hand up and turns to face the*

audience.

Mohan : Hi, I'm Mohan

Presenter: Hello, Mohan, and what brought you along here today?

Narrator : *Turns back to face the presenter.*

Mohan : I was inspired by one of my students and so I have came. I'm a teacher.

Presenter: Great! Who's next?

Narrator : *Kavya puts her hand up and turns to face the audience.*

Kavya : Hi, I'm Kavya and I'm here today because a total stranger I met in a café told me about these meetings and inspired me to find out more.

Presenter: Fantastic, Kavya. Just what we need – some fresh young enthusiasm. And finally, who do we have on the end here?

Narrator : *Roshni puts her hand up and faces the audience.*

Roshni : Hi. I'm Roshni and my daughter suggested I come to see what it was all about.

Presenter: So you were all recommended and inspired by someone else – that's brilliant and exactly what we are hoping to achieve. To get people talking and caring. Right, to get us started, I am going to ask the three volunteers at the front here – Kavya, Mohan, and Roshni, for the first word that enters their head, when I say the words 'Plastic World'. So starting with you, Kavya – 'Plastic World'?

Kavya : Pollution.

Presenter: Pollution. (Writes the word on the presentation). Pollution – what a horrible word. According to the dictionary, it means "a substance which has harmful or poisonous effects". Okay Roshni, would you like to go next? What do you think of when I say the

words 'Plastic World'?

Roshni : Recycle.

Presenter: Recycle. (Writes the word on the presentation). A much more positive word meaning – "to convert waste into reusable material". And finally, Mohan – what's your word?

Mohan : Rubbish.

Presenter: Rubbish? (Writes on the presentation). Another negative word, which means – waste, refuse, or litter. (Pointing to the board) So we have Pollution, Recycle, and Rubbish. All things that our volunteer panel associate with the words – 'Plastic World'. Now if I draw a line linking Recycle to Rubbish (draws a line), and Rubbish to Pollution (draws a line) and Pollution to Recycle (draws a line), we have our first goal. If we all recycle our rubbish, there will be less pollution!

Mohan : Absolutely!

Roshni : I couldn't agree more

Presenter: So, if you all agree, then what is the next step that we should be taking? Let us assume 2 scenarios. One, where we have the municipality people coming to take the dry waste in which the plastics would go. Our second scenario would be where we are giving to the raddiwala. In both the situation at the end it would go for recycling. However, in both the cases the route would be different. So, let us see how different? Can any of you share what you know about it?

Mohan : I want to give it a try.

Presenter: Wonderful! Let us hear you out.

Mohan : In scenario one, when the Municipality people take our wastage it goes to a unit where they segregate the dry waste; plastics, metal, cloth, etc. We have units where they have a tie up with these people and the collection is done. So, the recycled plastic products are given to

the people working in that area and recycled metal to people working in that domain and so forth.

Presenter: If I may interrupt here.

Mohan : Yes. Sure.

Presenter: Do you have any idea as to what kind of products are made of plastic waste and who makes it?

Mohan : I had read about it, but I am not able to recall right now.

Kavya : May I?

Presenter: Of course.

Kavya : The Green Earth Movement (GEM) collects the plastic items and recycles them into consumer products like bags, t-shirts, furniture, soft-toys, etc. I had read about it and was very impressed by their initiative.

Roshni : I too had read somewhere that shredded plastic waste can be used in laying roads. I think it was done for the first time in Chennai.

Presenter: Indeed Roshni! It was in 2002 that this experiment had taken place and recently in 2016, the National Rural Road Development Agency laid around 7,500 km of roads using plastic waste.

Kavya : Wow! That's very interesting and a good initiative.

Presenter: These are a few initiatives that some people are doing. There are many such projects that is going on now. And it is helping in containing the plastic pollution. Let us look at the second scenario. What happens when we give to the raddiwala. Just to let you know that households generate maximum plastic waste, of which water and soft drink bottles form a large number.

Roshni : When we give to raddiwala at the end it goes to

the recycle people only.

Kavya : True. Nevertheless I think that we can make such lovely things out of the waste. When our guest informed us about how households generate the maximum plastic waste, I remembered how our craft teacher has made such lovely things out of those bottles!

Mohan : Yes! In our school too, our craft teacher has made games, planters and many decorative things out of the waste material.

Kavya : Our teacher had taught us how from plastic bottles, one can make planters, how to irrigate from plastic bottles, how to make sprouts, how to make bird feeders and she had also shown us a small clip on how in the European country they had made a house out of bottles! That was really amazing!

Roshni : I too want to make different things out of waste plastic bottles! Best out of Waste!

Presenter: Excellent! I see you all have motivated each other on how to take care of our environment!

All Three : Yes! Thank you!

Presenter: Just a few information one needs to be aware of.... The seas near Mumbai, Kerala and the Andaman and Nicobar Islands are among the worst polluted in the world. Plastic debris affects at least 267 species worldwide, including 86% of all sea turtle species, 44% of all seabird species, and 43% of all marine mammal species.

Roshni : Oh! That's very sad. We must all make an effort for their survival.

Presenter: Not only that. Significant amount of toxic heavy metals like copper, zinc, lead and cadmium recovered from plastic wastes from sea shores have an adverse effect on the coastal ecosystems. There are other aspects too, but we should know that plastic pollutant is

definitely not helping the earth.

Kavya : From today, now, I am going to promise myself that I will do whatever it takes to spread this awareness and not only that, but also learn how best to make use of the waste that we cannot avoid.

Presenter: Thank you Kavya! I am very happy to see that it has made a difference to someone and that she is taking it ahead. That's the way it should be.

Roshni : Even I will work towards this cause.

Mohan : I too will join hands with Kavya.

Presenter: Thank you so much all of you! Let us all be together in this so that the earth becomes a better place to live.

----END----



GAME

GAME 1

Think of creative and innovative ideas in which you can use the following waste products:

- Empty plastic water bottle
- Empty box of toothpaste
- Empty boxes of footwear
- Old newspaper
- Thermocole packing
- Ice-cream sticks

GAME 2

List down all the wastes that gets generated in your home. What can you do to reduce the quantity of these wastes?

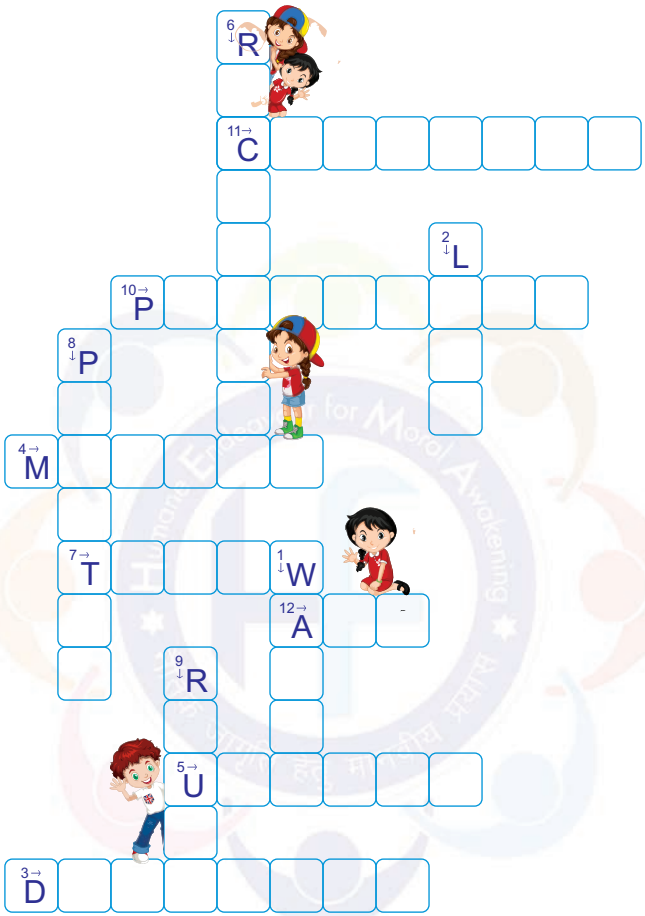
ANSWERS OF CROSSWORD :

1. Waste	2. Life	3. Diseases	4. Manage
5. Useful	6.Recycling	7. Throw	8. Plastic
9. Reuse	10. Pollution	11. Creating	12. Air

ANSWERS OF SCRAMBLE :

• Genius • Imagine • Inspire • Clever • Talent
Creative

CROSSWORD



Find the answer to the sentence and fill the crossword above. The number of letters of the word has been given as clue.

Questions :

1. _____management is essential is today's society. (5)
2. Increase of waste is affecting the_____of many people. (4)

3. Waste are reason of various_____ .(8)
4. We can _____waste by recycling it. (6)
5. Human creative mind has given idea of using waste in a_____ way. (6)
6. _____ turn things in to other things. (9)
7. When we _____anything away it must go somewhere (5)
8. Stop using _____ bags. (7)
9. Recycle _____and reduce are time. (5)
10. Be a part of solution not a part of _____ .(9)
11. Life is not finding yourself life is_____yourself. (8)
12. Waste can cause water and _____pollution. (3)



SCRAMBLE

Arrange these jumbled letters to form a word. Pick the encircled letters from the words and form another word. This will give you the missing word in the sentence below.

SUNIGE

GINIMAG

RIPESIN

LECVER

ANTLET

To live a_____ life, we must lose our fear of being wrong.



PUZZLE

In the puzzle below, you have 16 words which are synonyms for **BEST OUT OF WASTE.** You will find them in different pattern. One of the words is done for you. Find the rest.

Y	H	C	F	A	B	R	I	C	A	T	I	O	N	O
R	O	R	I	G	I	N	A	L	I	T	Y	Y	E	R
Y	T	A	Q	Y	T	I	L	I	B	A	P	A	C	S
O	O	F	A	N	T	A	S	I	A	L	I	M	B	Z
D	O	T	T	Y	B	A	S	S	S	E	N	I	F	Y
I	N	S	P	I	R	A	T	I	O	N	R	E	S	S
N	E	H	D	Y	I	E	A	S	N	T	M	A	S	T
V	T	I	S	A	L	J	T	Z	A	N	T	E	M	I
E	T	P	W	L	L	I	K	S	A	N	N	V	H	C
N	S	A	O	L	I	P	W	J	A	R	X	Z	K	L
T	E	N	I	U	A	R	E	F	E	M	A	S	S	N
I	L	A	N	D	N	O	V	V	O	T	W	E	L	A
O	D	D	I	T	C	R	E	A	M	U	V	N	E	Q
N	R	T	B	Z	E	L	P	O	Q	A	I	Y	T	N
T	Y	P	E	S	C	O	N	C	E	I	V	I	N	G

Words

Cleverness :
Talent :
Originality : It was an admirable instrument and the composition had originality too.
Inspiration :
Finesse :
Craftship :
Mastery :
Skill :
Brilliance :
Fantasy :
Invention :
Fabrication :
Conceiving :
Fantasia :
Capability :

CASE STUDY



NALA AND NEEL

In Hindu epic Ramayana, Nala and Neel, the monkeys are credited as the engineer of the Rama Setu, a bridge which was built across the ocean between Rameswaram (India) and Lanka, so that the monkey army of the God Rama can pass over to Lanka. The bridge is also known as Nala Setu. Another monkey Neel was a chieftain in the army of Ram. He was the commander-in-chief of the monkey army under the monkey king Sugriva who lead the army in the battle against the demon king Ravana of Lanka. Neel is described as the son of Agni, the fire-god, and as the "foremost among the monkeys in effulgence, reputation, and prowess."

Ravana, the King of Lanka, had Kidnapped Sita, the wife of Lord Ram as revenge for his sister Soorpanakha, who wanted to marry Ram. Lord Ram and Lakshman along with monkey army of Sugriva and Hanuman decided to rescue her. On their way to Lanka, there was the vast ocean. Lord Ram ordered the Ocean to give him a way, but the ocean pleaded to him that he had the limitations and was bound to stay at his position. Ocean suggested him to pray Lord Shiva for a solution. Lord Ram made a Shivlinga of mud and sand. Lord Shiva appeared before him and suggested him to build Raam Setu.

Nala had the expertise of an architect. He had the power to make stones float. A bridge across the ocean to Lanka was constructed under the supervision of Nala who volunteered for the task. They started dropping the stones in the Ocean. The stones dropped by Nala and Neel kept floating, but they drift in the sea and do not form a continuous structure, Hanuman suggested that to make

the stones stick together, the name of Ram should be written on the stone before throwing it in the ocean. The remedy worked, and Lord Ram along with his entire army easily crossed the ocean and reached Lanka.

Mystery of Floating Stones, in Ramayan it is mentioned that the bridge was built by Stones and these stone starts Floating on water by touch of Nala & Neel.



NEK CHAND

Nek Chand Saini (15 December 1924 – 12 June 2015) was a self-taught Indian artist, known for building the Rock Garden of Chandigarh, an eighteen-acre sculpture garden in the city of Chandigarh.

In his spare time, Chand began collecting materials from demolition sites around the city. He recycled these materials into his own vision of the divine kingdom of Sukrani, choosing a gorge in a forest near Sukhna Lake for his work. Chand's work was illegal, but he was able to hide it for eighteen years before it was discovered by the authorities in 1975. By this time, it had grown into a 13-acre (5.3 ha) complex of interlinked courtyards, each filled with hundreds of pottery-covered concrete sculptures of dancers, musicians, and animals. Made from recycled materials, Chand built up the mass with a cement and sand mix before adding a final coating of smoothly burnished pure cement combined with waste materials such as broken glass, bangles, crockery, mosaic and iron-foundry slag.

His work was in serious danger of being demolished, but he was able to get public opinion on his side, and in 1986 the park was inaugurated as a public space. The Rock Garden is still made out of recycled materials; and with the government's help, Chand was able to set up collection centres around the city for waste, especially rags and

broken ceramics.

The garden is visited by over five thousand people daily, the second most popular location in India (after the Taj Mahal) with a total of more than twelve million visitors since its inception.

Nek Chand Saini was awarded the Padma Shri by Government of India in 1984.



ROTHY'S

Rothy's is a San Francisco-based direct-to-consumer shoe company founded in 2012 by Stephen Hawthornthwaite and Roth Martin and launched in 2016.

Rothy's shoes are made from 100% recycled plastic water bottles and post-consumer recycled materials. As of 2019, the company had repurposed 41 million water bottles in the making of their products.

Rothy's products are made from 100% recycled plastic water bottles and post-consumer recycled materials. During the manufacturing process, the water bottles are hot washed and sterilized. Chips of plastic are melted down into pellets, stretched into fibers, and given air treatment until they entwine. The soft yarn produced is then loaded onto knitting machines which knit the upper part of the shoe in 14 to 24 minutes, depending on the design. They are then sewn to the sole by hand, paired with recycled foam and recycled rubber soles.

He states that he drew inspiration from companies like Patagonia in making shoes using sustainable materials.

Rothy's was recognized as one of the "100 Best Inventions of 2019" by Time.



MOVIE: CHAK DE INDIA (2007)

Kuchh kariye, kuchh kariye

Kuchh kariye, kuchh kariye,
nas nas meree khole hay kuchh kariye
Kuchh kariye, kuchh kariye,
bas bas bada bode abb kuchh kariye
Ho koyee toh chal jid phadiye, too bidariye ya mariye - (2)
Chak dey, ho chak dey india - (4)
(Now where to run, now where to hide
Lets take our time till we drop) - (2)
Puchho naa galio me, rashan kee phalio me
Bailo me bijo me, ido me dijo me
Reto key dano me, filmo key gano me
Sadko key gaddo me, bato key addo me
Humkara aaj bhar ley, das bara bar kar ley
Rehna naa yar pichhe, kitna bhee koyee khinche
Tas hai naa mas hai jee, jid hai toh jid hai jee
Pisna yu hee, pisna yu hee patthar yeh
Koyee toh chal jidd phadiye, too bidariye ya mariye - (2)
Chak dey, ho chak dey india - (4)
(Now where to run, now where to hide
Lets take our time till we drop) - (2)
Chak dey.....
Ladti patango me, bhidati umango me
Khelo key melo me, balkhati relo me
Ganno key mithe me, khattar me jhite me
Dhunde toh mil jave * woh * me
Dung hai * nikhare aur khul key aag bikhare
Man jaye aisee holee, rag rag me chal key bolee
Tas hai naa mas hai jee, jid hai toh jid hai jee
Pisna yu hee, pisna yu hee patthar yeh
Koyee toh chal jidd phadiye, too bidariye ya mariye - (2)
Chak dey ho chak dey india - (4)
Kee aab kuchh kariye.....

RESOLUTION

THE PLEDGE

Let us resolve to fuel our creativity in making marvellous things out of the discarded.

ASPIRE TO INSPIRE



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

LET'S STEP OUT...



1. How would you build a culture of creativity in your society?
2. Can you give an example of a situation where you used creative or innovative thinking to eliminate some kind of frustration?

WHAT MORE!!

- Essay Writing
- Debate
- Drawing
- Group Discussion
- Street Play
- Extempore speech
- Eco-friendly painting
- Field project
- Mono acting

NAZARIYA



INTRODUCTION

Perspective is the way you see something. If you think that toys corrupt children's minds, then from your perspective a toy shop is an evil place.

Perspective has a Latin root meaning "look through" or "perceive," and all the meanings of perspective have something to do with looking. If you observe the world from a dog's perspective, you see through the dog's eyes. When drawing, your perspective gives the drawing an appearance of depth or distance.

Your perspective towards life defines your life. Your positive attitude in life makes your life brighter and worth living. Even in the worse situations, if we see the better side of life and be positive, then we get the confidence to fight toughest battles in life.



LIFE SKILL QUESTIONS

1. Why do people have different perspectives?
2. Can there be a difference in the perceptions of the same event?
3. Is there a right or wrong perspective?

QUOTES

- “Optimism is essential to achievement and it is also the foundation of courage and true progress.”
- Nicholas M. Butler

- “An optimist understands that life can be a bumpy road, but at least it is leading somewhere.” **- Harvey Mackay**

- “Optimism is a strategy for making a better future. Because unless you believe that the future can be better, you are unlikely to step up and take responsibility for making it so.” **- Noam Chomsky**

- “Choose to be optimistic, it feels better.”
- Dalai Lama XIV

- “For myself I am an optimist – it does not seem to be much use to be anything else.” **- Winston Churchill**

प्रथम नागरिक : अस्माकं राजा नैव कश्चित् करोति, भोग विलासे एव रमति नित्यम्
First citizen : Our King does not do anything! He only enjoys and lives a luxurious life.

द्वितीय नागरिक : नैवं वक्तव्यं ! तेन हि बहवः राज्यस्य विकासः कृतोः ! तव दृष्टि एतादृशी अस्ति तस्मात त्वम् किमपि नैव विचारयसि !
Second citizen: Don't say that, he has developed many states. Your vision is like this! Because of your attitude you do so see anything positive.

प्रथम नागरिक : कुतः ? नैव अवगच्छामि !
First citizen : Why? It's not like this.

द्वितीय नागरिक : भवतु ! ज्ञापरामि ! यथा एकः कार्यं करोति चेदहं निर्धारणं करोमि यद् इदं नैव सम्यक् वा इदम् सम्यक् इति !
Second citizen: Okay. Let us do a task and then decide who is right or wrong.

प्रथम नागरिक : आम् ! मयापि एव मेव कृतं तेन केनुचित् कार्येषु प्रतिबन्धः आनीतश्चेदहं क्रुद्धः !
First citizen : Yes, I also will do a work.

द्वितीय नागरिक : आम् ! एवं वयं एकस्मिन् तव पक्षे विचारयामः ! किन्तु तस्य बहवोऽपि पक्षा: भवितव्याः सर्वेभ्यः पक्षेभ्य: अस्माभिः विचरयितव्यम् !
Second citizen: Yes! We will consider this subject in your favour, but there are many sides of it, we will consider all angles.

प्रथम नागरिक : कुतः ?
First citizen : Which?

द्वितीय नागरिक : यथा अहं तस्य स्थाने स्यां चेत् किं कुर्याम् इति विचारयित्वा निर्णयः कार्यः !
Second citizen: If I were in his place, then what would he do and think.

प्रथम नागरिक : आम् ! अवगतं मया !
First citizen : Yes! I got it.

सिख- किसी के लिए कोई काम छोटा या साधारण नहीं होता बस नज़रिया होना चाहिये।

MORAL - No work is small or ordinary, only you should have a point of view.

SANSKRIT SHLOKAS

वाणी गुणानुकथने श्रवणौ कथायां हस्तौ च कर्मसु मनस्तव पादयोर्नः !
स्मृत्यां शिवस्तव निवासजगत्प्रणामे दृष्टिः सतां दर्शनेऽस्तु भक्तनुनाम् !!

O God may my voice always sing your praise, may my ears keep listening to your glory. May my hands be in your service and may my mind be in reverence of your feet. May my head be bowed in your prayer and my eyes see your physical appearance and get true blessings!

द्रष्ट्या प्रद्रष्ट्या खलु दृष्टदोषान् संहर्तुमारात्प्रथितप्रकाशा !
जनोभवेदिन्द्रपदाय योग्यं स्तस्ये तवेदं लवणाक्षिदोषहम् !!

The vision and the attitude which is not pure and the one who is flawed, should be made pure by pure light and able to be free from the senses in the interest of the people.

POETRY

VIEWPOINT

In long September light, Knock tinkle viewpoint draws
elastic shadows over rocks and minds.

Buzzard like a hyphen, a golden-feathered pause
between these eyes and everything they see.

I have no thoughts up here. They stayed below,
waiting while I saw sunset stripe the hills with gold

This land tells tales to those who have not lost the tongue
But I, a stranger, look with love and guess

A glen where witches danced and weary hunters trod
tonight rolls peaceful down towards the sea.



MORAL STORIES

1. ONE MORE TIME

I was walking down the street the other day looking for a new client's office and I was having trouble finding it. I really didn't know that end of town very well so I was concentrating more on the numbers on the buildings than where I was going.

As I turned the corner - hoping that I was headed in the right direction - I heard a loud clattering sound and looked up. Out of the corner of my eye I saw a huge man on a bicycle careening down the sidewalk, arms and legs flailing. He was obviously unable to steer, let alone stop.

Immediately realizing the danger, I dropped my briefcase and dived into the nearby bushes, narrowly escaping an accident with an overweight hit-and-run cyclist.

I popped out of the shrubbery, branches in my hair, and looked down the sidewalk. He was gone.

Wow. That guy could have killed me. I couldn't believe it. My response time was unbelievable. Imagine. I was in those bushes within a fraction of a second. Incredible. With high heels on? Oops. Make that high heel – one of them didn't survive. I broke the heel off of the other shoe so I could walk straight. Thank goodness I bought expensive shoes—they even looked good without heels.

I was impressed. My years of working with horses had definitely paid off; I could really get out of the way fast. I gave myself an emotional pat on the back. I'd like to see my son move like that, the elegant way I dove into those shrubs. I brushed the dirt off my pants, pleased I had worn brown.

Most people I know would have been flattened. They wouldn't have had a chance. I snickered smugly and plucked the leaves from my hair.

Feeling ever so athletic, I gathered all my scattered papers, shoved my laptop back into my briefcase and checked the address. Yes, this was the right building. Wasn't even late. I wiped my hands on the lining of my jacket and rang the buzzer.

Look out world, here I come.

Same bike. Same bush. Different day. Different meaning.

2. BROKEN DREAMS

Andrea approaches the man with a bright, forced smile, showing more teeth than emotion. "May I please have your order?"

When the old man doesn't reply, his fingers interlaced and eyes sinking into the marble dining table, Andrea's feet begin tapping. With forced patience, she repeats, "Sir, would you like to order something?"

The man looks up, his eyes a glassy brown. A voice that sounds distant, he says, "Yes, please. I would like two servings of the meatball pasta, please."

Instantly, her tapping stops. The unnatural smile, one without a tinge of warmth, reappears. "Right away, Sir."

"Two servings of meatball pasta, Sir," the waitress says, placing two platters filled with food on the table. Her name-tag reads "Andrea." It's a popular name, of course, but seeing it in print is unsettling.

The elderly man stares at her smile, brighter than the restaurants' charismatic chandeliers, and excessive happiness for him to comprehend. It seems that, despite his own life collapsing into irreparable ruins, the world moves on without a glitch. Could a smile that genuine appear on his own face?

He watches Andrea glide back to the kitchen, as if completely forgetting his presence. Tomorrow, she won't remember who she served, but happiness felt twirling from juxtapose tables would linger. It's the moon in a world full of

darkness, a single candle in an electric shutdown; the kind of warm sensation that's miles away from his own shattered heart.

"Edgar, you may call me Isabelle for today," his wife had once said, in this exact restaurant. Back then, the place merely opened, and contrasted to the current immense popularity. Besides the cook and the waitress, they were the only customers. "I need to perceive the world through her eyes."

They sat one summers' evening, a plate of meatball pasta filling both their plates, and discussed their next upcoming film.

"But in order to be the best Isabelle Smith possible, I need to begin eating like her," she says. "How does she eat?"

"She doesn't," he replied, grinning. "She is a workaholic with no spare time, let alone to consume food."

"But she gets admitted to hospital for it, and then..." Her voice trailed off, and the exasperation in her loud sigh said more than words. "Do you really think we'll make it big? Are we just dreaming, Edgar?"

"No, We are not dreaming. You just wait."

"If you say so," she said with a reluctant smile, touching her pasta for the first time.

The pasta on the other side of the table remains untouched.

Johnathan's own life was determined the minute he was born; run an accounting office and become his father's successor. No choice or voice, just an unsaid contract determined from the minute of his birth. But a glance at Edgar, free and lively, persuaded him to create dreams and fulfil them. Inspired, Johnathan dropped out of high school last year, shocking all his family members, and began dreaming.

It started as a dream and ended in a busy, happy place. A restaurant of his own. He was no longer attached to the shackles constricting him to the accounting office. Edgar must've recognised this great accomplishment as well,

because when he entered through the double-doors, the first thing he said was, “Congratulations for coming so far.”

A plate of pasta lies untouched on Edgar's table. He begins walking out the door and towards his own home. This is the very least I can do, thinks Johnathan, as he balances the plate of pasta on his hand and, as elegantly as possible, races towards the slow-paced elderly man.

“Take this home to Andrea,” he said.

Edgar's lips tremble. “I would if I could.”

This should've been a sign to back away, notice the edge in Edgar's voice, but Johnathan persists. “Did you have a fight? If so, pasta should–”

“Pasta can't fix anything. While I selfishly chased my own dreams, I didn't notice her getting sicker. I just kept going. But now I've done it. She's gone. I don't want to be a renowned director anymore. I just want her back.”

Johnathan always imagined a grown man crying to be pathetic. But witnessing it in real life felt painful, like a needle piercing his skin at different angles. And, despite having a reputation for always talking, not a single word could comfort Edgar in his most fragile state.

Then again, maybe that's the downfall of words; their capacity is limited, broken, and fail when needed most.

3. ALL THE DIFFERENCE IN THE WORLD

Every Sunday morning I take a light jog around a park near my home. There’s a lake located in one corner of the park. Each time I jog by this lake, I see the same elderly woman sitting at the water’s edge with a small metal cage sitting beside her.

This past Sunday my curiosity got the best of me, so I stopped jogging and walked over to her. As I got closer, I realized that the metal cage was in fact a small trap. There were three turtles, unharmed, slowly walking around the base of the trap. She had a fourth turtle in her lap that she

was carefully scrubbing with a spongy brush.

"Hello," I said. "I see you here every Sunday morning. If you don't mind my nosiness, I'd love to know what you're doing with these turtles."

She smiled. "I'm cleaning off their shells," she replied. "Anything on a turtle's shell, like algae or scum, reduces the turtle's ability to absorb heat and impedes its ability to swim. It can also corrode and weaken the shell over time."

"Wow! That's really nice of you!" I exclaimed.

She went on: "I spend a couple of hours each Sunday morning, relaxing by this lake and helping these little guys out. It's my own strange way of making a difference."

"But don't most freshwater turtles live their whole lives with algae and scum hanging from their shells?" I asked.

"Yep, sadly, they do," she replied.

I scratched my head. "Well then, don't you think your time could be better spent? I mean, I think your efforts are kind and all, but there are fresh water turtles living in lakes all around the world. And 99% of these turtles don't have kind people like you to help them clean off their shells. So, no offense... but how exactly are your localized efforts here truly making a difference?"

The woman giggled aloud. She then looked down at the turtle in her lap, scrubbed off the last piece of algae from its shell, and said, "Sweetie, if this little guy could talk, he'd tell you I just made all the difference in the world."





You can watch the short film **"NAZARIYA"** on YouTube

FALSE POINT OF VIEW

Character -
Suleiman: A smart boy belonging to a simple family**,**
Gaurav: Mischievous son of a police inspector **and**
Suleiman's classmate, Teacher: A faithful man who limps while walking**. Gaurav's parents, Narrator.**

SCENE 1

Narrator : *Scene-Classroom. students are writing and reading on their own.*

Gaurav : Suleiman, hand me your notebook quickly. The teacher will come anytime now. I will copy all the answers quickly. Or else the teacher will beat me again today.

Suleiman : For how long will you keep cheating the teacher. This is not good.

Gaurav : I hate being beaten up. Before this, the school where I studied... nobody dared to beat or scold me... Schools administrator used to make regular rounds of my school. Do you know my father is a police inspector...he keeps everybody tightened up.

Suleiman : The maths teacher...to whom all students call 'cripple' is a very simple man. Anyone is allowed to go to his house and clear their doubts after school hours. I go to his house every day to study... He charges nothing. In this era where people only think of profiteering there are teachers like him who are teaching extra hour that too free.

Gaurav : (Makes faces) That's not a big deal. If I wish I can have two or more teachers coming to my

residence to teach me. But what will I achieve by studying so much? Now, look at your elder brother, it's been over three years since he completed his M.A., and he has not managed to get a simple job yet. For me it's different. We operate three trucks in the city, if I wish I can just sit at home all my life and do nothing, still I can survive like a royal. Now come on give your notebook. The teacher will be here at any moment.

Narrator : *Gaurav copies all answers from Suleiman. The teacher enters the classroom. All the students stand up an greet the teacher.*

Teacher : Ok students, please sit down. Have you all solved the three questions that I gave yesterday? Please keep your notebooks on my table for me to check. (Looks at Gaurav) Gaurav, give your notebook. Let me check yours first, let me see how you have solved the questions.

Gaurav : Yes ... yes, sir... actually ...I have sir solved it...sir (Stammers)

Teacher : Right... it is evident how you have not solved the questions on your own and have copied them all from Suleiman's book. Every evening you are too busy playing. I have asked you to come to me after the class if you have doubt... you can also reach me in the staff room during a free period. But you don't want to put efforts... You just look for shortcuts. You have just sworn to not study. Put both your palms before me.

Narrator : *Hits him with a cane on both hands. Gaurav... get upset and goes to his seat, the period gets over and the teacher leaves the class so does the students.*

Suleiman : Keeps his hand on Gaurav's shoulder) Look Gaurav... you are not weak in studies... You score good marks in English. Nobody in this

entire schools does drawings as you do. Just maths is your weakness.... If you put a little more effort and I am damn sure you will pass the exam with first division.

Gaurav : No Suleiman... If need be I will leave school. But, I can not tolerate this teacher beating me every day.

Suleiman : No Gaurav, this teacher is a very good man, you don't know him well yet as you are new to this school. He is a lonely man... has no family. He is worried for the future of all his students... wants them to study and be successful in life...Still, you have time in hand... go home and think with a cool mind. It is not a rocket science...You just have to concentrate... and it will be a cake walk for you to solve all maths questions. Now come on cheer up and eat something... I have got dumplings made up of Jackfruit for you.

Narrator : *Both starts eating their lunch.*

SCENE 2

Narrator : *Gaurav is seen sitting in his living room drawing something... His parents too are sitting near him. Gaurav's father is reading some letters...while the teacher arrives at his residence.*

Teacher : Namaskar Inspector.

Inspector: Namaskar teacher. Also please don't refer to me as inspector. You have come to my house at... I am an inspector in my police station.

Teacher : So you shouldn't refer to me as a teacher as this isn't my school... (Both laugh) But today I have come here in the capacity of a teacher only.

Inspector: Gaurav is not concentrating on studies, it seems?

Narrator : *Gaurav picks his things and discreetly goes to another room.*

Teacher : He has not been coming to school for the past three days leave alone concentrating.

Mummy : But he has been leaving for school every day as usual... Also, he reaches home after school at the usual time. (Calls Gaurav) Gaurav please come here... what is this that your teacher is telling?

Inspector: Gaurav... you stupid boy. Come here, I will teach you a lesson today (picks up a cane).

Mummy : Please let me handle him today... your blind love and support have given this courage to bunk school like this. You can just take care of your police station... when it comes to your home... everything is left on me (Inspector gets aside). And you, where were you going with your school bag for the past three days?

Gaurav : I am sorry mummy... very sorry. This won't happen ever again. I find maths problems very difficult... was scared of the teacher's beatings. So I decided to bunk school. Every day I used to go and sit on the banks of the river and play in the playground nearby.

Mummy : It's your teacher who can forgive you now... not us. Touch his feet and ask for forgiveness.

Narrator : *Gaurav touches his teacher's feet.*

Teacher : (Pats his back) Look, son, I am doing all this for your benefit. Maths is a compulsory subject and it will ruin your total score in the exam. You will have to study maths no matter what. I am willing to help you in any way possible. You can ask me and clear all the doubts you have. There are other students in your class, how do they manage to concentrate? Nothing in this world is impossible, all we have to do is work hard and put more efforts. It's time to take a call.

Narrator : *Tea and snacks arrive and are kept on the table... Teacher and Gaurav's parents have tea, while Gaurav goes to another room.*

Inspector: Thank you, teacher, you did a great thing by timely informing us about Gaurav. He never told us that he is finding it very difficult to cope up with maths.

Teacher : I'll take your leave now sir, Namaste.

Narrator : *Teacher leaves.*

SCENE 3

Narrator : *Students are seen walking towards their classrooms carrying their bags.*

Suleiman : Oh, hi Gaurav... so finally you realised your mistake and so you are back to school. You didn't come to school for three days... believe me, I got bored to death. I was then planning to come to visit you at your house, then I feared some police personnel on security duty would scold me.

Gaurav : I wouldn't have come to school even today. But limping jack... that cripple our maths teacher came home and met my parents. He got my parents to take my case. Now I will take revenge on him for what he did to me... I feel like breaking his other leg too.

Suleiman : (Tries to explain him) It's not like what you think Gaurav. He is a very simple man. He is just trying to help you. It's for our benefit that he scolds and beats us.

Narrator : *Gaurav ignores all that Suleiman says. Imitates his teacher and limping...he starts singing: Mr Teacher Limps... looks like chimps, unable to walk...never misses a chance for loose talk.... Gaurav loses balance and falls along with his school bag. He screams very loudly...and cries due to unbearable pain. All the students get scared and stand aside...meanwhile, the teacher arrives.*

Teacher : Oh my God... Gaurav what happened... How did

you fall? (Caresses his hand) (Speaks to himself) Oh god, I think there is a fracture in his wrist.

Narrator : *He tried to look for handkerchief... when he couldn't find one he tears a piece of cloth from his Dhoti and ties his hand.*

Gaurav : (In a semi-conscious state) Please forgive me, sir, I will focus and concentrate in Maths. I will try to work hard... Please forgive me.

Teacher : Don't stress over it, my boy... don't worry. Just relax...(Picks him up and takes him towards the staff room) Rest for a while under the fan in the staff room. The principal has already informed your father... He is on his way to pick you up. And here your father reached already.

Gaurav's Parents: What has happened, sir?

Teacher : Now what should I say, madam. Nowadays.. school bags are heavier than the weight of kids themselves. He couldn't manage the weight and fell.

Gaurav : No that's not how I fell... I was actually making fun of teacher limping... was imitating his walk, that's when I lost balance and I fell. Till now I couldn't recognise the true nature of the teacher, but now I have realised my mistake and he is such a good person. Please forgive me, sir.

Inspector : At least due to this accident... you realised your fault. Now come on, let us visit the hospital and get a band-aid for your hand.... By that time pain too will subside.

(Inspector picks his son up.... Mummy follows them.)

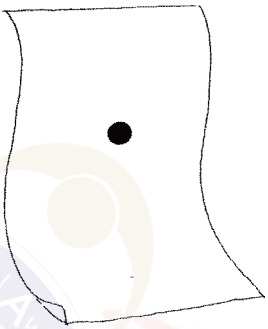
----END----

GAMES

1. PERSPECTIVE

Requirement - A white paper with a pea size black dot.

Instructor - Today I will show you something tell what do you see? (show the above paper to children)



Children - This is a black dot.

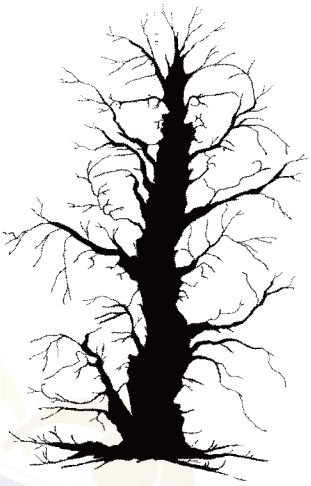
Instructor - Absolutely correct answer. This is a black dot we all notice the black dot immediately and not the huge white paper surrounding it, often, in life even if the person has all good qualities we easily point out his bad quality quickly people who tend to find fault in all the people and things around them, are not happy or contended. Chhattrapati Shivaji Maharaj was a great connoisseur and he identified the bravery of the tribal malwas and moulded them to support him in establishing Hindavi Swaraj Baji Prabhu, Tanaji Hiroji all belonged to this great clan.

Thus by identifying the best of a person shivaji could establish the great and successful Maratha kingdom. (malwas a tribe from malwa region of Maharashtra)

2. UPLOAD PIC FROM BOOK

Show the accompanying picture to the children. Ask them what they see. They will point to dried – up branches of the tree. But if they observe closely, there is lot of depth to the picture. Give another chance to the children. Close observation points out to images of great personalities on

the left, Dr. Ambedkar, Bal Gangadhar Tilak, Swami Vivekananda, Subhash Chandra Bose faces are visible while on the right. Gandhiji, Rajiv Gandhi, Indira Gandhi faces are visible. Children are delighted to look for hese images. Ask them to calm down.



Instructor: As soon as you saw the picture you all point to a dry tree. But only on close observation did we understand the hidden faces in it. Many times, we behave similarly. Just by seeing the face, we develop a notion about the person's nature 'He must be a proud man, snobbish or stubborn' is our comment. In reality, we aren't familiar with the nature of the person and we simply judge him by what we hear about him. We often regret later, but it's of no use. It's too late.

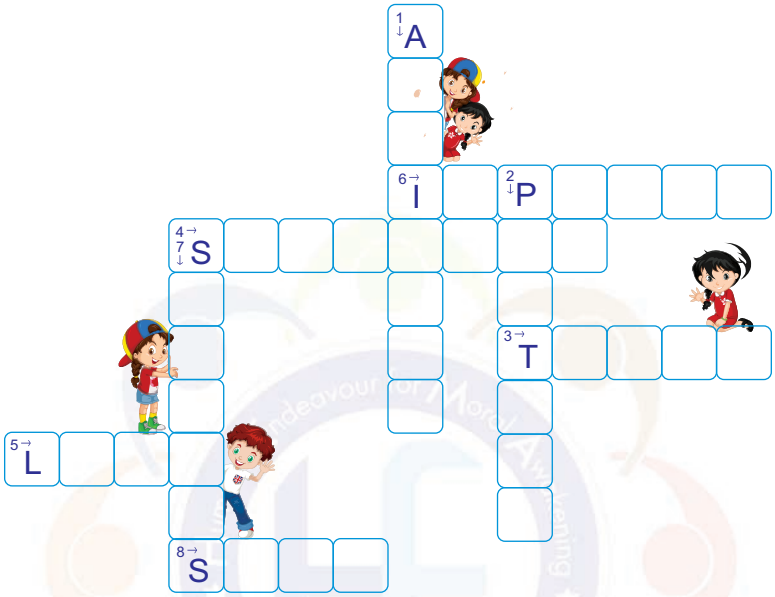
ANSWERS OF CROSSWORD :

1. Attitude	2. Positive	3. Think	4. Solution
5. Life	6. Improve	7. Success	8. Stay

ANSWERS OF SCRAMBLE :

• Determines • View • Action • Place Positive

CROSSWORD



Find the answer to the sentence and fill the crossword above. The number of letters of the word has been given as clue.

Questions :

1. Your _____ determines your outlook. (8)
2. Always end the day with a _____thought. (8)
3. As you _____, so shall you be. (5)
4. Every problem has a _____.(8)
5. Always have a positive outlook on _____. (4)
6. The positive people always_____them selves. (7)
7. You positive action combined with positive thinking results in _____.(7)
8. Think positive, live positive and _____ positive. (4)



SCRAMBLE

Arrange these jumble letters to form a word. Pick the encircled letters from the words and form another word. This will give you the missing word in the sentence below.

NIREDETMES

EIWV

IONTCA

PCELA

Always end the day with a _____thought.



PUZZLE

In the puzzle below, you have 16 words which are synonyms for **NAZARIYA**. You will find them in different pattern. One of the words is done for you. Find the rest.

A	P	X	A	N	O	I	T	I	N	G	O	C	E	R
S	P	O	T	F	B	I	P	A	Z	U	Q	N	X	M
P	R	G	S	K	A	W	A	R	E	N	E	S	S	V
E	E	A	L	W	O	Z	K	O	O	L	T	U	O	C
C	D	N	E	O	X	M	P	T	G	T	K	P	F	O
T	U	V	R	S	I	G	C	N	S	C	E	I	I	Q
D	T	K	I	A	N	O	A	I	M	R	K	C	Q	W
A	I	P	I	L	N	S	B	O	S	T	L	T	O	Y
P	T	R	G	C	A	G	I	P	P	X	Z	U	X	V
X	T	E	E	P	L	Q	E	W	O	S	E	R	K	E
P	A	P	R	C	I	C	A	E	Y	W	A	E	W	I
A	T	T	G	U	T	A	P	I	Z	O	W	R	L	Z
Q	E	R	Q	I	L	I	Q	V	V	M	Q	P	G	O
M	K	A	V	H	Y	P	O	T	H	E	S	I	S	P
Z	S	E	V	I	P	A	L	N	X	O	Q	M	H	V

Words

Viewpoint : She couldn't agree with him more, but it was an unusual viewpoint for a man.

Angle :
Perspective :
Outlook :
Direction :
Aspect :
Attitude :
Concept :
Hypothesis :
Aim :
Range :
Spot :
Picture :
Recognition :
Awareness :
Grasp :

CASE STUDY



SWAMI VIVEKANANDA

Born as Narendranath Dutta on 12th January 1863 in the holy and divine place of Kolkata, Swami Vivekananda was a great Indian saint. He was a figure with “high thinking and simple living”. He was a great pious leader, a philosopher, and also a devout personality with great principles. His eminent philosophical works comprise of “Modern Vedanta” and “Raja Yoga”. He was a principal disciple of “Ramkrishna Paramhansa” and was an initiator of Ramkrishna Math and Ramkrishna Mission. He thus spent his whole life in the dispersion of the values embedded in the great Indian culture.

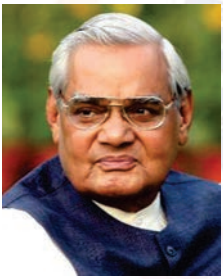
His master had taught him that God himself is an embodiment of all living beings, therefore, to serve God by serving mankind can be. Swami Vivekananda and the Western world to its spiritual genius of the Indian Vedanta philosophy and Yoga are famous for getting familiar with. To educate the public, women's emancipation and development of the poor and founded an organization named the Ramakrishna Mission. The organization is also pioneering work selflessly serve society - such as hospitals, schools, colleges etc., walk to help the earthquake victims of other disasters. Council of World Religions in Chicago in 1893, India has become Pratinidhi. Swamiji with his lecture proved that Hinduism is too great, it is able to accommodate all religions. They first great cultural ambassador of India to the West. His main role in the revival of Hinduism in India is special. His whole life was dedicated to the development of mankind. He believed that human’s service is God’s service. According to him the success, purity, patience, perseverance and love are essential.

Through his own examples in life, he showed to humanity that respect and humility are very important for human beings. Leading a good and pure life is the essence of all religions, he believed. He believed that character building and increasing the power of the mind are the goals of education. His friends and fans were inspired to be more self reliant after watching Vivekananda.

He also said, "Have faith that you are all, my brave lads, born to do great things."

Swamiji's call to the nation is: "Arise, awake; wake up yourself, and awaken others. Achieve the consummation of life before you pass off. Arise, awake, and stop not till the goal is reached."

Swami Vivekananda passed away in 1902.



ATAL BIHARI VAJPAYEE

Atal Bihari Vajpayee' was born on December 25, 1924 at Shinde Cantt in Madhya Pradesh.

Atalji's early education took place in the local school. Later he graduated from Victoria College in Gwalior. Thereafter he passed the masters degree in political science in the first class from D.A.V. College, Kanpur. Thereafter, he was admitted to the University for study in Law.

While Atalji was just a student, he aligned himself to the Rashtriya Swayam Sewak Sangh (R.S.S.) and later become its “Pracharak”. He was the founder member of the ‘Jansangh” then political party founded by R. S. S. After entering the politics of the country, he climbed up step by step and he was considered as the spotless meticulous statesman of the Indian politics.

He also took part in 'Quit India' movement and went to jail for 24 days. He specialized in the field of journalism and

gained fame. Atalji wrote several books. Atalji was a skilled speaker. His manner of speaking was like and electric spark and it inspired many. On April 6, 1980 he gained the position of national president of B.J.P. On May 16, 1996 Atalji was sworn in as the country's 10th Prime Minister. But he had to resign due to the lack of the required number of votes in the parliament. On March 19, 1998 he was re-sworn in as Prime Minister of the country. On October 13, 1999 Atalji was sworn in as Prime Minister for the third time.

Atalji was not only a politician but also a recognized writer and person. His open nature made him great. He was the first Prime Minister of India who was regarded as non-controversial politician of the country. Atalji reached the pinnacle of popularity and appreciation from across all parties, and he did not require any affiliation to any party to get recognized. On the other hand, his presence itself wast a pride of any party



HELEN KELLER

Helen Adams Keller was an American author, political activist and lecturer. She was the first deaf – blind person to earn a Bachelor of Arts degree. After graduating from Radcliffe, she went on to become one of the most influential people in the 20th Century. She worked for the rights of persons with disabilities, women and under privileged sections of society.

Helen Keller was born as a normal child in Tuscumbia, Alabama on June 27, 1880. She lost her hearing and sight at 19 months of age to what is now diagnosed as scarlet fever. Five years later, her parents, on Alexander Graham Bell's advice, applied to hire a teacher from the Perkins Institute for the Blind, in Boston.

Anne Mansfield Sullivan was able to bring about an extraordinary transformation in Helen's isolated world. She taught Helen to understand and communicate with the world around her. Anne Sullivan taught Helen to read and write in Braille and hand signals of the deaf mute, which she could understand by touch. Her efforts to speak later on in life, were not as successful, when she went on to become a public figure, but she was able to make herself being understood.

Helen Keller started attending the Perkins Institute for the Blind in May, 1888. Helen entered The Cambridge School for Young Ladies before gaining admittance to Radcliffe in 1900.

She became the first deaf blind person to earn a Bachelor of Arts degree, at the age of 24 in 1904.

Helen Keller was determined to communicate with others and she learned to speak. She spent much of her life giving lectures and speeches. She learned to read lips with her finger tips, so she could 'listen' to other people's speeches. She is known for her strong support for people with disabilities. She travelled to over 25 countries, giving lectures and motivational speeches about deaf people's conditions.

She was a woman's rights activist, a political activist, a social activist and a pacifist. She also helped to set up several foundations for the various causes she believed in, like the Helen Keller International organisation, along with George A Kessler, and it is devoted to research in vision, health and nutrition.

She also helped to found the American Civil Liberties Union (ACLU).

Helen Keller wrote a total of 12 published books and several articles.

She was nominated for the Nobel Peace Prize, in 1953. She was awarded the Presidential Medal of Freedom in 1964.

SONG

MOVIE: TARE ZAMEEN PAR (2007)

Dekho Dekho Kya Wo Ped Hai

Dekho Dekho Kya Wo Ped Hai,
Chadar Odhe Ya Khada Koi
Dekho Dekho Kya Wo Ped Hai,
Chadar Odhe Ya Khada Koi
Barish Hai Ya Asman Ne Chhod Diye Hai Nal Khule Kahin
Ho Hum Dekhe Yeh Jahan Waise Hi Jaise Nazar Apani
Khulke Socho Ao, Pankh Jara Failao
Rang Naye Bikhrao, Chalo Chalo Chalo
Chalo Naye Khab Bunle

Sa Pa Dha Re Ga Re Ga Ma Pa Sa
Bum Bum Bum, Bum Bum Bum Bole
Hey Bumchik Bole, Are Masti Me Dole
Bum Bum Bole, Masti Me Dole..
Bum Bum Bole, Masti Me Tu Dol Re(2)

Bhala Machhliyan Bhi Kyun Udati Nahin,
Aise Bhi Socho Na
Socho Suraj Roj Nahaye Ya,
Bal Bhigoke Yeh Budhdhu Banaye Hame
Sare Tare Tim Timaye,
Ya Phir Gusse Me Kuchh Badbadate Rahein
Khulke Socho Ao, Pankh Jara Failao
Rang Naye Bikhrao, Chalo Chalo Chalo
Chalo Naye Khab Bunle
Ye Ye Ye Ye Ye
Bum Bum Bole, Masti Me Dole

Bum Bum Bole, Masti Me Tu Dol Re
O Rat Ratke Kyun Tanker Full, Tanker Full, Tanker Full
Ankhein Band Toh Daba Gul, Daba Gul, Daba Gul
O Band Darwaje Khole Re, Khole Re, Khole Re, Khole Re
O Ja Bindas Bol Re, Bol, Bol, Bol, Bol Re
Main Bhi Hoon, Tu Bhi Hai
Main Bhi, Tu Bhi, Hum Sab Milke
Bumchik Bum, Bumchik Bum, Bumchik Bum
Bumchik Bum, Bumchik Bum, Bumchik Bum
Bumchik Bum, Bumchik Bum, Bum Bum Bum Bum
Bum Bum Bole, Masti Me Dole
Bum Bum Bole, Masti Me Tu Dol Re

Aisi Rangobhari Apani Duniya Hai Kyun,
Socho Toh Socho Na
Pyar Se Chunake Inn Rango Ko Kisine
Sajaya Yeh Sansar Hai
Jo Itani Sundar Hai Apani Duniya,
Uparwala Kya Koi Kalakar Hai
Khulke Socho Ao, Pankh Jara Failao
Rang Naye Bikhrao, Chalo Chalo Chalo
Chalo Naye Khab Bunle
Bum Bum Bole, Masti Me Dole
Bum Bum Bole, Masti Me Tu Dol Re
Bum Bum Bole, Masti Me Dole
Bum Bum Bole, Masti Me Tu Dol Re
Bum Bum Bole, Masti Me Dole
Bum Bum Bole, Masti Me Tu Dol Re
Bum Bum Bole, Masti Me Dole
Bum Bum Bole, Masti Me Tu Dol Re O Bum Bum Bole

RESOLUTION



Let us resolve to respect other people's perspective.

ASPIRE TO INSPIRE



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

LET'S STEP OUT...



1. Make children wear black goggles and ask them the colour of things that they see. Make them wear green goggles and ask them the colour of things once again. Let them state the conclusions
2. Take a half glassful of water. Ask every child what they see. Record their responses. Discuss the responses with children.
3. Some people curse the rain, while others dance in it. Why?

WHAT MORE!!

- Essay Writing
- Debate
- Drawing
- Group Discussion
- Street Play
- Extempore speech
- Eco-friendly painting
- Field project
- Mono acting

MAANAVTA



INTRODUCTION

Humanity is the human race, which includes everyone on Earth. The ability to love, have compassion, be creative are some of the abilities whereby we can say we have humanity in us. It is the source of true happiness and it is to fulfil our rational capacity through the pursuit of knowledge and virtue. Intellectual virtues are involved in the pursuit of knowledge, and moral virtues dominate the life of action in the world. A balance of both means caring for and helping others whenever possible. Humanity also means helping others at times when they need that help the most, forgetting our selfish interests at times when others need our help. Humanity also means extending unconditional love to each and every living being on Earth.



LIFE SKILL QUESTIONS

1. What small act of kindness was I shown that I will never forget?
2. Individuals experiences a loss of control over their lives. Why?
3. How would some of your closest friend describe you?



- “Be a good human being, a warm hearted, affectionate person. That is my fundamental belief.” **- Dalai Lama**

- “Humanity, take a good look at yourself, inside. You’re a world – everything is hidden in you.”
  - Hildegard of Bingen

- “By serving humanity, I automatically serve myself.”
  - Vironika Tugaleva

- “My humanity is bound up in yours, for we can only be human together.” **- Desmond Tutu**

- “Moral courage is the highest expression of humanity.”
  - Ralph Nader

गुरु : अद्य वयं मानवतायाः पाठः पठामः |
Guru : Today we will all study about humanity.

शिष्य : मानवता अर्थात् मानवधर्मः वा ?
Disciple : Is humanity a human religion?

गुरु : आम सत्यम् |
Guru : Yes, you are right.

शिष्य : तर्हि किं मानवकर्तव्यानि ?
Disciple : So, what are human duties?

गुरु : मानवतायां सर्वप्राणीभ्यः सद्वर्तनं,दया,अहिंसा इत्यादिभिः गुणैः व्यवहारः |
Guru : To deal with all these qualities in human beings like sattvata, compassion, non-violence.

शिष्य : आम | वयं तत्तु कुर्म एव अन्यत् किं किं भवति ?
Disciple : Is all that we do for others?

गुरु : सदा सर्वदा सत्यः , सेवा ,धर्माचरणं इत्यादय अपि भवितुमर्हन्ति |
Guru : It can also be the conduct of every human, truth, service, religion.

शिष्य : भवदुपदेशं शिरोधारयामः |
Disciple : We receive your sermon.

गुरु : कल्याणमस्तु |
Guru : Good for all of you.

SANSKRIT SHLOKAS

सर्वेषां हितकर्तृत्वं ऋजुतया व्यवहारः |
यस्मिनेते च प्राप्येते सा नृ मानवताधरः ||

The qualities that make for humanity are good behaviour. Always thinking of good for other is a humanity.

परोपकारः सर्वेषां दया धृति क्षमा सत्यम् |
एतेषां गुनानामेक्यं मानवता सा कथ्यते ||

Philanthropy, compassion, patience, forgiveness and truthfulness are the elements of Humanity.

POETRY

HUMANITY

You are as loving as you think you are.
You are as caring as you think you are.
Life is for endless love and for care.
Life is for joy and happiness to share.
Life is to appreciate and see beauty.
Life is to love and help the humanity.



MORAL STORIES

1. A FATHER'S DETERMINATION

In a remote village in India's state of Orissa, the school children needed to walk through 10 kilometers of thick bush, climbing up and down hills and boulders in each direction for three hours, to reach the school. It's understandable why many of these kids gave up on their education.

But a father named Jalandhar Nayak was determined that his sons would receive an education. His boys moved closer to the school, and Nayak began to work. Armed with only a pickaxe and a crowbar, Nayak began clearing a road to the village in 2016. He pushed boulders and dug the earth so that it would be a flat surface. He worked from Sun up until Sun down, eight hours a day every day for two years straight.

A local news outlet heard about Nayak's story. The government agreed that the village needed a road, so they paid him for his time and took over the construction where he left off. Once he got the media's attention, he requested that the village gets access to running water and electricity, too. After generations of this village having been so far removed from civilization, one man's actions helped the entire community.

2. SUNLIGHT IN SUMMER

Sunlight which is lifeline for our existence, how it changes its role as per season. In summer, it changes to its extreme: Sunlight in Summer. Are we not a part of this eco-system? We are blaming others for global warming and

disturbing the natural cycle. But do we still have humanity? Are we performing well from our side? Sunlight in Summer.

This year we started experiencing summer pretty early. It starts getting hotter at 8:30 in morning itself. Though we used to reach office in our AC cabs and day is spent again in AC cabins, but still we have discussions blaming global warming for environment damage. Now going out in sunlight even for short duration is a pain.

This summer is killing.

People have already started getting heat strokes. In office, daily I am getting to know, some one on sick leave because of climate change.

While coming to office this morning, at the signal, I saw a woman selling nice guavas in a cart. Thought to buy, but stepping in sunlight even for 2 mins, my intentions answered. I waved to her so that she can see and came to my car to sell. In the meantime, signal got green and my driver moved the car.

That day along with other chit chats, I mentioned my guavas incident as well, how I missed juicy guavas.

While returning that evening, I again saw that women with her cart. It became a routine now, saw that women daily with fruits and I am left tempted to buy but heat had been stopping me always to get out of car and be at her cart.

One evening she came this side of the road, selling guavas and finally I got a chance to stop my car. I took guavas and some other fruits from her. She was sweating. I told her drink some water and be in shade. To which she replied, “Madam, it’s our job, we are in the sun only then we are able to sell our stuff”.

I asked how much she make up in a day, if she doesn’t mind to share. She didn’t hesitate and said, when it’s too hot, she makes around 2000 rupees in a day and other wise its 1000-1200.

I said, 'So extreme heat is more business for you.' She smiled.

I took my bag and left from her stall. As my car moved, I was still looking at that lady.

Again remembered my words to her "I said, oh, so more hotter is more business for you". We mostly spend our time in air conditioners and still complaining about the summer. What about these people? They are in the sun, all day, making their ends meet and not complaining at all. I asked my driver to stop. I stepped down from the car and went towards her cart. I noticed she was still selling and smiling.

She smiled at me, seeing me coming back to her cart. She asked whether I forgot anything. I didn't reply anything, can't say I forgot humanity. I just handed over to her my chilled water bottle to drink.

From next day, I started carrying extra water bottles while going office for my unknown street friends...

3. SANTA CLAUS

When Jim Glaub and Dylan Parker moved into a new apartment together in Manhattan, they never expected to receive hundreds of letters addressed to Santa Clause. At first, they thought it might be a joke or a scam. As time went on, the number of letters became overwhelming.

They searched in google their new address but couldn't find anything. For whatever reason, these kids thought that Santa lived in New York City. Somehow, they all knew to write to Jim and Dylan's address. Many children wrote that their parents didn't have enough money to buy presents. The letters were heart-breaking to read, and it would have been impossible for Jim and Dylan to make every child's dream come true on their own.

They started a Facebook group and began handing out Santa letters to friends, family, and volunteers who were willing to sponsor a child's Christmas wish. One of Jim and Dylan's friends were suspicious that they were falling for some sort of scam.

So, after sending her package of Christmas presents to an address in Bronx, she hid outside when the UPS truck arrived. Sure enough, children ran out of the house, squealing that Santa had come. Their mother was crying tears of joy! It was all real.

Today, Jim and Dylan have fully embraced this phenomenon by starting a foundation called the Miracle on 22nd Street where anyone can volunteer to answer a child's Santa letter each Christmas. Writer and comedian Tina Fey was so moved by this story that she is already working on a movie about it.





You can watch the short film **"MAANAVTA"** on YouTube

GANNU - The Baby Elephant

Narrator 1 : *Beni Ram found Gannu sitting close to her mother's body. Her leathery face was stained with tears. Beni Ram walked up to her slowly, not wanting to scare her. Then he stopped and held out a hand.*

Beni Ram : (whispered) "Aa, aa..., come."

Narrator 1 : *The baby elephant looked at him and then turned away. So Beni Ram quietly went home.*

Narrator 2 : *The next morning, he returned. Now Gannu's head was resting close to her mother's still one. She was looking at her mother out of the corner of her eyes. Beni Ram had brought bananas from his orchard.*

Beni Ram : He held one out to Gannu, "here, take it." but she ignored him.

Narrator 2 : *Beni Ram had no luck with Gannu for two whole days. Each day when he came to collect firewood from the forest, he offered her food. But she wouldn't look at him.*

Narrator 1 : *Then, on the third day, she raised her head and sniffed his hand with her trunk. Beni Ram felt her soft breath blowing on his palm.*

Beni Ram : "Good baby! Aa ....aa ... Come."

Narrator 1 : *Slowly she got up and followed him. She turned one last time to look at her mother, as if to say goodbye.*

Narrator 2 : *When Kamala saw her husband coming home with a baby elephant, she was surprised.*

Kamala : "Deo! Kinnu!" she called excitedly.

Narrator 2 : *The children came running out of the house and stopped in surprise. When Beni Ram and Gannu*

entered the little wooden gate, Kinnu hid behind her mother. But Deo walked up to Gannu who shied away.

Beni Ram : "Not so soon, Deo," said Beni Ram. "She's never been among humans before."

Narrator 1 : *That night, Beni Ram fed Gannu bananas.*

Beni Ram : "Here. Have some food. You love bananas. We will take care of you now. No need to feel scared. This is your new home. Now rest. We will meet tomorrow." And left her to sleep in the grain shed.

Narrator 2 : *When the household was asleep, Deo crept into the grain shed. Gannu eyed him nervously, but he didn't go near her.*

Deo : "Shh! I have come to keep you company. You are all alone. I do not like to sleep alone. I will sleep in that corner don't worry. You can go to sleep."

Narrator 1 : *He piled up some hay in the far corner, lay down on it and went to sleep.*

Narrator 2 : *After a few minutes, lonely, sad little Gannu began to feel comforted by his presence. She put her head down onto the brown earth and fell into a peaceful sleep.*

Narrator 1 : *Months passed. Gannu became part of Beni Ram's household and grew bigger by the day. Beni Ram stopped selling the bananas from his orchard. When the neighbours asked him why, he only smiled and shrugged.*

Narrator 2 : *Gannu seemed to understand the kindness she received in her new home. One morning, when Kamala came out of the house struggling with a pot of water....*

Kamala : Oh My! This is so heavy and cumbersome!

Narrator 1 : *Gannu lifted it out of her arms!*

Narrator 2 : *Putting it onto her own back, she turned to Kamala as if to say, "Let's go, what are you*

waiting for?"

Narrator 1 : *Surprised, Kamala laughed and led the way to the orchard, where the fruit trees had to be watered.*

Kamala : "Oh thank you, Gannu! You are so sweet! Now the job of watering will be done in no time at all!"

Narrator 1 : *One day, Gannu disappeared for many hours. When Deo went searching for her, he saw the elephant walking down the muddy forest path. There was a bundle of firewood on her back.*

Deo : "Gannu! My sweet girl. Thank you so much. It is indeed a very considerate and kind of you to fetch the woods for us."

Narrator 2 : *After that, fetching wood for the fire became Gannu's special task.*

Narrator 1 : *Summer was the time of the annual village fair. People from far and wide came to eat the delicious badas and kachoris, to watch artists walk the tightrope, and buy the colourful puppets on display. Kinnu was very excited. She dragged her parents away from their chores and to the fair!*

Kinnu : "I want to go to the fair. It is so much fun. There are so many rides, different varieties of food, and so many things to buy. Come let us all go."

Kamala : " Kinnu, beta. I know you are all excited. But we have to finish all the chores then we can leave."

Kinnu : "No! we will miss out on so much fun. Please let us leave now"

Beni Ram : "We should not behave so rudely, dear. Let us all finish the work together then leave."

Deo : "You all leave. Let Kinnu have fun. I will join you as soon as I finish the work. I have attended so many with you all. I do not mind it."

Beni Ram : "Are you sure?"

Deo : "Yes. I am sure. Kinnu will have a good time.

And so will we! I will follow as soon as I finish the work."

Kamala : "Ok. Let us then leave immediately. Be careful and come as soon as you finish watering the fruits."

Narrator 1 : *Deo was to water the fruit trees and join them later.*

Narrator 2 : *When Deo entered the orchard, he stopped in horror. Three wild elephants had trampled through the neighbor's garden and were headed straight for Beni Ram's orchard!*

Deo : "I must do something," thought Deo frantically.

Narrator 1 : *The elephants reached the little wooden gate. With one heavy step, they smashed it to bits. Deo ran back into the house, grabbed an iron vessel and a metal spoon and charged outside. He banged the spoon against the vessel again and again, hoping to scare the wild elephants off.*

Narrator 1 : *It didn't work.*

Narrator 2: *Angered by the noise, the largest elephant turned and fixed its cold eyes on Deo. It began walking towards the boy, shaking its head, swinging its great trunk menacingly.*

Narrator 1 : *Deo was paralyzed with fear and his legs refused to move...*

Narrator 2 : *At the fair, some of the villagers had climbed aboard the giant wheel.*

Kinnu : "Baba, I want a ride too!" pleaded Kinnu.

Narrator 2 : *Beni Ram swung her up into one of the cubicles and got in beside her. The wheel began to turn. Round and round, up and down, it lifted the people high into the air and swirled them down towards the earth again. Kinnu squealed in delight!*

Kinnu : "There's our home!" she laughed, pointing in the distance. "Maybe we can see Deo..."

Narrator 2 : *She did. And she screamed.*

Narrator 2 : *The villagers charged towards Beni Ram's hut carrying sticks and beating drums to scare off the elephants. Tears of terror were flowing down Kamala's cheeks as she ran alongside Beni Ram.*

Narrator 1 : *But when they burst into the orchard, their hearts beating in panic, they found that they did not need to save Deo... Gannu had saved him first!*

Narrator 2 : *There stood Deo and on the other side stood the wild elephants. And in between them was Gannu. No more was she the baby Beni Ram had rescued from the forest. She suddenly looked big and very fierce. Trumpeting loudly, she stamped her feet.*

Narrator 1 : *Frightened, the wild elephants took a few steps backwards. Then Gannu lowered her great head and charged at them. The wild elephants turned and ran! Gannu chased them until they disappeared into the forest.*

Narrator 2 : *Kamala ran to Deo and hugged him. The villagers stood around, amazed by what they had just seen.*

Narrator 1 : *Minutes later, Gannu returned, looking tired and dusty. Beni Ram walked up to her and wrapped his trembling arms around her trunk, burying his face against her. He said nothing, but when he raised his head again, Gannu's leathery grey skin was wet with his tears.*

Beni Ram : "You have grown big now."

Narrator 2 : *The rains had come and gone. Soon winter would be here, and plenty of firewood would be needed to keep the fires burning through the cold months. Gannu went out every day and returned with a bundle of sticks on her back.*

Narrator 1 : *But one day she didn't come back home. By*

evening, the family grew frightened.

Kamala : "Where could she have gone?" cried Kamala to her husband.

Beni Ram : "I'll go look for her," said Beni Ram, trying to remain calm.

Deo : "Wait, Baba! I'll come with you," said Deo.

Narrator 1 : *Holding their kerosene lamps high, Deo and Beni Ram set off into the forest, calling out to Gannu. They searched for many hours and could not find her. So they returned home.*

Narrator 2 : *The next day, Beni Ram went to meet the forest officer.*

Forest Officer: "Yesterday, some hunters came to these parts looking for tuskers. We fired our rifles to scare them away. I saw an elephant with a bundle of wood on her back run deep into the forest. She was frightened by the noise."

Narrator 2 : *Beni Ram and his family were heart-broken.*

Narrator 1 : *Months passed. Every day Kamala gazed down the forest path, hoping to see Gannu coming home to them, but she never did. At night, Kinnu cried herself to sleep, and Deo hardly smiled anymore. Each day while Beni Ram was in the forest collecting firewood, his eyes searched, always hoping...*

Narrator 2 : *Then one day, while he was deep in the forest, he saw a movement amidst the trees. He hid behind a tree and looked carefully at the creature...*

Beni Ram : "It is Gannu!" he whispered.

Narrator 1 : *Then she moved to pluck some leaves, and Beni Ram saw a tiny baby elephant beside her! His heart filled with love. But as he started to come out of his hiding place and run to Gannu, a thought stopped him.*

Beni Ram : "She has got used to her life in the forest and she is happy here. Why should she come back

to the village only to carry firewood and water the orchard? After all, she's an elephant, and elephants are free..."

Narrator 2 : *Beni Ram looked at this creature whom he loved so much, for a few minutes. Then silently, he walked away.*

Narrator 1 and 2: *A little distance ahead, he stopped to look at her and her baby one last time, as if to say goodbye...*

----END----

ANSWERS OF CROSSWORD :

1. Kindness
2. Neglect
3. Soft
4. Generosity
5. caring
6. helping
7. humanity
8. Flower
9. Life

ANSWERS OF SCRAMBLE :

- Giving Humanity
- Courtesy
- Mercy
- Faith



GAMES

1. TRUST YOUR PARTNER

Outline: An activity centered around trust. A leader gives verbal or nonverbal instructions to navigate a blindfolded partner to avoid obstacles.

Ages: 14 and up.

Recommended number of people: Pairs.

Materials: Blindfolds.

Site: Outdoors, where there are no dangerous obstacles.

Take Away: The Trust Your Partner Activity is an activity involving leadership and lots of trust as students navigate each other around obstacles. Students learn valuable lessons related to teamwork; the guide learns about the challenge and responsibility of caring for another individual's well-being, while the blindfolded partner learns to trust and rely on another person.

Get started: Find a good location with some obstacles, but nothing dangerous. Form pairs. Ask one student to be the navigator (guide), and the other to be blindfolded. When the blindfolded partner is ready, slowly spin the him/her around a few times so that they do not know which direction they are headed. From this point on, the guide should not touch the partner at all, but rely solely on verbal cues (e.g. "About five steps ahead, there is a branch. Step over it slowly.") The guide is solely responsible for his or her partner's safety. He or she should be navigated to avoid obstacles.

After the game: Ask students to reflect and share upon their experiences. For example:

- What do you think is the purpose of this activity?
- What was it like to be the guide, responsible for the safety of your teammates?
- Did you have any difficulty trusting your partner while blindfolded?

- Why or why not?
- Why is trust in your teammates important?
- How did it feel when you and your teammate successfully trusted each other to accomplish something challenging?
- How does this relate to our today's value, humanity?

In this way, it help students to reflect and learn upon their experiences

2. I KNOW MY ANIMALS!

"One, two, let's play Zoo!"

Outline: Zoo is a rhythm game that has each player represented as an animal. The object of the game is to eliminate other players.

Ages: Any age.

Recommended number of people: 6-15 or 6-15 in multiple groups.

Materials Required: None.

Site: Indoors/ Outdoors

Zoo Game

Outline: Zoo is a simple yet very fun rhythm game. A group of students choose to stand or sit in a circle, with everyone facing the center. Now everyone must choose an animal to represent him or herself. Each player will have a specific animal that they represent by a hand gesture. For example, a player could put their arm up by their nose to represent an elephant or they can hold out one of their hands in a claw shape to form the paw of a lion. Students can use their imagination for how they want to represent their animal, just as long as it's not too difficult to mimic quickly. No two players can have the same animal or have a similar hand gesture, so that no one gets confused. Memorize each

player's hand gesture and make sure everyone else knows all the animals in play.

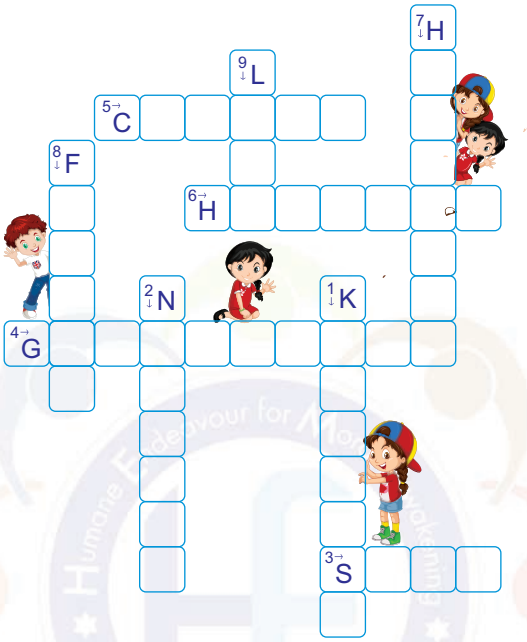
Get started: Select a person who will start the round. He or she begins a basic 1-2-3 rhythm beat among the group using your hands. On the first two beats, everyone slaps their thighs, and on the third beat, everyone claps. If you are playing for the first time, make sure everyone has a feel for the beat. When all players are ready, begin the beat and everyone shout, "One, two, let's play Zoo!"

Slap your hands on your thighs for the first two beats, then on the third beat, perform your animal hand gesture (if you are the first player.) On the next set of three beats, slap your thighs twice, then use another person's animal gesture on the third beat. At this point, the player whose animal was just represented has to respond by performing their animal, still keeping with the 1-2-3 beat. After that, they throw it to another player by representing their animal on the next rhythm beat.

Continue playing the beat with your hands by slapping your thighs twice and then clapping on the third beat, if you don't need to represent your animal. Everyone has to keep the beat going, regardless of whether or not you are representing yours or another person's animal. Keep in mind that just because the beat is 1-2-3 that doesn't mean it has to stay at the same speed. Players can, and probably will, speed up the beat, making it tougher on everyone to stay focused.

Failure to represent your animal or messing up a hand gesture means that the player is out of the group. The circle must remain close. The last player remaining wins the game.

CROSSWORD



Find the answer to the sentence and fill the crossword above. The number of letters of the word has been given as clue.

Questions :

1. _____is the golden chain by which society is bound together. (8)
2. It is an act of moral cowardice for a society to _____ its poor. (7)
3. We humans are _____-hearted citizens with a lot of attachment. (4)
4. The old-age homes depend on the compassionate feeling and _____ of the general public. (10)
5. Humanity means _____ for others. (6)
6. Humanity means _____ others without any expectations. (7)

7. Only human beings can understand the importance of _____. (8)
8. Politeness is the _____ of humanity (6)
9. The sole meaning of _____ is to serve humanity. (4)



SCRAMBLE

Arrange these jumbled letters to form a word. Pick the encircled letters from the words and form another word. This will give you the missing word in the sentence below.

IVIGGN

RESYTOUC

MRYCE

AHTIF

Service to _____ is service to God.



PUZZLE

In the puzzle below, you have fifteen (15) words which are synonyms for **MAANAVTA.** You will find them in different pattern. One of the words is done for you. Find the rest.

K	I	N	D	N	E	S	S	L	Y	W	A	Z	I	S
R	F	N	B	O	O	N	R	F	M	N	M	T	E	O
W	E	M	V	C	O	L	A	Z	U	J	H	R	T	F
E	G	H	I	I	D	U	T	Y	N	M	I	U	Y	T
G	T	E	G	B	O	Q	F	B	S	K	V	T	A	H
M	T	A	F	F	E	C	T	I	O	N	I	H	O	E
Y	H	Q	E	I	R	Y	U	S	A	G	H	J	X	A
H	N	S	C	H	A	R	I	T	Y	U	A	E	R	R
D	U	I	I	O	T	E	C	N	A	R	E	L	O	T
C	O	M	O	L	G	K	S	N	L	B	Z	O	M	E
V	S	O	A	L	T	Y	O	X	C	O	T	V	I	D
E	X	B	E	N	E	V	O	L	E	N	C	E	B	N
S	M	Y	N	O	I	S	S	A	P	M	O	C	U	E
X	L	C	A	E	E	T	O	K	X	Z	N	I	R	S
S	Y	M	P	A	T	H	Y	U	J	S	Z	O	I	S

Words

Society :
Humanity : He was a friend of humanity and a great patriot of the India.
Altruism :
Compassion :
Benevolence :
Tolerance :
Sympathy :
Softheartedness :
Kindness :
Charity :
Love :
Affection :
Duty :
Truth :
Boon :

CASE STUDY



KING SHIBI

Shibi Chakravarti was the son of Ushinara, a famous king of the Lunar dynasty. He was contemporary to Suryavanshi King Trayarunya who was the ancestor of Lord Rama. King Shibi was renowned for his liberal beliefs and selflessness and is said to have saved Agni from Indra by offering up his own flesh.

His story is highlighted in the Mahabharata. He once encountered the spirit of Yayati and helped restore the king to heavens.

Narada mentions that Shibi had conquered the entire world single-handedly and performed Ashwamedha Yagnas and was extremely charitable. Shibi once slew his own son to satisfy a Brahmana, who saw his folly and resurrected the boy back to life. Of all his half brothers, Shibi was the greatest for observing Dharma.

Children, you just saw how kind King Shibi was. He was ready to sacrifice his own life just to save the life of a pigeon. That is why even the Gods had to descend from the heavens to bless him. We should learn to be kind and helpful to others.



KAILASH SATYARTHI

Kailash Satyarthi was born on 11 January 1954, in Vidisha, a small town in Madhya Pradesh, a state in India. Even as a child he was a very compassionate individual. He noticed that some children did not go to school like he did and instead worked under harsh conditions to earn

money.

Disturbed by the inequalities he witnessed, he decided to do something about it. He asked his classmates to donate textbooks and money to the underprivileged so that the poor kids too got a chance to study.

Kailash Satyarthi is a renowned Indian child rights activist and the winner of Nobel Peace Prize in 2014. He is the founder of the Bachpan Bachao Andolan (BBA), an organization dedicated towards the eradication of child labour and rehabilitation of the rescued former child workers. Child labour is a rampant problem in India where millions of young children are engaged in various forms of work instead of attending schools. Satyarthi has been working as a children's rights activist from the past many years and has liberated over 80,000 child labourers since 1980. Even as a child he was moved by the plight of other children who were made to work by their parents, and wanted to do something for them. He studied to become an electrical engineer but this profession gave him no satisfaction. While in his mid twenties, he ditched a lucrative engineering career to work for the welfare of child labourers.

He formed the Bachpan Bachao Andolan (BBA)—literally meaning, 'Save Childhood Movement'—in order to create awareness about this widespread evil and to rescue children from the clutches of bonded labour. He has been honored with several awards for his relentless humanitarian work, including the Nobel Peace Prize for 2014.



MARTIN LUTER KING

Martin Luther King Jr. was an African-American leader in the U. S. He lost his life while performing a peaceful protest for the betterment of blacks in America. His real name was Michael King Jr. He completed his studies and attained a Ph.D. After that, he joined the American

Civil Right Movement. He was among one of the great men who dedicated their life for the community.

Martin Luther King was an American activist, minister, and humanitarian. Also, he had worked for several other causes and actively participated in many protests and boycotts. He was a peaceful man that has faith in Christian beliefs and non-violence.

For his work in the field of civil rights, the Nobel Committee awarded him the Nobel Peace Prize. King is one of the renowned leaders of the African-American who worked for the welfare of his community throughout his life. He was very famous among the community and is the strongest voice of the community. King and his fellow companies and peaceful protesters forced the government several times to bend their laws. Also, kings' life made a seismic impact on life and thinking of the blacks. He was among one of the great leaders of the era.

Martin Luther King was a great man who dedicated his whole life for his community. Also, he was an active leader and a great spokesperson that not only served his people but also humanity. It was due to his contribution that the African-American got their civil rights.



ALBUM SONG: ARV PRODUCTION 2018

Zindagi Hai Sargam

Ho..... Zindagi Hai Sargam
Bajne De Saazon Ki Dhun
Har Ek Naya Pal
Ummeed Ki Hai Kiran
Koi Hai Sahara
Koi Hai Khud Mein Magan Dard Kisi Ka.....
Ehsaas Mein Hai Chubhan
Jisko Mile Na Yaha Zindangi Aahne Mili
Jiske Daaman Mein Khushiyan Nahi Aansu Mile...
Kaisa Ghurbat Ka Jahan
Kaisa Ye Jahan Hai
Insaniyat Tu Kahan Hai
Bhooke -----Bibilaate....
Kyun Har Taraf Siskiyan Hai
Cham Khaaye Aansu Piyu Hain
Jaise Koi Jeeta Saza Ke Liye Hain
Umeed Ke Premke Silsilay
Diye Jalay Aankho Mein Toh Zinda Hai Zindangi
Jeene Ki Kuch To Wajah Hai Dhoondle
Roothe Huwe Manzil Se
0tu Raaste Jod De
Karle Insaniyat Ke Tu Kuch To Karam
Zakham Par Tu Kisi Ke To Rakh De Marham
Bas Yahi Hai Sabhi Ke Liye Bandagi
Yesa Bhi Jahan Hai
Insaniyat Hai Har Jagah Hai
Ban Ke Ye Sahara Toot'te Dilon Ki Dawa Hai
Aisa Bhi Jahan Hai
Insaniyat Har Jagah Hai
Ban Ke Ye Sahara
Too'te Dilon Ki Dawa Hai
Yun Dil Mein Hamdardiyan Hain
Muskarti Insaniyat Ki Zuban Hai

RESOLUTION

THE PLEDGE

Let us resolve to make humanity our race and live our religion.

ASPIRE TO INSPIRE



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

LET'S STEP OUT...



1. What am I doing about the things that matters the most in my life?
2. Is it more important to love or be loved?
3. Growth is a process of trial and error. It is an experimentation. The 'failed' experiment are as much a part of the process as the experiment that ultimately works. Narrate an incidence of a 'failed' experiment which was a learning.

WHAT MORE!!

- Essay Writing
- Debate
- Drawing
- Group Discussion
- Street Play
- Extempore speech
- Eco-friendly painting
- Field project
- Mono acting

सफलता के ग्यारह सूत्र

1. **आत्म विश्वास (self confidence):** जब तक व्यक्ति को स्वयं पर विश्वास नहीं होगा तब तक वह कार्य को पूर्ण नहीं कर पाएगा। आत्म विश्वासी व्यक्ति के पास साहस का अक्षय भण्डार होता है।

2. **संकल्प/प्रतिज्ञा (pledge):** संकल्प से आत्म विश्वास को बल मिलता है व कार्यों के प्रति प्रेरणा जागृत होती है।

3. **दृढ़ता (determination):** दृढ़ता से संकल्प शक्ति सबल होती है व कार्य में दक्षता बढ़ती है।

4. **निरंतरता (continuity):** निरंतरता ही दृढ़ता को बनाए रखती है, अतः यह सफलता की सीढ़ी है।

5. **योजना बद्धता (planning oriented):** किसी भी कार्य की योजना बनाकर, पद्धति निर्धारण पश्चात् कार्य प्रारंभ करना ही सफलता की कुंजी है।

6. **आस्था (devotion):** आस्था से कार्य में लगनता रहेगी, श्रद्धा निर्माण होगी, जिससे कार्य का महत्व अपने-आप बढ़ जाता है।

7. **विनम्रता (humility):** विनम्रता ही मानव का अलंकार है, यह अहंकार को भी पराभूत करती है।

8. **धैर्य (patience):** कार्यों में विलम्ब अथवा बाधाएं आती हों तो संयम सहयोगी होगा व संकेत करेगा कि कार्य में ऐसे क्षण भी आते हैं।

9. **श्रेय (credit):** श्रेय देते रहने से उत्साह बढ़ता है व पूरी टीम सक्षमता/दक्षता की ओर अग्रसर होती है।

10. **मैं (I/my self):** मैं से कार्यों में विघ्न की संभावना रहती है तथा अहंकार का भाव निर्मित होता है।

11. **प्रामाणिकता (trustworthy):** सफलता तभी मिलती है जब कार्यों में प्रामाणिकता हो।

-रामेश्वरलाल काबरा

(चेयरमैन - आर आर ग्लोबल)



Swami Vivekananda

- **Take up one idea. Make that one idea your life – think of it, dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success.**

- **Whatever you think that you will be. if you think yourself weak, weak you will be; if you think yourself strong, strong you will be.**

- **Our duty is to encourage every one in his struggle to live up to his own highest ideas, and strive at the same time to make the ideal as near as possible to the Truth.**

- **The great secret of true success, of true happiness, is this: the man or woman who asks for no return, the perfectly unselfish person, is the most successful.**

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